

# Results MLS Ash South 28.01.2026

## V ShGreen

|             |                                          |         |         |         |         |                |               |         |         |         |         |         |         |
|-------------|------------------------------------------|---------|---------|---------|---------|----------------|---------------|---------|---------|---------|---------|---------|---------|
| <b>1</b>    | <b>Janet Rosen, HH</b>                   |         |         |         |         | <b>42:03</b>   | <b>+00:00</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 04:14-1                                  | 07:08-1 | 11:06-1 | 18:12-1 | 21:33-1 | 24:26-1        | 27:48-1       | 30:26-1 | 33:45-1 | 36:44-1 | 38:56-1 | 40:55-1 | 42:03-1 |
| Split time  | 04:14                                    | 02:54-1 | 03:58-1 | 07:06-2 | 03:21-1 | 02:53-1        | 03:22-1       | 02:38-1 | 03:19-1 | 02:59-1 | 02:12-2 | 01:59-1 | 01:08-2 |
| Time behind | +00:00                                   | +00:00  | +00:00  | +00:00  | +00:00  | +00:00         | +00:00        | +00:00  | +00:00  | +00:00  | +00:00  | +00:00  | +00:00  |
| <b>2</b>    | <b>Elaine Evans, IND</b>                 |         |         |         |         | <b>1:00:19</b> | <b>+18:16</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 08:18-5                                  | 11:17-5 | 15:29-2 | 22:16-2 | 25:57-2 | 29:29-2        | 35:57-2       | 39:51-2 | 44:21-2 | 48:50-2 | 50:51-2 | 59:20-2 | 60:19-2 |
| Split time  | 08:18                                    | 02:59-2 | 04:12-2 | 06:47-1 | 03:41-2 | 03:32-2        | 06:28-5       | 03:54-2 | 04:30-3 | 04:29-4 | 02:01-1 | 08:29-6 | 00:59-1 |
| Time behind | +04:04&                                  | +00:05  | +00:14  | -00:19  | +00:20  | +00:39#        | +03:06&       | +01:16& | +01:11& | +01:30& | -00:11  | +06:30@ | -00:09  |
| <b>3</b>    | <b>Major Tom Martin, Army HQ</b>         |         |         |         |         | <b>1:06:16</b> | <b>+24:13</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 07:23-4                                  | 10:42-4 | 18:53-5 | 28:08-5 | 32:28-5 | 37:29-4        | 43:24-5       | 47:46-5 | 51:35-3 | 55:49-3 | 59:47-3 | 63:37-3 | 66:16-3 |
| Split time  | 07:23                                    | 03:19-3 | 08:11-6 | 09:15-5 | 04:20-4 | 05:01-4        | 05:55-4       | 04:22-4 | 03:49-2 | 04:14-3 | 03:58-6 | 03:50-5 | 02:39-6 |
| Time behind | +03:09&                                  | +00:25# | +04:13@ | +02:09& | +00:59& | +02:08&        | +02:33&       | +01:44& | +00:30# | +01:15& | +01:46& | +01:51& | +01:31@ |
| <b>4</b>    | <b>SSgt(Retd) John Thompson, TVOC</b>    |         |         |         |         | <b>1:06:23</b> | <b>+24:20</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 06:55-3                                  | 10:38-3 | 16:35-3 | 25:07-3 | 29:31-3 | 35:17-3        | 40:07-3       | 44:54-3 | 52:00-4 | 59:27-4 | 61:44-4 | 64:58-4 | 66:23-4 |
| Split time  | 06:55                                    | 03:43-5 | 05:57-3 | 08:32-4 | 04:24-5 | 05:46-5        | 04:50-3       | 04:47-6 | 07:06-4 | 07:27-6 | 02:17-3 | 03:14-4 | 01:25-4 |
| Time behind | +02:41&                                  | +00:49& | +01:59& | +01:26# | +01:03& | +02:53&        | +01:28&       | +02:09& | +03:47@ | +04:28@ | +00:05  | +01:15& | +00:17# |
| <b>5</b>    | <b>Roger Baker, TVOC</b>                 |         |         |         |         | <b>1:09:47</b> | <b>+27:44</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 06:38-2                                  | 10:22-2 | 17:05-4 | 26:22-4 | 30:41-4 | 38:40-6        | 45:44-6       | 50:30-6 | 57:45-5 | 61:44-5 | 65:03-5 | 67:56-5 | 69:47-5 |
| Split time  | 06:38                                    | 03:44-6 | 06:43-4 | 09:17-6 | 04:19-3 | 07:59-6        | 07:04-6       | 04:46-5 | 07:15-5 | 03:59-2 | 03:19-4 | 02:53-3 | 01:51-5 |
| Time behind | +02:24&                                  | +00:50& | +02:45& | +02:11& | +00:58& | +05:06@        | +03:42@       | +02:08& | +03:56@ | +01:00& | +01:07& | +00:54& | +00:43& |
| <b>6</b>    | <b>Yvonne Hodson, TVOC</b>               |         |         |         |         | <b>1:33:59</b> | <b>+51:56</b> |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 09:20-6                                  | 12:47-6 | 20:32-6 | 28:56-6 | 34:08-6 | 38:32-5        | 43:09-4       | 47:09-4 | 80:42-6 | 86:36-6 | 90:20-6 | 92:51-6 | 93:59-6 |
| Split time  | 09:20                                    | 03:27-4 | 07:45-5 | 08:24-3 | 05:12-6 | 04:24-3        | 04:37-2       | 04:00-3 | 33:33-6 | 05:54-5 | 03:44-5 | 02:31-2 | 01:08-2 |
| Time behind | +05:06@                                  | +00:33# | +03:47& | +01:18# | +01:51& | +01:31&        | +01:15&       | +01:22& | +30:14@ | +02:55& | +01:32& | +00:32& | +00:00  |
| <b>DNF</b>  | <b>Spr(Retd) Patrick Maher, SO</b>       |         |         |         |         |                |               |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 25:17-0                                  | 29:42-0 | 40:42-0 | 00:00-0 | 00:00-0 | 00:00-0        | 00:00-0       | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 |
| Split time  | 25:17                                    | 04:25-0 | 11:00-0 | -       | -       | -              | -             | -       | -       | -       | -       | -       | -       |
| Time behind | +21:03@                                  | +01:31& | +07:02@ | -       | -       | -              | -             | -       | -       | -       | -       | -       | -       |
| <b>DNF</b>  | <b>JT(Retd) John Farren, TVOC</b>        |         |         |         |         |                |               |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 10:16-0                                  | 16:24-0 | 38:23-0 | 62:05-0 | 00:00-0 | 00:00-0        | 00:00-0       | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 |
| Split time  | 10:16                                    | 06:08-0 | 21:59-0 | 23:42-0 | -       | -              | -             | -       | -       | -       | -       | -       | -       |
| Time behind | +06:02@                                  | +03:14@ | +18:01@ | +16:36@ | -       | -              | -             | -       | -       | -       | -       | -       | -       |
| <b>DNF</b>  | <b>WO1 Stuart Ferguson, NOTEAM</b>       |         |         |         |         |                |               |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 06:29-0                                  | 08:58-0 | 15:44-0 | 30:50-0 | 34:51-0 | 39:44-0        | 48:03-0       | 59:19-0 | 00:00-0 | 00:00-0 | 00:00-0 | 73:22-0 | 74:50-0 |
| Split time  | 06:29                                    | 02:29-0 | 06:46-0 | 15:06-0 | 04:01-0 | 04:53-0        | 08:19-0       | 11:16-0 | -       | -       | -       | -       | 01:28-0 |
| Time behind | +02:15&                                  | -00:25  | +02:48& | +08:00@ | +00:40# | +02:00&        | +04:57@       | +08:38@ | -       | -       | -       | -       | +00:20& |
| <b>DSQ</b>  | <b>Captain (Retd) Ken Williams, BAOC</b> |         |         |         |         |                |               |         |         |         |         |         |         |
| Control     | 1                                        | 2       | 3       | 4       | 5       | 6              | 7             | 8       | 9       | 10      | 11      | 12      | 13      |
| Total time  | 09:34-0                                  | 13:26-0 | 19:07-0 | 27:08-0 | 30:56-0 | 34:50-0        | 42:39-0       | 48:07-0 | 55:58-0 | 00:00-0 | 00:00-0 | 68:18-0 | 70:10-0 |

|             |         |         |         |         |         |         |         |         |         |   |   |   |         |
|-------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|---|---|---------|
| Split time  | 09:34   | 03:52-0 | 05:41-0 | 08:01-0 | 03:48-0 | 03:54-0 | 07:49-0 | 05:28-0 | 07:51-0 | - | - | - | 01:52-0 |
| Time behind | +05:20@ | +00:58& | +01:43& | +00:55# | +00:27# | +01:01& | +04:27@ | +02:50@ | +04:32@ | - | - | - | +00:44& |

28/01/26 18:14:59 eTiming Version 4.0 [EQ Timing as](#)

Lisensed to: