MILITARY LEAGUE(SOUTH)
HOSTED BY BAOC
LONG BEECH in New Forest
WEDNESDAY 2 December 2026

Travel Directions:	W3W: **fabricate.owners.appraised** is the entry barrier to Ocknell campsite, Parking and arena are within the campsite area, follow signs to park on hard standing. Grid SU253120. There is then a 500m walk to the start and same back from finish. Clothing dump available at start/finish area.(There is an alternative option to drive closer and then walk in 100m, but that incurs standard NF parking fees)
Terrain:	This is another opportunity to run on an excellent New Forest map with a mixture of mostly open woodland and a lille bit of heathland which will again challenge your navigation skills. Switch off and you will soon be lost. All of the area is very runnable, so straight line running will be the order of the day, however note the wet areas, especially within the southern inclosure which are OOB so ensure you use marked crossing points. There is a good network of tracks.
Mapping:	Minor updates for this event. Scale 1:10,000, 1:7500 for SG, 1:5000 for VS. overprinted on waterproof paper. Loose control description will be provided at the start.
Pre-entry:	Open at 20:00 25 Nov 2026 at racesignup.co.uk.
Results System:	EMIT Results http://www.baoc.info/ Live Results at: www.race-results.info
Registration:	1045 – 1355 hours.
Starts:	1100 – 1400 hours
Course Closes:	1500 hours. Controls will be taken in from 1500hrs

Coaching is available for all, please inform organiser if you are bringing a group.

Courses:	Colour	Distance	Climb	Remarks
	Brown	10.0km	115m	Experience Orienteers only
	Blue	7.2km	80m	Experience Orienteers only
	Sh Green	3.5km	45m	Experience Orienteers only map at 1:7,500
	V Sh Green	2.3km	35m	Experience Orienteers only map at 1: 5,000
	Lt Green	4.6km	55m	Suitable for Improving orienteers
	Lg Orange	4.2km	45m	Suitable for novice orienteers
	Score	1 Hour	25 Controls	Good for all levels

Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.
Other Instructions:	All SP must be in-date and have completed Prevention Modules prior to taking part in MLS event. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and take a whistle. **Dogs are allowed on all courses.**
Costs: EOD £1.50 extra	
	Military - £4.70 Military Veterans - £5.70
	Senior Civilians (M/W 21 and above) - £9.20
	Junior Civilians (M/W 20 and below) - £7.20
	EMIT Hire (if required) - £2.00
SRO:	Lt Col K Larsen – Army HQ
Organiser:	Maj(Retd) Allan Farrington BAOC
Planner:	Mike Frizzell BADO **Controller:** Lt Col(Retd) Woo Allen SN
Contact detail:	allan.farrington158@gmail.com Mobile 07747 446600
Facilities:	Toilets, Naughty but Nice Food Wagon (Tracey is the new "Tom")
Insurance	**For civilians participating in Army orienteering, Public Liability Insurance provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907**

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.