



MLS SS Frith Hill



29 July 2026
Results by Class

Posn	Name	Age Group	Club	Time	Behind	Pace min/km
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Brown

Course: Brown, 8.4 km, 160 m

1	Nicholas Jarvis	M21	SO	67:51		8.08
2	Liam Marsh	M21	SO	70:41	2:50	8.41
3	Capt Dougie Mileham	M21	11 Inf Bde	76:41	8:50	9.13
4	WO1 Des Dickinson	M40	Artillery Centre	78:01	10:10	9.29
5	Jake Hilton	M16	SN	80:54	13:03	9.63
6	Richard Lloyd	M55	LOK	82:16	14:25	9.79
7	Euan Marsh	M21	SO	84:42	16:51	10.08
8	Lt Col(Retd) Colin Metcalfe	M65	BAOC	87:51	20:00	10.46
9	Keith Belsey	M55	SN	90:50	22:59	10.81
10	Simon Farrington	M40	BAOC	92:56	25:05	11.06
11	Barry Jones	M55	SO	107:05	39:14	12.75
12	Mike Bennett	M70	HH	109:25	41:34	13.03
13	Frank Edge	M70	SN	123:26	55:35	14.69
DNF	Richard Collyer	M50	GO	64:17	Retd	
DNF	Phil Slingsby	M55	SN	93:08	Retd	

Blue

Course: Blue, 6.2 km, 130 m

1	Lt Col Richard Mawer	M50	MoD Abbey Wood	58:51		9.49
2	Lt Col(Retd) Woo Allen	W60	SN	69:17	10:26	11.17
3	Mike Frizzell	M65	BADO	70:42	11:51	11.40
4	Ian Ditchfield	M70	MV	72:21	13:30	11.67
5	Neil Speers	M60	DFOK	72:24	13:33	11.68
6	Lt Col(Retd) Axel Blomquist	M70	SN	72:47	13:56	11.74
7	Sarah Scarbrough	W40	MV	74:47	15:56	12.06
8	Vincent Joyce	M70	SO	74:53	16:02	12.08
9	Richard Bostock	M60	DFOK	76:31	17:40	12.34
10	Michael Dunbar	M60	SN	80:48	21:57	13.03
11	Dave Kingham	M70	TVOC	83:41	24:50	13.50
12	Col(Retd) Paul Oldfield	M70	BAOC	85:10	26:19	13.74
13	Colin Blanchard	M45	SN	89:05	30:14	14.37
14	2Lt Niall Mcmanus	M21	AACen	92:38	33:47	14.94
15	Andrew Hannaford	M70	SO	92:54	34:03	14.98
16	Alison Simmons	W70	BOK	94:21	35:30	15.22
17	John Simmons	M75	BOK	94:49	35:58	15.29



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Blue

Course: Blue, 6.2 km, 130 m

18	Maj(Retd) Michael James	M65	BAOC	98:44	39:53	15.92
19	Maj(Retd) Garry Patey	M60	SN	110:24	51:33	17.81
20	Rob Mullens	M45	BKO	116:41	57:50	18.82
21	Charlie Beck	M65	SN	132:46	73:55	21.41
DNF	2Lt Harrison Doodes	M21	AACen	7:00	Retd	
DNF	WO1(Retd) Stuart Greening	M60	BAOC	49:12	Retd	
DNF	SSgt Bir Rai	M40	RMAS	64:49	Retd - Cse closed	
DSQ	Capt Gary Harris-Deans	M55	103 Bn REME(V)	102:41	Wrong No 19 (43 for 59)	

Green

Course: Green, 4.3 km, 100 m

2	Hugh Scarbrough	M12	MV	45:56		10.68
3	Peter Jones	M70	SN	46:07	0:11	10.72
4	Lt Col Ben Moorhouse	M45	HQ SJC	47:00	1:04	10.93
5	Ralph Scarbrough	M16	MV	49:53	3:57	11.60
6	Dorte Torpe Hansen	W60	SLOW	55:28	9:32	12.90
7	Sue Bett	W55	SN	55:30	9:34	12.91
8	Katie Clarke	W55	SN	56:07	10:11	13.05
9	Alan Rosen	M70	HH	57:06	11:10	13.28
10	Robin Bishop	M55	TVOC	60:28	14:32	14.06
11	Diane Leakey	W70	SLOW	63:40	17:44	14.81
12	John Orton	M70	NWO	64:46	18:50	15.06
13	Kevin Beale	M65	NWO	66:23	20:27	15.44
14	Sarah Francis	W55	SN	67:15	21:19	15.64
15	Lt Col(Retd) Alex Thomson	M70	SARUM	72:38	26:42	16.89
16	Mick Hunter	M70	NWO	74:56	29:00	17.43
17	Neil Mitchell	M65	SLOW	77:20	31:24	17.98
18	Cpl(Retd) David Mullins	M75	SARUM	78:26	32:30	18.24
19	Flt/Lt Ray Sullivan	M65	RAFO	78:40	32:44	18.29
20	Stefan Stasiuk	M75	BKO	78:55	32:59	18.35
21	Peter Dudman	M75	SO	79:24	33:28	18.47
22	Peter Smith	M60	SN	80:22	34:26	18.69
23	Nigel Clemens	M60	SLOW	81:39	35:43	18.99
24	Richard Stanhope	M65	SLOW	81:40	35:44	18.99
25	Mike Bolton	M75	MV	81:59	36:03	19.07



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Green

Course: Green, 4.3 km, 100 m

26	Maj Freddie Lacey	M35	IND	82:21	36:25	19.15
27	Roger Wilson	M65	SLOW	86:38	40:42	20.15
28	Henny Dunn	W21	SO	87:50	41:54	20.43
29	Cpl(Retd) Chris Ballard	M60	SOC	95:28	49:32	22.20
30	Nigel Saker	M75	SLOW	96:52	50:56	22.53
31	Plt Off(Retd) Mike Elliot	M75	MV	117:49	71:53	27.40
32	Jillian Ullersperger	W60	BKO	118:35	72:39	27.58
33	Ruth Rhodes	W80	SO	118:59	73:03	27.67
34	Kate Nevett	W60	GO	141:53	95:57	33.00
DNF	Lt Col Damien Pealin	M55	HQ RC	103:56	Retd	
N/C	Maj(Retd) Colin Dickson	M70	BAOC	43:02		10.01

Sh Green

Course: Sh Green, 3.4 km, 70 m

1	Capt (Retd) Paul Martin	M55	SN	41:02		12.07
2	David Saunders	M65	HH	42:18	1:16	12.44
3	Lt Col RM (Retd) Joe House	M70	SO	50:37	9:35	14.89
4	Lt Col(Retd) Chris Barrington Brown	M65	BAOC	51:41	10:39	15.20
5	Paul Nevett	M60	GO	55:34	14:32	16.34
6	Col(Retd) Nick Kearns	M75	BAOC	57:42	16:40	16.97
7	Alan Leakey	M70	SLOW	59:58	18:56	17.64
8	Philip Gristwood	M75	MV	61:42	20:40	18.15
9	Leianne Upton	W65	MV	62:33	21:31	18.40
10	Terry Smith	M75	SOC	63:41	22:39	18.73
11	Rosalie Merry	W60	DFOK	63:45	22:43	18.75
12	Dave Kingdon	M75	HH	64:05	23:03	18.85
13	Tom Edelsten	M80	GO	64:46	23:44	19.05
14	Dvr(Retd) Roger Maher	M85	SO	66:51	25:49	19.66
15	Dave Cussens	M70	SO	68:55	27:53	20.27
16	FSgt Andy Barker-Pilsworth	M55	RAFO	69:25	28:23	20.42
17	Denise Mullins	W75	SARUM	70:24	29:22	20.71
18	Jane King	W70	SO	70:39	29:37	20.78
19	Janet Rosen	W70	HH	71:44	30:42	21.10
20	Lt Col(Retd) Paul Wallace-Stock	M80	SN	75:32	34:30	22.22
21	Ldg Wren(Retd) Helen Wise	W70	SO	76:22	35:20	22.46



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Sh Green

Course: Sh Green, 3.4 km, 70 m

22=	Richard Beadle	M60	NOC	76:39	35:37	22.54
24	Elaine Evans	W70	IND	76:43	35:41	22.56
25	Maj Rebecca Melly	W40	Army HQ	78:24	37:22	23.06
26	Richard Rae	M80	BKO	78:47	37:45	23.17
27	Alison Saunders	W65	HH	78:55	37:53	23.21
28	Lt(Retd) George Elkin	M75	BAOC	79:07	38:05	23.27
29	Gill Sharp	W65	SN	79:35	38:33	23.41
30	Sig William Gray	M20	Blandford Garr/11 Sigs	81:34	40:32	23.99
31	Gen Mullens	W18	BKO	81:39	40:37	24.01
32	Malcolm Scott	M70	SN	89:16	48:14	26.25
33	Brian Sewell	M65	BKO	91:12	50:10	26.82
34	Nick & Ted Grant	M50	IND	92:19	51:17	27.15
35	Susan Sewell	W65	BKO	93:04	52:02	27.37
36	Andrew Trimble	M70	SLOW	93:24	52:22	27.47
37	Gill Wilson	W60	SLOW	100:56	59:54	29.69
38	Sue Gallagher	W70	SO	103:02	62:00	30.30
39	Chf Tech (Retd) Ian Hudson	M75	BKO	111:25	70:23	32.77
40	Liz Flavell	W65	IND	115:04	74:02	33.84
41	Marion Spence	W65	LOK	124:27	83:25	36.60
42	Colin Merry	M70	DFOK	130:04	89:02	38.25
43	Deborah Sullivan	W65	MV	130:47	89:45	38.47
44	Maxine Dunn	W60	IND	139:26	98:24	41.01
DNF	Paul Blagbrough	M80	MV	50:11	Retd	
DNF	Philip Chatterley	M70	IND	70:05	Retd	
DSQ	WO1(Retd) Alun Roberts	M70	BAOC	51:43	Missed No 10 (55)	
DSQ	John Liley	M65	GO	69:20	Missed No 12 (53)	
N/C	Elisabeth Dickson	W65	BAOC	76:39	35:37	22.54

VSG/D Loop

Course: VSG/D Loop, 2.3 km, 40 m

1	Mick Smith	M75	HH	31:28		13.68
2	WO1 Stuart Ferguson	M70	NOTEAM	39:18	7:50	17.09
3	Andy Macgregor	M85	BAOC	42:43	11:15	18.57
4	Chris Simpson	M80	SO	54:22	22:54	23.64
5	Jim Prowting	M80	TVOC	67:10	35:42	29.20



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VSG/D Loop

Course: VSG/D Loop, 2.3 km, 40 m

6	WO1 (ASM) Retd Peter Hull	M75	BAOC	70:15	38:47	30.54
7	Dillon Hull-Wallis	M12	IND	80:31	49:03	35.01
8	Lt Jack Lord	M21	AACen	81:03	49:35	35.24
9	WO2(SQMS)(Retd) Jim Munday	M80	BKO	91:30	60:02	39.78
DNF	Capt(Retd) Ken Williams	M85	BAOC	37:59	Retd	
DNF	Flt Lt(Retd) Liz Yeadon	W80	SARUM	80:10	Retd	
DSQ	Michele Funnell	W70	SO	56:12	Missed No 6 (58)	
DSQ	John Collyer	M80	GO	77:50	Wrong No 10 (57 for 61)	