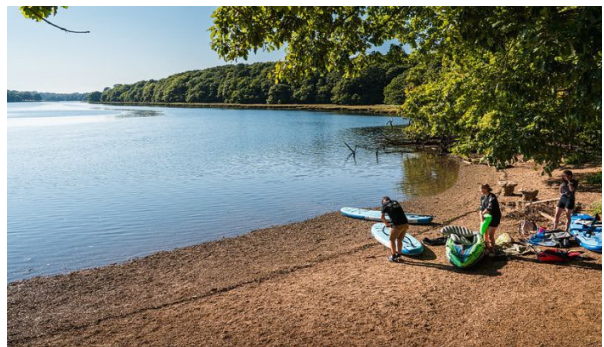


	MILITARY LEAGUE (SOUTH) Summer Series					
	HOSTED BY AOA					
	WEDNESDAY 05 August 2026					
	River Hamble Country Park Hedge End					
Travel Directions:	- Location: Manor Farm is at What3Words: motels.tint.sticks - Entrance Gr SU 488113 Pyland's Lane, Southampton SO31 1EX - Entrance to Hamble country park is just north of Junc 8 M27, east of Hedge End, between Southampton and Fareham. - Parking is at Manor Farm, so drive past the main Barnfield car park by the event centre and continue for 1.2km to Manor farm which is well signed.(Look out for competitors crossing this approach road)					
Terrain:	The park runs along the westside of the River Hamble, which is well worth a visit after your run. Mostly wooded, with a some deep re-entrants and an extensive path network. Full leg cover is advisable.					
Mapping:	A4 size; scale 1:7500 most courses (VSG at 1:5000). This is a newish map produced for the SOC POC in 2024. Partial updates in May 2025 when we used it last for MLS and a few tweaks this July: map on waterproof paper; control descriptions on map & loose copies available in start lanes.					
Pre-entry:	Opens at 20:00hrs 29 Jul 26 at racesignup.co.uk					
Results:	EMIT Results at https://race-results.info/ & http://www.baoc.info/					
Registration:	0930 – 1130 hours. Starts: 1000 – 1200 hours.					
Course Closes:	1300 hrs. Far controls will be taken in from 1245 hrs.					
All runners must download by course closure time; even if you do not finish the course.						
Courses:	Colour	Distance	Controls	Climb	Remarks	
	Blue	7.5km	29	115	Experienced orienteers only	
	Green	5.3km	19	85	Experienced orienteers only	
	Sh Green	3.5km	15	55	Experienced orienteers only	
	VS Green	2.7km	12	35	Experienced orienteers only	
	Orange	2.5km	12	30	Suitable for novices & kids	
	Score	60 mins	25		Suitable for all	
Dress:	Full leg and arm cover is advised.					
Other Instructions: + Parking:	Dogs allowed on all courses. Ample Parking at Manor Farm with a car park 200m from the start/finish and café adjacent to car park. Parking costs are £5 for 2hrs, £8 for 4hrs Note starts are 1000-1200 as the forecast is for 25 degrees at 1300hrs.					
Costs:	Military - £4.25p / Senior Civilians (M/W 21 and above) - £8.00p					
	Military Vets & Junior Civilians (M/W 20 and below) - £5.50p					
	Ecard Hire (if required) - £2.00p Standard emit controls being used.					
Organiser/ Planner	Maj(Retd) Allan Farrington BAOC - 07747 446600 allan.emituk@gmail.com					
Controller:	Paul Thwaites SOC					
Facilities:	There are toilets at the Car Park near the café.					
Insurance:	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2021 and land booked iaw the AOA DIO Licence and JSP907					



SAMPLE OF THE MAP



Make a day of it at Manor Farm

Take full advantage of your visit to the park and head over to this nearby attraction packed with farmyard fun!

Entry fees apply

[Find out more >](#)

A photograph of several pigs standing in a field of straw. The pigs are pink and white, and the field is filled with dry straw. In the background, there is a wooden fence and some trees.