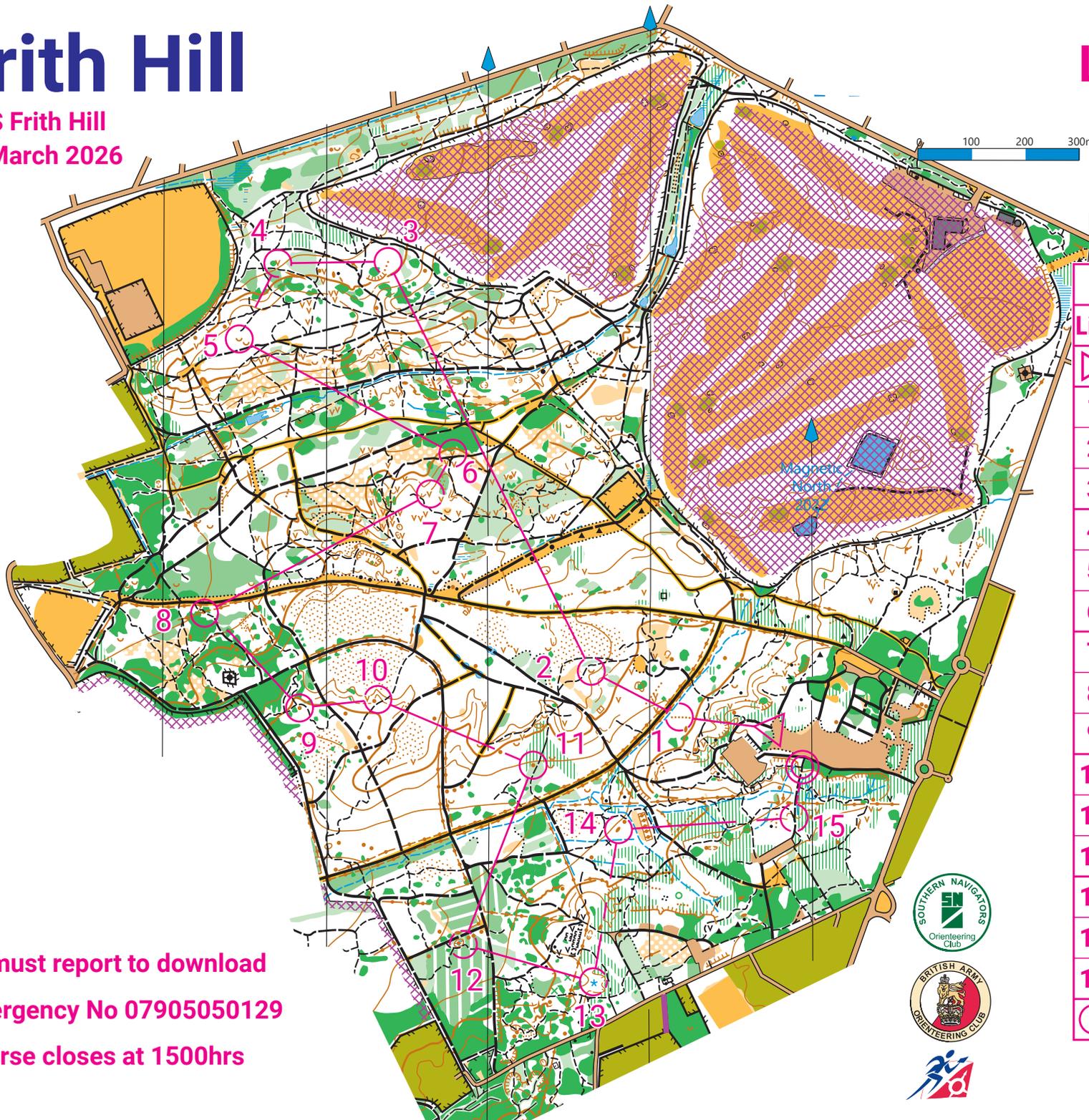


Frith Hill

MLS Frith Hill
18 March 2026

Light Green
1:10,000



MLS Frith Hill 18 Mar 2026				
Light Green	4.6 km	140 m		
▷		⋄		┊
1	104	⋄		
2	107	⊂		
3	108	⋄		↗
4	109	∇		
5	112	↖	⊂	
6	122	↑	∇	
7	120	↖	∇	
8	125	↘	⋄	⊗
9	121	•		⊙
10	117	∩		┊
11	114	•		⊙
12	128	⊖		⊙
13	119	⊖		
14	110	↖	•	⊙
15	123	↑	⋄	∩
○		90 m		

All must report to download
Emergency No 07905050129
Course closes at 1500hrs

