

20 & 21 MAY 26

INTER UNIT ORIENTEERING CHAMPIONSHIPS

Chawton Woods, Alton



Details: <https://baoc.info/calendar>

INTER UNIT ORIENTEERING CHAMPIONSHIPS

When	Sun 17 - Wed 20 May 26	Wed 20 May 26	Thu 21 May 26
What	Basic Skills Course Apply separately from Champs; Further details: https://baoc.info/calendar	Novice Coaching	Inter Unit Orienteering Champs Day 2 – Team Harris
		Inter Unit Orienteering Champs Day 1 – Spanish Score	
Where	Chawton Woods, Alton		
Why	<p>Orienteering can be used to develop many of the qualities that are essential in a good soldier. At its most demanding, orienteering provides the challenge of navigating at speed, testing navigational skill and aerobic fitness. The skills required of a good soldier are very similar to that of an orienteer:</p> <ul style="list-style-type: none"> • rapid map interpretation & confident compass work • continuous terrain analysis & option reassessment • all while under physical duress and mental stress 		