

	MILITARY LEAGUE (SOUTH)				
	HOSTED BAOC				
	FRITH HILL				
	WEDNESDAY 18 MARCH 2026				
Travel Directions:	Entry point is at SU9060257824 Post code GU16 6GA what3words carefully.among.belonged Parking is in a large hard surfaced area.				
Terrain:	Military training area, undulating terrain with a mix of vegetation, good network of tracks and areas have good contour detail.				
Mapping:	Scale 1:10,000 5m contours, Map revised for this event. All courses printed on A4 waterproof paper. Loose control descriptions for all courses in the start lanes. Control Descriptions also on the map.				
Pre-entry:	Open at 20:00 11 Mar 2026 at racesignup.co.uk				
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
	Colour	Distance	Climb	Control	Remarks
	Brown	7.6km	210m	28	Experience Orienteers' only Back to back
	Blue	6.3km	180m	18	Experience Orienteers' only Back to back
	Sh Green	3.3km	80m	14	Experience Orienteers' only 1:7,500
	V Sh Green	2.3km	50m	10	Experience Orienteers' only. 1:5,000
	Lt Green	4.6km	140m	15	Improving orienteers
	Lg Orange	4.7km	120m	12	Novice Orienteers
	Score	1 hour		25	Suitable for all
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.25.				
EOD £1.50	Military Vets - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
SRO:	WO1 Des Dickinson – Artillery Centre				
Organiser:	Maj (Retd) Colin Dickson BAOC				
Planner:	Peter Riches TVOC				
Controller:	Mark Thompson TVOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, Food provided by Tom				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)