

	MILITARY LEAGUE (SOUTH) Summer Series HOSTED BY BAOC & EMIT WEDNESDAY 05 August 2026					
	River Hamble Country Park Hedge End					
	Travel Directions:	<ul style="list-style-type: none"> • Location: What3Words: costs.appear.fresh • Gr SU 488113 Pyland's Lane, Southampton SO31 1EX • Entrance to the country park is just north of Junc 8 M27, east of Hedge End, between Southampton and Fareham. • Parking is in Toplands car park, drive past the main Barnfield car park by the main café, into the BBQ car park. Late arrivals may have to park in Barnfield CP and walk over. 				
	Terrain:	The park runs along the westside of the River Hamble, which is well worth a visit after your run. Mostly wooded, with a some deep re-entrants and an extensive path network. Full leg cover mandatory.				
Mapping:	A4 size; scale 1:7500 all courses. This is a new map produced for the opening of the SOC POC in 2024. Partial updates in May 2025 & Jul 26: map on waterproof paper; control descriptions on map & loose copies available in start lanes.					
Pre-entry:	Opens at 20:00hrs 29 Jul 26 at racesignup.co.uk					
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/					
Registration:	1030 – 1355 hours. Starts: 1100 – 1400 hours.					
Course Closes:	1500 hrs. Far controls will be taken in from 1445 hrs.					
All runners must download by course closure time; even if you do not finish the course.						
Courses:	Colour	Distance	Climb	Remarks		
	Brown	8km		4 Loops A-B-C-D in that order		
	Blue	6km		3 Loops B-C-D in that order		
	Green	4km		2 Loops C-D in that order		
	Sh Green	3.5km		Line		
	VS Green	2km		One Loop A		
	Score			25 controls in any order		
All courses subject to final controlling						
Dress:	Full leg and arm cover is required; shorts/vests not allowed.					
Other Instructions: + Parking:	Dogs allowed on all courses. Parking in Toplands car park next to the start and finish,(if paying machine is U/S go pay in Barnfield) PARKING COST:- Up to 1 hour: £2.50, Up to 2 hours: £5 Up to 4 hours: £8, Full day: £9.					
Costs:	Military - £4.25p / Senior Civilians (M/W 21 and above) - £8.00p Military Vets & Junior Civilians (M/W 20 and below) - £5.50p Ecard Hire (if required) - £2.00p Standard emit controls being used.					
Organiser/ Controller	Maj(Retd) Allan Farrington BAOC - 07747 446600 allan.emituk@gmail.com					
Planner:	Paul Thwaites SOC					
Facilities:	There are toilets in Toplands Car Park. The Barn café is in the main car park also with toilets and full range of refreshments.					

Insurance:

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2021 and land booked iaw the AOA DIO Licence and JSP907

