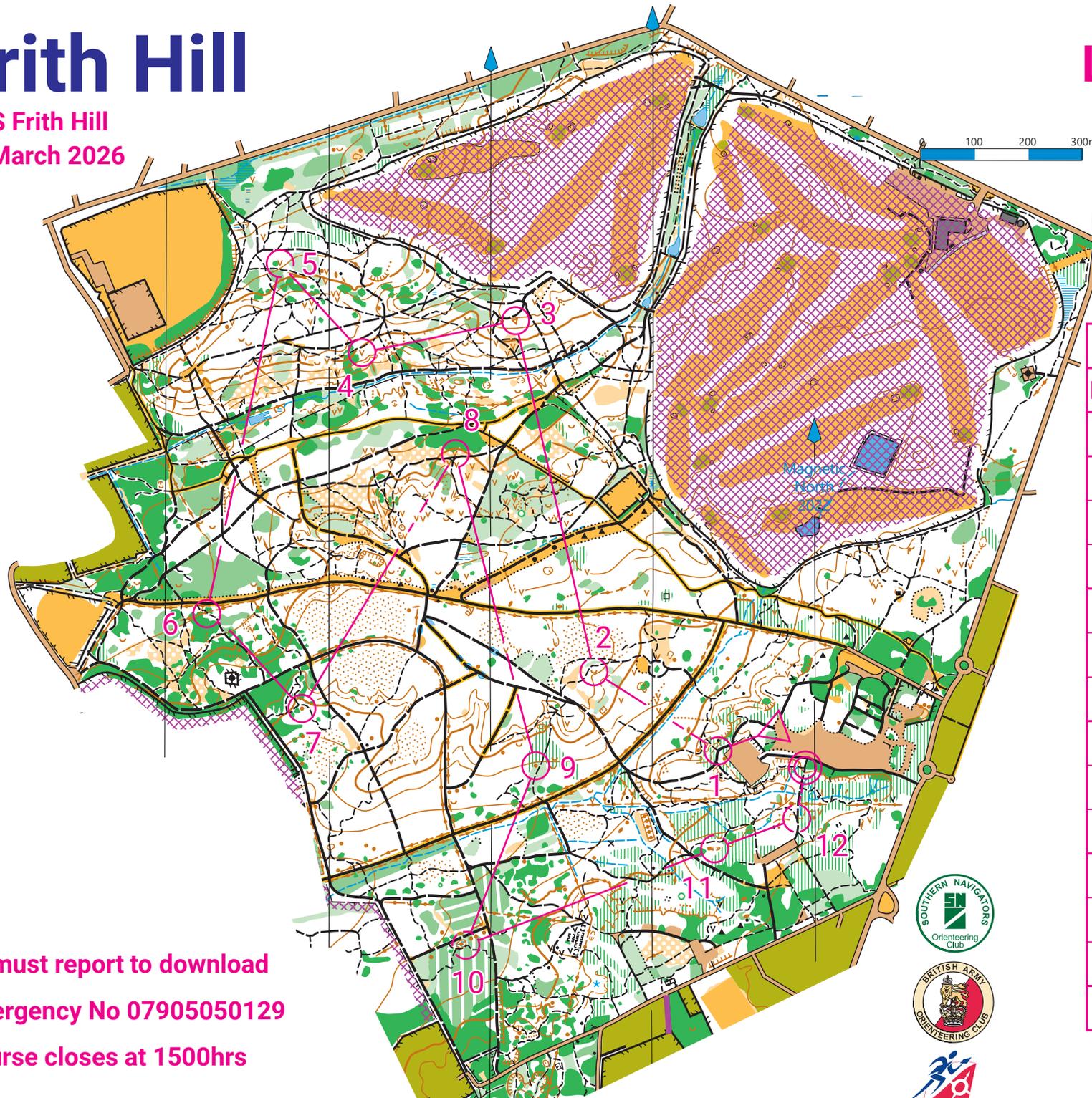


Frith Hill

MLS Frith Hill
18 March 2026

Long Orange

1:10,000



MLS Frith Hill 18 Mar 2026

Long Orange 4.7 km 120 m

Start: Path, E. End	
1 103	N. Path Junction
2 107	Small Depression
3 127	Platform
4 129	Pit
5 109	Pit
6 125	SE. Path/Earth Wall crossing
7 121	Knoll, S. Side
8 122	N. Pit
9 114	Knoll, S. Side
10 128	Depression, SE. Edge
11 130	Depression
12 123	N. Path Junction

Follow Tapes 90 m to Finish

All must report to download
Emergency No 07905050129
Course closes at 1500hrs

