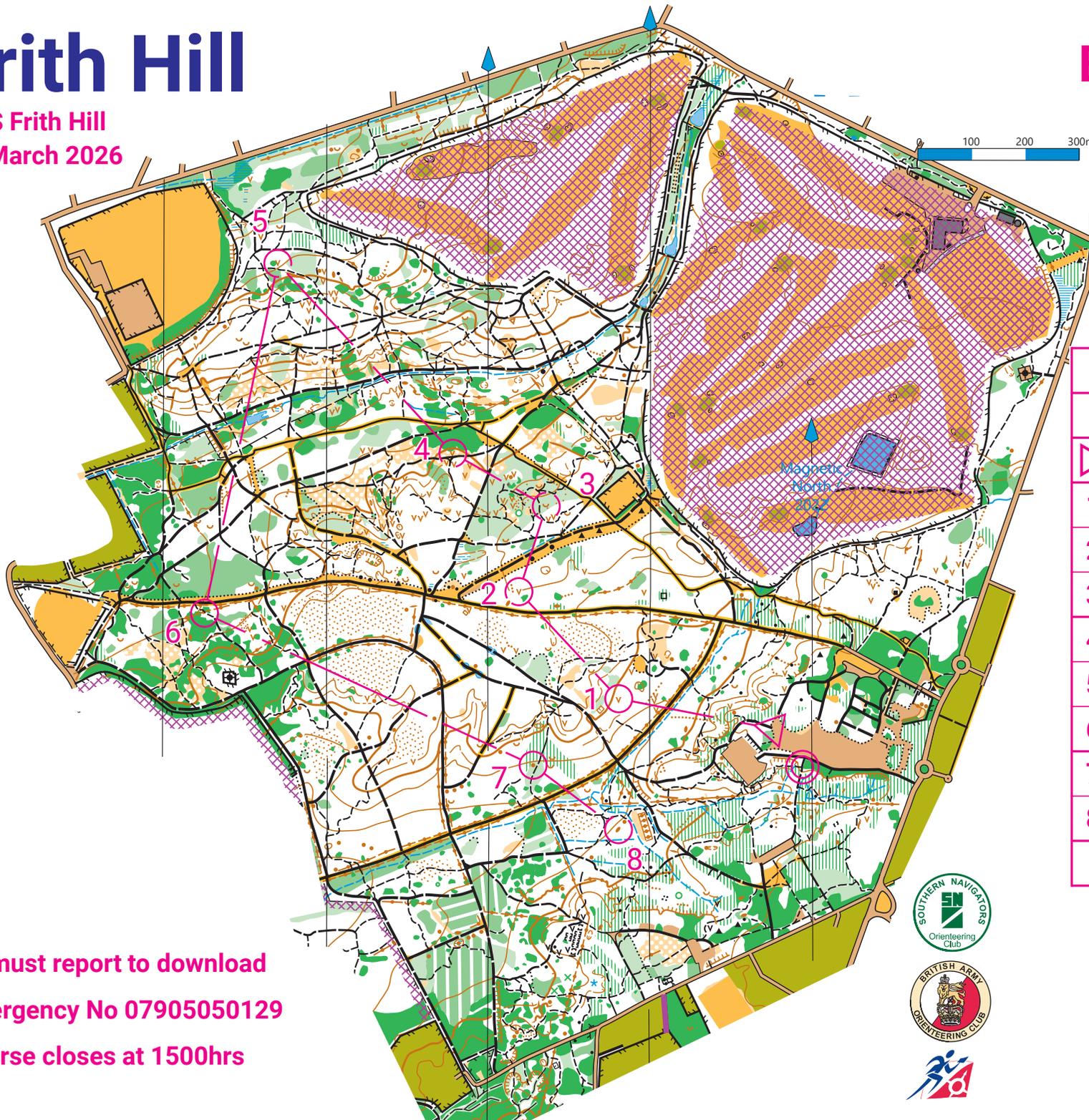


# Frith Hill

MLS Frith Hill  
18 March 2026

Blue 1  
1:10,000



MLS Frith Hill 18 Mar 2026				
Blue-1	6.3 km	180 m		
▷		↘		—
1	106	∨		
2	116	∨		
3	124	∪		
4	122	↑	∨	
5	109	∨		
6	125	↘	+++	×
7	114	•		○
8	110	↙	•	○
↩				

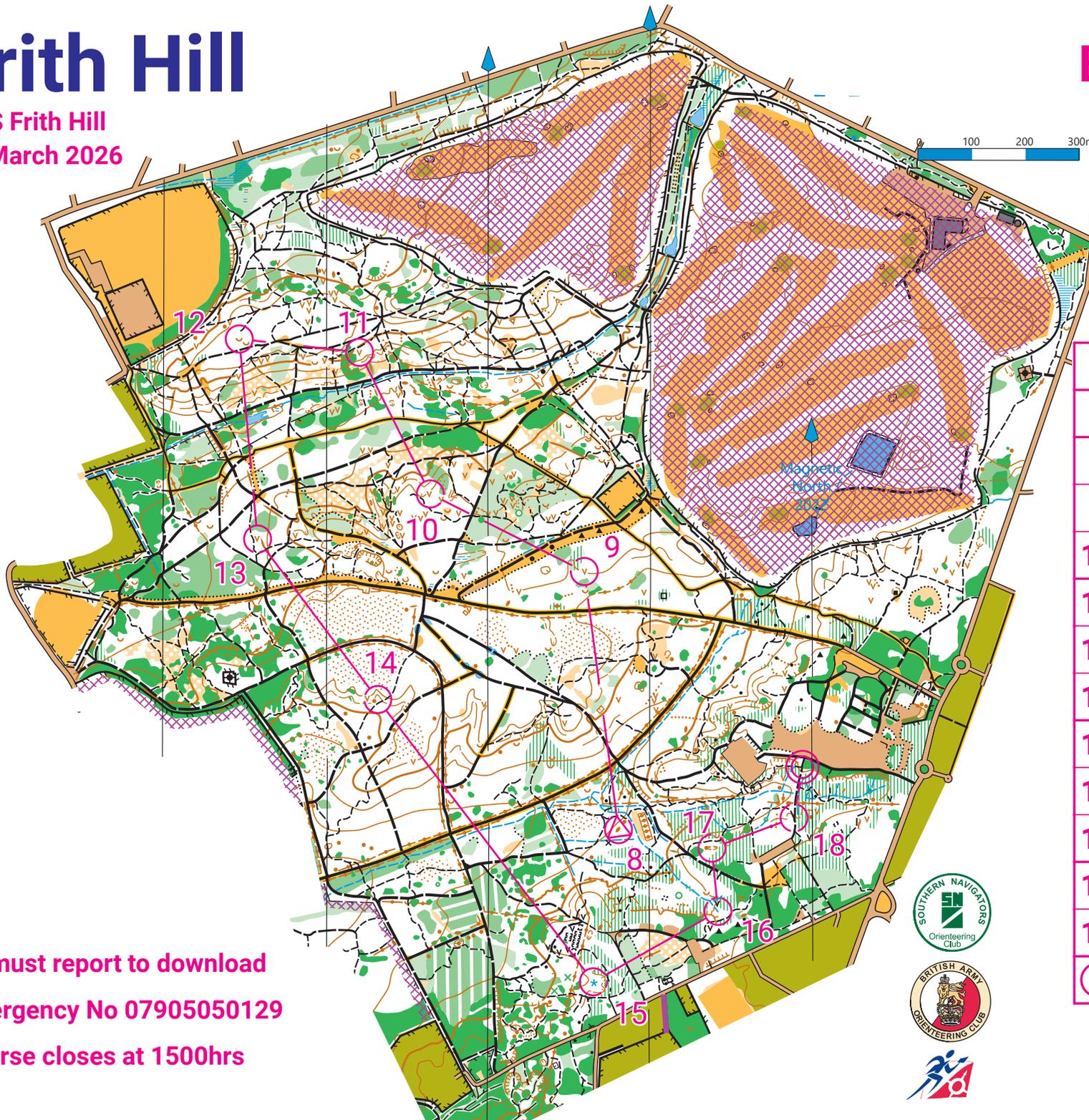
All must report to download  
Emergency No 07905050129  
Course closes at 1500hrs



# Frith Hill

MLS Frith Hill  
18 March 2026

Blue 2  
1:10,000



MLS Frith Hill 18 Mar 2026					
Blue-2		6.3 km		180 m	
8	110	↙	●		○
9	111		∨		
10	120	↖	∨		
11	129		∨		
12	112	↖	∪		
13	126		∨		
14	117		∩		└
15	119		☐		
16	115	↘	⋈		↘
17	130		⊖		
18	123	↑	↗	↘	↙

○ ——— 90 m ——— →

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Course closes at 1500hrs

