



MLS LVS(E)
Aldershot
14 October 2026
Results by Class



Posn	Name	Age Group	Club / Team	Time	Behind	Pace min/km	Points
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Brown

Course: Brown, 8.6 km, 205 m

1	James Lyne	M35	SN	57:57		6.74	103
2	Michael Krajewski	M40	BAOC	1:01:28	3:31	7.15	100
3	Peter Daplyn	M45	SN	1:04:44	6:47	7.53	97
4	WO1 Des Dickinson	M40	Artillery Centre	1:05:15	7:18	7.59	96
5	Adam Conway	M21	GO	1:05:27	7:30	7.61	96
6	Lt Col Richard Mawer	M50	MoD Abbey Wood	1:08:10	10:13	7.93	93
7	John Hill-Venning	M50	SN	1:12:44	14:47	8.46	89
8	Malcolm Fisher	M55	BOF	1:14:44	16:47	8.69	87
9	SSgt Prakash Limbu	M45	HQ RC	1:15:36	17:39	8.79	86
10	Richard Lloyd	M55	LOK	1:16:31	18:34	8.90	85
11	Jolyon Medlock	M50	WSX	1:18:59	21:02	9.18	82
12	Maj (Retd) Jeremy Wormington	M65	NOTEAM	1:19:15	21:18	9.22	82
13	Richard Collyer	M50	GO	1:19:42	21:45	9.27	82
14	Capt D Mileham	M21	11 Inf Bde	1:20:26	22:29	9.35	81
15	John Oakes	M50	WIM	1:21:43	23:46	9.50	80
16	Sgt (Retd) Paul Thwaites	M60	SOC	1:23:07	25:10	9.66	78
17	Lt Col(Retd) Colin Metcalfe	M65	BAOC	1:23:50	25:53	9.75	78
18	Lt Michael Kealey	M21	HQ 101 OSB	1:24:17	26:20	9.80	77
19	Andrew Tindal	M60	BOK	1:25:32	27:35	9.95	76
20	Maj (Retd) Colin Dickson	M70	BAOC	1:25:37	27:40	9.96	76
21	Paul Fox	M60	SN	1:25:44	27:47	9.97	76
22	Jake Hilton	M16	SN	1:27:02	29:05	10.12	74
23	Keith Belsey	M55	SN	1:28:05	30:08	10.24	73
24	Lt Col Kerry Corkery	W45	Army HQ	1:31:39	33:42	10.66	70
25	Robin Mills	M60	WIM	1:33:22	35:25	10.86	68
26	Col Michael Cooke	M50	RMAS	1:35:36	37:39	11.12	66
27	Philip Harvey	M50	WIM	1:38:48	40:51	11.49	63
28	Christopher Ashenden	M60	SN	1:44:17	46:20	12.13	57
29	Nick Care	M65	SO	2:03:16	1:05:19	14.33	38
30	Mark Richardson	M60	SN	2:08:37	1:10:40	14.96	33
DNF	Maj Andrew Snell	M50	Army HQ	1:13:59	Retd		

Blue

Course: Blue, 6.7 km, 160 m



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Blue

Course: Blue, 6.7 km, 160 m

1	Capt Tamsin Moran	W21	ETS(South)	56:01		8.36	75
2	Katherine Bett	W21	SN	1:00:58	4:57	9.10	75
3	Paul Keeble	M55	SN	1:05:18	9:17	9.75	70
4	Neil Crickmore	M60	SO	1:05:48	9:47	9.82	70
5	Maj Simon Phillips	M35	ATC Pirbright	1:06:06	10:05	9.87	70
6	Nick Nourse	M60	NWO	1:08:31	12:30	10.23	67
7	Lt Col (Retd) Woo Allen	W60	SN	1:09:06	13:05	10.31	67
8	Col (Retd) Paul Lane	M65	SARUM	1:10:01	14:00	10.45	66
9	Neville Baker	M70	TVOC	1:10:07	14:06	10.47	66
10	Lt Col Mark Nash	M60	War Gar	1:10:25	14:24	10.51	65
11	James Yule	M21	SO	1:10:52	14:51	10.58	65
12	Colonel Brian Johnston	M50	LVO	1:10:59	14:58	10.59	65
13	Mike Frizzell	M65	BADO	1:12:48	16:47	10.87	63
14	Michael Dunbar	M60	SN	1:14:12	18:11	11.07	62
15	Mark Saunders	M65	BOK	1:15:34	19:33	11.28	60
16	Lt Col (Retd) Axel Blomquist	M70	SN	1:15:50	19:49	11.32	60
17	Steve Bailey	M65	SN	1:15:54	19:53	11.33	60
18	Dave Kingham	M70	TVOC	1:16:31	20:30	11.42	59
19	Maj Andy Southby	M60	War Gar	1:16:38	20:37	11.44	59
=20	Jackie Hallett	W65	BOK	1:16:53	20:52	11.48	59
=20	Justin Farhall	M50	MV	1:16:53	20:52	11.48	59
22	Vincent Joyce	M70	SO	1:17:01	21:00	11.50	59
23	Col (Retd) Paul Oldfield	M70	BAOC	1:17:42	21:41	11.60	58
24	Capt F Bowen	W21	RMAS	1:18:39	22:38	11.74	57
25	Alice Bedwell	W65	BOK	1:19:57	23:56	11.93	56
26	Maj(Retd) Michael James	M65	BAOC	1:20:15	24:14	11.98	56
27	April Devine	W35	BAOC	1:20:20	24:19	11.99	55
28	Trish Monks	W50	BKO	1:20:56	24:55	12.08	55
29	Alison Simmons	W70	BOK	1:22:43	26:42	12.35	53
30	Colin Blanchard	M45	SN	1:25:04	29:03	12.70	51
31	David Harrison	M60	SN	1:28:08	32:07	13.15	48
32	Richard Bostock	M60	DFOK	1:29:31	33:30	13.36	46
33	Ian Johnson	M65	SO	1:29:33	33:32	13.37	46
34	Gill Tindal	W60	BOK	1:30:30	34:29	13.51	45



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Blue

Course: Blue, 6.7 km, 160 m

35	Captain Gary Harris-Deans	M55	SOC	1:30:48	34:47	13.55	45
36	Charles Daniel	M70	BOK	1:31:24	35:23	13.64	44
37	Jon Vaughan	M50	BKO	1:32:38	36:37	13.83	43
38	Joe Barrett	M60	SO	1:32:49	36:48	13.85	43
39	Nigel Slack	M60	SN	1:32:53	36:52	13.86	43
40	Cpl Nauraj Sunwar	M40	11 Inf Bde	1:33:56	37:55	14.02	42
41	Capt R Pun	M21	11 Inf Bde	1:34:29	38:28	14.10	41
42	Andrew Hannaford	M70	SO	1:35:30	39:29	14.25	40
43	Maj (Retd) Garry Patey	M60	SN	1:35:42	39:41	14.28	40
44	Roger Wilson	M65	SLOW	1:35:47	39:46	14.30	40
45	John Simmons	M75	BOK	1:36:05	40:04	14.34	40
46	Alistair Lovegrove	M50	SN	1:38:07	42:06	14.64	38
47	Neil Studd	M40	SLOW	1:38:22	42:21	14.68	37
48	Tim Keogh	M60	MV	1:39:19	43:18	14.82	36
49	WO1(Retd) Stuart Greening	M60	BAOC	1:39:39	43:38	14.87	36
50	Cpl Sandesh Gurung	M40	RMAS	1:41:19	45:18	15.12	34
51	Charlie Beck	M65	SN	1:41:56	45:55	15.21	34
52	Neil Mitchell	M65	SLOW	1:43:40	47:39	15.47	32
53	Capt(Retd) Paul Byers	M65	MV	1:44:07	48:06	15.54	32
54	Jane Lambert	W65	SO	1:46:46	50:45	15.94	29
55	Simon Dunkley	M60	SN	1:47:06	51:05	15.99	29
56	Mark Light	M55	SOC	1:47:52	51:51	16.10	28
57	Janusz Holender	M65	TVOC	1:51:35	55:34	16.65	24
58	Cpl (Retd) Chris Ballard	M60	SOC	1:51:38	55:37	16.66	24
59	Gwen Tanner	W65	BOK	1:51:42	55:41	16.67	24
60	Rob Mullens	M45	BKO	1:54:48	58:47	17.13	21
61	Kevin Parkes	M65	HH	1:55:42	59:41	17.27	20
62	Marie-Anne Fischer	W65	TVOC	1:57:11	1:01:10	17.49	19
63	Rebecca Medlock	W50	WSX	2:00:06	1:04:05	17.93	16
64	Lisa Cooke	W50	SARUM	2:01:01	1:05:00	18.06	15
65	Tim Hulley	M65	SO	2:04:29	1:08:28	18.58	11
66	Capt Bipin Rai	M21	HQ 101 OSB	2:07:49	1:11:48	19.08	8
67	Richard Stanhope	M65	SLOW	2:15:20	1:19:19	20.20	0
68	WO2 Jason Edwards	M55	HQ RC	2:20:24	1:24:23	20.96	0



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Blue

Course: Blue, 6.7 km, 160 m

69	Michael Merritt	M65	SO	2:25:36	1:29:35	21.73	0
DNF	Mark Feltham	M60	MV	1:11:18	Retd		
DNF	Serena Ludford	W60	BADO	1:20:20	Retd		
DSQ	Cpl Samuel Warters	M21	AACen	1:36:32	Missed No 4 (44)		

Lt Green

Course: Lt Green, 4.4 km, 80 m

1	Dorte Torpe Hansen	W60	SLOW	43:39		9.92	60
2	Dave Ryder	M65	SN	47:42	4:03	10.84	59
3	Lt Cdr(Retd) Ashley Tilling	M70	MV	48:25	4:46	11.00	58
4	Sarah Francis	W55	SN	49:34	5:55	11.27	57
5	Capt (Retd) Paul Martin	M55	SN	49:53	6:14	11.34	57
6	Ronan Cleary	M65	LOK	50:08	6:29	11.39	56
7	Janos Istvan Dobo	M65	SO	50:37	6:58	11.50	56
8	David Saunders	M65	HH	53:00	9:21	12.05	54
9	Charlie Turner	M70	SLOW	53:32	9:53	12.17	53
10	Christopher Pritchett	M65	WIGHTO	53:50	10:11	12.23	53
11	Christine Jepson	W65	SO	55:33	11:54	12.63	51
12	Vicky Joyce	W40	IND	57:03	13:24	12.97	50
13	Alan Jones	M55	BKO	57:18	13:39	13.02	49
14	Andrew Graham	M70	SARUM	57:25	13:46	13.05	49
15	Carol Lovegrove	W50	SN	58:48	15:09	13.36	48
16	Lt Col RM (Retd) Joe House	M70	SO	58:56	15:17	13.39	48
17	Lucy Paton	W65	SN	59:14	15:35	13.46	47
=18	Paul Nevett	M60	GO	59:37	15:58	13.55	47
=18	Mikhail Gryaznevich	M70	TVOC	59:37	15:58	13.55	47
20	Maj (Retd) Gill Prowse	W65	SN	59:41	16:02	13.56	47
21	Leianne Upton	W65	MV	1:03:34	19:55	14.45	43
22	Marion Payne-Bird	W65	GO	1:03:59	20:20	14.54	43
23	Maj(Retd) Robert Peet	M60	IND	1:05:03	21:24	14.78	42
24	Terry Hunt	M60	BKO	1:05:54	22:15	14.98	41
25	SSgt Kanaiyalal Thapa	M45	HQ RC	1:07:36	23:57	15.36	39
26	Elisabeth Dickson	W65	BAOC	1:07:47	24:08	15.41	39
27	LCpl C Allsop	M21	ARRC Sp Bn	1:08:10	24:31	15.49	38



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Lt Green

Course: Lt Green, 4.4 km, 80 m

28	Maj(Retd) Jon Steed	M60	BADO	1:10:02	26:23	15.92	37
29	WO2 (Retd) Chic Young	M65	SARUM	1:11:12	27:33	16.18	35
30	Cpl(Retd) David Mullins	M75	SARUM	1:13:19	29:40	16.66	33
31	Philip Gristwood	M75	MV	1:13:41	30:02	16.75	33
32	Sue Hands	W75	WIM	1:15:57	32:18	17.26	31
33	SSgt Katy Hillman	W35	26 Regt RA	1:19:05	35:26	17.97	28
34	Barrie Pearson	M75	SO	1:19:42	36:03	18.11	27
35	Jillian Ullersperger	W60	BKO	1:20:13	36:34	18.23	26
36	Kate Nevett	W60	GO	1:22:17	38:38	18.70	24
37	Peter Smith	M60	SN	1:22:26	38:47	18.73	24
38	Peter Dudman	M75	SO	1:25:56	42:17	19.53	21
39	Flt/Lt Ray Sullivan	M65	RAFO	1:28:21	44:42	20.08	18
40	Plt Off(Retd) Mike Elliot	M75	MV	1:31:57	48:18	20.90	15
41	Liz Flavell	W65	NOTEAM	1:35:03	51:24	21.60	12
42	Paul Blagbrough	M80	MV	1:41:39	58:00	23.10	5
43	Linda Hulley	W70	SO	1:48:41	1:05:02	24.70	0
44	Simon Russell	M65	GO	2:32:02	1:48:23	34.55	0
DNF	Martin Wilson	M75	BKO	33:28	Retd		
DNF	Chris Mcdonald	M80	MV	1:56:17	Retd		

Sh Green

Course: Sh Green, 3.4 km, 55 m

1	Phil Conway	M60	GO	34:13		10.06	50
2	Stefan Stasiuk	M75	BKO	40:51	6:38	12.01	48
3	Martin Lock	M75	GO	41:17	7:04	12.14	47
4	Linda Pakuls	W65	WIM	43:46	9:33	12.87	45
5	Dvr(Retd) Roger Maher	M85	SO	44:07	9:54	12.98	45
6	Anthony Walker	M60	TVOC	44:31	10:18	13.09	44
7	Diane Leakey	W70	SLOW	45:04	10:51	13.25	44
8	Neil Fraser	M65	NWO	45:09	10:56	13.28	44
9	Alan Rosen	M70	HH	45:26	11:13	13.36	43
10	Aya Luu	W50	GO	45:31	11:18	13.39	43
11	Mark Glaisher	M75	SAX	45:50	11:37	13.48	43
12	Alan Leakey	M70	SLOW	45:57	11:44	13.51	43

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Sh Green

Course: Sh Green, 3.4 km, 55 m

13	Julie Cleary	W60	LOK	46:18	12:05	13.62	42
14	Sarah Howes	W65	SAX	46:28	12:15	13.67	42
15	Alison Saunders	W65	HH	46:51	12:38	13.78	42
16	Stephen Peacock	M75	SN	46:57	12:44	13.81	42
17	Clive Hawkes	M65	SO	48:00	13:47	14.12	41
18	Keiko Conway	W60	GO	48:18	14:05	14.21	40
19	Mike Bolton	M75	MV	49:25	15:12	14.53	39
20	Helen Rivers	W70	GO	50:43	16:30	14.92	38
21	Janet Rosen	W70	HH	51:35	17:22	15.17	37
22	Peter Martin	M65	MV	51:55	17:42	15.27	37
=23	George Engelhardt	M75	MV	52:29	18:16	15.44	36
=23	Maj (Retd) Danny Skillman	M70	GO	52:29	18:16	15.44	36
25	Col(Retd) Nick Kearns	M75	BAOC	52:49	18:36	15.53	36
26	Col(Retd) Ian Tait	M75	SARUM	52:52	18:39	15.55	36
27	Rosie Merry	W60	DFOK	55:03	20:50	16.19	34
28	Andy Gaches	M80	WIGHTO	55:31	21:18	16.33	33
29	Teresa Turner	W75	SLOW	55:42	21:29	16.38	33
30	Peter Entwistle	M75	BKO	56:00	21:47	16.47	33
31	Sally Thomas	W80	BOK	56:18	22:05	16.56	32
32	Kate Shaw	W65	SOC	56:46	22:33	16.70	32
33	Lucy Haley	W45	NOTEAM	57:27	23:14	16.90	31
34	Richard Beadle	M60	NOC	58:11	23:58	17.11	31
35	Tom Edelsten	M80	GO	58:19	24:06	17.15	30
36	Peter Riches	M75	TVOC	58:50	24:37	17.30	30
37	Barbara Lugton	W65	GO	1:00:01	25:48	17.65	29
38	Lt Col(retd) Paul Wallace-Stock	M80	SN	1:00:09	25:56	17.69	29
39	Susan Sewell	W65	BKO	1:00:58	26:45	17.93	28
40	Allan Darwell	M75	BOK	1:01:07	26:54	17.98	28
41	Brian Sewell	M65	BKO	1:01:36	27:23	18.12	27
42	Deborah Sullivan	W65	MV	1:01:45	27:32	18.16	27
43	Camilla Pearse	W65	IND	1:02:10	27:57	18.28	27
44	Chris Glew	W70	SLOW	1:02:29	28:16	18.38	26
45	Gill Sharp	W65	SN	1:03:30	29:17	18.68	25
46	Peter Bartlett	M70	WIGHTO	1:04:23	30:10	18.94	24



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Sh Green

Course: Sh Green, 3.4 km, 55 m

47	Denise Mullins	W75	SARUM	1:06:40	32:27	19.61	22
48	Lt(Retd) George Elkin	M75	BAOC	1:07:04	32:51	19.73	22
49	Jean Fitzgerald	W70	SAX	1:07:05	32:52	19.73	22
50	Richard Rae	M80	BKO	1:09:59	35:46	20.58	19
51	Chf Tech (Retd) Ian Hudson	M75	BKO	1:10:06	35:53	20.62	19
52	Tony Ludford	M80	BADO	1:10:23	36:10	20.70	18
53	Alison Richardson	W55	SN	1:11:04	36:51	20.90	18
54	Antonia Holt	W65	NWO	1:11:25	37:12	21.00	17
55	Clare Fletcher	W80	BOK	1:11:36	37:23	21.06	17
56	Elaine Evans	W70	IND	1:12:48	38:35	21.41	16
57	Ldg Wren (Retd) Helen Wise	W70	SO	1:14:01	39:48	21.77	15
58	Jon Wheatcroft	M70	TVOC	1:16:18	42:05	22.44	12
59	Roy Heselden	M75	BADO	1:17:40	43:27	22.84	11
60	Christopher Moon	M75	BOK	1:18:19	44:06	23.03	10
61	Sue Pearson	W75	SO	1:19:04	44:51	23.25	10
62	Colin Merry	M70	DFOK	1:31:37	57:24	26.95	0
63	Sue Gallagher	W70	SO	1:41:57	1:07:44	29.99	0
DNF	John Turner	M70	TVOC	1:02:23	Retd		
DNF	Penny Parkes	W65	HH	1:18:11	Retd		
DSQ	Roger Powell	M75	SN	1:06:20	Missed #2, #5 & #10		
DSQ	Maxine Dunn	W60	IND	1:14:54	Wrong #7 (64 for 34)		
DSQ	Nigel Saker	M75	SLOW	1:19:33	Missed #6 (038)		
DSQ	Howard Thomas	M80	BOK	1:20:08	Missed #4 (063)		

V S Green

Course: V S Green, 2.4 km, 40 m

1	Keith Henderson	M80	WIM	34:17		14.28	40
2	Jim Prowting	M80	TVOC	34:57	0:40	14.56	40
3	Andy Macgregor	M85	BAOC	40:37	6:20	16.92	36
4	WO2(SQMS)Rtd Jim Munday	M80	BKO	53:02	18:45	22.10	24
5	John Collyer	M80	GO	54:17	20:00	22.62	22
6	Chris Simpson	M80	SO	55:59	21:42	23.33	21
7	S/Sgt(Retd) John Thompson	M90	TVOC	1:05:47	31:30	27.41	11
8	Roger Baker	M90	TVOC	1:15:01	40:44	31.26	2



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V S Green

Course: V S Green, 2.4 km, 40 m

9	Ben Rivers	M80	GO	1:17:02	42:45	32.10	0
DNF	JT(rtd) John Farren	M90	TVOC	1:37:18	Retd		

Lg Orange

Course: Lg Orange, 4.4 km, 100 m

1	Maj Richard Ward	M40	HQ 101 OSB	59:37		13.55	40
2	Mr Amit Gurung*	M35	HQ 101 OSB	1:09:54	10:17	15.89	38
3	Cpl Nat Opoku	M40	6 Bn REME	1:14:58	15:21	17.04	33
4	LCpl Pun Tilija	M40	6 Bn REME	1:17:37	18:00	17.64	31
5	WO2 Min Gurung	M35	HQ 101 OSB	1:25:39	26:02	19.47	23
6	Maj (Retd) Devina Worsley	W70	BAOC	1:32:13	32:36	20.96	16
DNF	LCpl Stefanos Alepoudakis	M21	6 Bn REME	1:00:36	Retd		
DNF	Cfn Brooke Sutherland	W20	6 Bn REME	1:00:46	Retd		
DNF	Pte Nancy Gathigia	W21	6 Bn REME	2:07:19	Retd		
DNF	Cpl I'Sannia Ollivierre	W21	6 Bn REME	2:07:19	Retd		