MILITARY LEAGUE(SOUTH)
HOSTED BY MLS
LONGMOOR (WEST)
WEDNESDAY
16 DECEMBER 2026

Travel Directions:	Entry Barrier at what 3 words blanked.demotion.enjoyable. Parking is on a flat tracked area inside that barrier at Grid SU78202934
Terrain:	Military training area, undulating terrain with a lot of rough open, a mix of vegetation, good network of tracks and areas have good contour detail Very runnable.
Mapping:	Scale 1:10,000, 5m contours. All courses printed on A4 waterproof paper. Loose control descriptions for all courses in the start lanes. Control Descriptions also on the map.
Pre-entry:	Open at 20:00 09 Dec 2026 at racesignup.co.uk.
Results System:	EMIT Results https://raceresults.uk/
Registration:	1045 – 1355 hours.
Starts:	1100 – 1400 hours.
Course Closes:	1500 hours. Controls will be taken in at 1500hrs

All runners must download by course closure time; even if you do not finish the course.

Courses:	Colour	Distance	Climb	Remarks
	Brown	8.8km	170m	Experience orienteers
	Blue	6.8km	135m	Experience orienteers
	Sh Green	3.2km	75m	Experience orienteers 1:7.500
	V Sh Green	2.2km	30m	Experience orienteers 1:5,000
	Lt Green	4.7km	95m	Improving orienteers
	Lg Orange	4.9km	75m	Novice Orienteers
	Score	1 hour		25 controls, Good for all levels

Dress:	Full leg and arm cover are mandatory; that means no shorts/vests.
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.
Costs: **EOD £2.00 extra**	Military - £4.70
	Military Veterans - £5.70
	Senior Civilians (M/W 21 and above) - £9.20
	Junior Civilians (M/W 20 and below) - £7.20
	EMIT Hire (if required) - £2.00
SRO:	WO1 Des Dickinson Artillery Centre
Organiser:	Maj (Retd) Allan Farrington BAOC
Planner:	Kieran Devine BAOC
Controller:	Tom Edelsten GO
Contact Details:	allan.farrington158@gmail.com Mobile 07747 446600
Facilities:	Toilets, Tracy's Food Wagon,.
Insurance	**For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2026 and land booked iaw the AOA DIO Licence and JSP907**

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)