
	<b>MILITARY LEAGUE (SOUTH)</b>				
	<b>HOSTED BAOC</b>				
	<b>FRITH HILL</b>				
	<b>WEDNESDAY 18 MARCH 2026</b>				
<b>Travel Directions:</b>	Entry point is at SU9060257824 Post code GU16 6GA what3words carefully.among.belonged Parking is in a large hard surfaced area.				
<b>Terrain:</b>	Military training area, undulating terrain with a mix of vegetation, good network of tracks and areas have good contour detail.				
<b>Mapping:</b>	Scale 1:10,000 5m contours, Map revised for this event. All courses printed on A4 waterproof paper. Loose control descriptions for all courses in the start lanes. Control Descriptions also on the map.				
<b>Pre-entry:</b>	Open at 20:00 11 Mar 2026 at <a href="https://racesignup.co.uk">racesignup.co.uk</a>				
<b>Results System:</b>	EMIT Results <a href="https://race-results.info/">https://race-results.info/</a> & <a href="http://www.baoc.info/">http://www.baoc.info/</a>				
<b>Registration:</b>	1045 – 1355 hours.				
<b>Starts:</b>	1100 – 1400 hours				
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
Colour	Distance	Climb	Control	Remarks	
Brown	8.9km	135m	27	Experience Orienteers' only	
Blue	6.9km	120m	22	Experience Orienteers' only	
Sh Green	3.3km	90m	10	Experience Orienteers' only 1:7,500	
V Sh Green	2.2km	50m	10	Experience Orienteers' only. 1:5,000	
Lt Green	4.9km	110m	14	Improving orienteers	
Lg Orange	4.6km	90m	13	Novice Orienteers	
Score	1 hour		30	Suitable for all	
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.				
<b>Other Instructions:</b>	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.				
<b>Costs:</b>	Military - £4.25.				
<b>EOD £1.50</b>	Military Vets - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
<b>SRO:</b>	WO1 Des Dickinson – Artillery Centre				
<b>Organiser:</b>	Maj (Retd) Colin Dickson BAOC				
<b>Planner:</b>	Peter Riches TVOC				
<b>Controller:</b>	Mark Thompson TVOC				
<b>Contact Details:</b>	<a href="mailto:dicksonc44@hotmail.com">dicksonc44@hotmail.com</a> Mobile 07905050129				
<b>Facilities:</b>	Toilets, Food provided by Tom				
<b>Insurance</b>	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)