

	MILITARY LEAGUE(SOUTH)				
	HOSTED BY BAOC				
	RUSHMOOR & LONG VALLEY NORTH				
	WEDNESDAY 13 MAY 2026 (Last MLS League Counter of this season)				
Travel Directions:	What3Words/// such.intro.latest Grid ref SU8546552094 Parking at SU8536552023 Nearest Post Code GU11 2HB 500m east of entry				
Terrain:	Parking inside Rushmoor Arena which is not accessible to the public and the areas around is forested training area with a wide variety of terrain. South part of Long Valley North. Two gate entry/exit onto area.				
Mapping:	Revised map 2025. Scale 1:10,000 overprinted on waterproof paper. Loose control description will be provided at the start.				
Pre-entry:	Open at 20:00 06 May 2026 at racesignup.co.uk .				
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
	Colour	Distance	Climb	Control	Remarks
	Brown	8.9km	135m	27	Experience Orienteers' only
	Blue	6.9km	110m	22	Experience Orienteers' only
	Sh Green	3.3km	80m	10	Experience Orienteers' only 1:7,500
	V Sh Green	2.2km	20m	10	Experience Orienteers' only. 1:5,000
	Lt Green	4.9km	20m	14	Improving orienteers
	Lg Orange	4.6km	20m	13	Novice Orienteers
	Score	1 hour		30	Suitable for all
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.25				
EOD: £1.50 extra	Military Veterans £5,50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
SRO:	WO1 Des Dickinson – Artillery Centre				
Organiser:	Maj (Retd) Colin Dickson BAOC				
Planner:	Trish Monks BKO				
Controller:	Mark Thompson TVOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, Food provided by Tom				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)