



MLS Perham

22 April 2026



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
------	------	-----------	-------------	-------	------	--------	-------------	--------

Brown

Course: Brown, 9.1 km, 220 m

1	Michael Krajewski	M40	BAOC		01:00:36		6.66	102
2	WO1 Des Dickinson	M40	Artillery Centre		01:03:12	00:02:36	6.95	99
3	Lt Col Richard Mawer	M50	MoD Abbey Wood		01:04:01	00:03:25	7.03	99
4	Maj Richard Barrett	M55	HQ 101 OSB		01:07:07	00:06:31	7.38	95
5	Major Ed Luke	M35	HQ RC		01:16:39	00:16:03	8.42	86
6	Oliver Heckford	M20	WSX		01:17:21	00:16:45	8.50	85
7	SSgt Justin Aspland-Monger	M45	11 Sig Regt		01:19:41	00:19:05	8.76	83
8	Maj Andrew Snell	M50	Army HQ		01:19:44	00:19:08	8.76	83
9	Edward Halsey	M50	SARUM		01:21:39	00:21:03	8.97	81
10	Keith Belsey	M55	SN		01:22:17	00:21:41	9.04	80
11	Col Michael Cooke	M50	RMAS		01:24:34	00:23:58	9.29	78
12	SSgt Giri Gurung	M21	15 Sig Regt		01:25:07	00:24:31	9.35	77
13	Amy Lee-Jones	W21	CUOC		01:27:29	00:26:53	9.61	75
14	Sgt Narbahadur Gurung	M35	DSEME		01:27:59	00:27:23	9.67	75
15	Simon Farrington	M40	BAOC		01:31:42	00:31:06	10.08	71
16	Andrew Heaney	M60	SN		01:32:59	00:32:23	10.22	70
17	Barry Jones	M55	SO		01:35:50	00:35:14	10.53	67
18	Chris Harrison	M65	NGOC		01:38:47	00:38:11	10.86	64
19	SSgt Prakash Limbu	M45	HQ RC		01:41:40	00:41:04	11.17	61
20	LCpl Nelson Thapa Magar	M21	15 Sig Regt		02:08:10	01:07:34	14.08	34

Blue

Course: Blue, 6.8 km, 165 m

1	Clive Hallett	M60	BOK		00:51:30		7.57	75
2	Colonel Brian Johnston	M50	APC Glasgow		00:57:19	00:05:49	8.43	73
3	Nick Nourse	M60	NWO		00:57:32	00:06:02	8.46	73
4	Mike Frizzell	M65	BADO		00:59:10	00:07:40	8.70	71
5	Maj (Retd) Colin Dickson	M70	BAOC		00:59:22	00:07:52	8.73	71
6	David Palmer	M55	BKO		01:03:02	00:11:32	9.27	67
7	Maj (Retd) Nicholas Shanahan	M50	BAOC		01:03:55	00:12:25	9.40	67
8	Wg Cdr (Retd) Neal Jacobs	M50	SARUM		01:06:13	00:14:43	9.74	64
9	Lt Col Woo Allen	W60	SN		01:06:57	00:15:27	9.85	63
10	Lt Col Kerry Corkery	W45	Army HQ		01:07:07	00:15:37	9.87	63
11	Col (Retd) Paul Lane	M65	SARUM		01:07:46	00:16:16	9.97	63
12	Lt Col (Retd) Axel Blomquist	M70	SN		01:08:33	00:17:03	10.08	62
13	David Harrison	M60	SN		01:10:30	00:19:00	10.37	60
14	Lt Col Mark Nash	M60	War Gar		01:10:57	00:19:27	10.43	59
15	Jonathan Lyle	M65	BOK		01:11:13	00:19:43	10.47	59
16	Alison Simmons	W70	BOK		01:11:45	00:20:15	10.55	59
17	Trevor Ould	M60	WIGHTO		01:16:08	00:24:38	11.20	54
18	Jessica Stanfield	W60	SOC		01:18:49	00:27:19	11.59	52



MLS Perham

22 April 2026



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
------	------	-----------	-------------	-------	------	--------	-------------	--------

Blue

Course: Blue, 6.8 km, 165 m

19	WO2 Sean Venables	M50	CRHQ AGC		01:20:09	00:28:39	11.79	50
20	Maj Andy Southby	M60	War Gar		01:20:15	00:28:45	11.80	50
21	WO2 Dhan Magar	M55	HQ RC		01:21:05	00:29:35	11.92	49
22	Tim Keogh	M60	MV		01:21:15	00:29:45	11.95	49
23	WO2 Scott Craig	M45	ATC Pirbright		01:21:31	00:30:01	11.99	49
24	John Simmons	M75	BOK		01:21:57	00:30:27	12.05	48
25	Mike Bennett	M70	HH		01:25:13	00:33:43	12.53	45
26	Mark Richardson	M60	SN		01:25:20	00:33:50	12.55	45
27	Jo Halsey	W50	SARUM		01:25:45	00:34:15	12.61	45
28	Richard Tiley	M65	LOC		01:26:08	00:34:38	12.67	44
29	Sgt(Retd) Gerry Allan	M55	BAOC		01:27:07	00:35:37	12.81	43
30	Gary Harris Deans	M55	SOC		01:27:19	00:35:49	12.84	43
31	Roger Wilson	M65	SLOW		01:27:29	00:35:59	12.87	43
32	Col(Retd) Iain Brant	M65	BAOC		01:28:47	00:37:17	13.06	42
33	Andy Parker	M65	BADO		01:29:30	00:38:00	13.16	41
34	Ian Ditchfield	M70	MV		01:29:44	00:38:14	13.20	41
35	Cpl (Retd) Richard Barber	M50	DEVON		01:30:44	00:39:14	13.34	40
36	John Harrison	M75	BADO		01:38:36	00:47:06	14.50	32
37	Anne Tynegate	W65	BADO		01:40:52	00:49:22	14.83	30
38	Stephen Lee-Jones	M55	BOK		01:45:53	00:54:23	15.57	25

Lt Green

Course: Lt Green, 4.8 km, 120 m

1	Lt Col Bernie Fowler	M55	AACen		00:46:33		9.70	60
2	Cameron	M40	25 CS Engr Gp HQ		00:49:08	00:02:35	10.24	60
3	Cpl Ram Limbu	M35	1 CS Med Regt		00:51:05	00:04:32	10.64	58
4	SSgt Awashesh Gurung	M40	DSEME		00:51:20	00:04:47	10.69	58
5	Lt Col RM (Retd) Joe House	M70	SO		00:52:00	00:05:27	10.83	57
6	Phil Conway	M60	GO		00:53:21	00:06:48	11.11	56
7	Trevor Griffiths	M75	BOK		00:58:02	00:11:29	12.09	51
8	SSgt Katy Hillman	W35	26 Regt RA		00:58:19	00:11:46	12.15	51
9	Mikhail Gryaznevich	M70	TVOC		00:58:32	00:11:59	12.19	50
10	WO2(Retd) Neil Gordon	M65	BAOC		00:59:28	00:12:55	12.39	49
11	Colonel Simon Graham	M45	25 Engr Regt		00:59:37	00:13:04	12.42	49
12	Fit/Lt Ray Sullivan	M65	RAFO		01:00:52	00:14:19	12.68	48
13	Capt Ros O'Shea-Smith	W21	15 Sig Regt		01:02:19	00:15:46	12.98	47
14	Cpl(Retd) David Mullins	M75	SARUM		01:02:21	00:15:48	12.99	47
15	Cpl Kiran Gurung*	M35	HQ 101 OSB		01:04:26	00:17:53	13.42	44
16	Carol Taverner	W65	WIGHTO		01:06:32	00:19:59	13.86	42
17	WO2 (Retd) Chic Young	M65	SARUM		01:07:06	00:20:33	13.98	42
18	Cpl (Retd) Chris Ballard	M60	SOC		01:08:01	00:21:28	14.17	41



MLS Perham

22 April 2026



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
------	------	-----------	-------------	-------	------	--------	-------------	--------

Lt Green

Course: Lt Green, 4.8 km, 120 m

19	LCpl Amrit Pun	M21	1 Sig Regt		01:11:37	00:25:04	14.92	37
20	2Lt Freddy Gibson	M21	Household Cavalry		01:14:26	00:27:53	15.51	34
21	Tpr Joshua Willis	M21	Household Cavalry		01:15:08	00:28:35	15.65	34
22	Tpr Callum Smith	M21	Household Cavalry		01:15:15	00:28:42	15.68	34
23	Tpr Toby Elliott	M21	Household Cavalry		01:15:18	00:28:45	15.69	34
24	Joanna Belsey	W60	SN		01:15:27	00:28:54	15.72	33
25	LCpl Ethan Jeffrey	M21	Household Cavalry		01:15:34	00:29:01	15.74	33
26	Tpr Jesse Tetteh	M21	Household Cavalry		01:15:41	00:29:08	15.77	33
27	Maj Lewis Tippet	M50	25 Engr Regt		01:18:20	00:31:47	16.32	31
28	Philip Gristwood	M75	MV		01:20:09	00:33:36	16.70	29
29	Peter Smith	M60	SN		01:23:20	00:36:47	17.36	26
30	Philip Obrien	M65	U3A		01:26:44	00:40:11	18.07	22
31	Edward Forman	M75	SO		01:27:54	00:41:21	18.31	21
32	SSgt Pikendra Tambahangphe	M45	11 Sig Regt		01:34:04	00:47:31	19.60	15
33	Plt Off(Retd) Mike Elliot	M75	MV		01:38:11	00:51:38	20.45	11
34	Ruth Rhodes	W80	SO		01:41:44	00:55:11	21.19	7
35	Cpl Jonatus Charles*	M40	HQ 101 OSB		01:53:09	01:06:36	23.57	0
36	SSgt Kanaiyalal Thapa	M45	HQ RC		01:54:54	01:08:21	23.94	0
37	Keith Mulhall	M70	U3A		01:59:18	01:12:45	24.85	0
38	Keith Richards	M75	U3A		01:59:27	01:12:54	24.89	0
39	Simon Russell	M65	GO		02:44:14	01:57:41	34.22	0

Sh Green

Course: Sh Green, 3.2 km, 50 m

1	Richard Bostock	M60	DFOK		00:30:55		9.66	50
2	Julian Hartwell	M70	SOC		00:35:06	00:04:11	10.97	49
3	Lucy Paton	W65	SN		00:35:57	00:05:02	11.23	48
4	Mark Horner	M65	IND		00:36:28	00:05:33	11.40	48
5	LCpl Hannah Brown	W21	QRH		00:38:26	00:07:31	12.01	46
6	Neil Fraser	M65	NWO		00:39:48	00:08:53	12.44	44
7	Christopher Branford	M80	WIM		00:39:51	00:08:56	12.45	44
8	Lt Col (Retd) Chris Barrington Brown	M65	BAOC		00:40:27	00:09:32	12.64	44
9	Col(Retd) Nick Kearns	M75	BAOC		00:41:05	00:10:10	12.84	43
10	Lisa Cooke	W50	SARUM		00:41:06	00:10:11	12.84	43
11	Louise Worsley	W50	NWO		00:41:13	00:10:18	12.88	43
12	Lt Cdr (Retd) Stephen Jackson	M70	NWO		00:42:29	00:11:34	13.28	42
13	Gwen Tanner	W65	BOK		00:42:33	00:11:38	13.30	41
14	Tim Hughes	M70	TVOC		00:42:56	00:12:01	13.42	41
15	Nigel Britton	M75	JOK		00:43:11	00:12:16	13.49	41
16	Keiko Conway	W60	GO		00:43:26	00:12:31	13.57	41
17	Lt Col (Retd) Carol Prosser	W65	BAOC		00:43:59	00:13:04	13.74	40



MLS Perham

22 April 2026



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
------	------	-----------	-------------	-------	------	--------	-------------	--------

Sh Green

Course: Sh Green, 3.2 km, 50 m

18	Steve Beverley	M70	SARUM		00:44:08	00:13:13	13.79	40
19	Kim Liggett	W60	NGOC		00:44:47	00:13:52	13.99	39
20	REM (Retd) Tom Mills	M80	NGOC		00:44:57	00:14:02	14.05	39
21	Andy Gaches	M80	WIGHTO		00:45:11	00:14:16	14.12	39
22	Col(Retd) Ian Tait	M75	SARUM		00:45:20	00:14:25	14.17	39
23	Elisabeth Dickson	W65	SN		00:45:48	00:14:53	14.31	38
24	Neil Underwood	M70	SARUM		00:45:49	00:14:54	14.32	38
25	Roger Pleasant	M75	SOC		00:46:46	00:15:51	14.61	37
26	Lt Col(retd) Paul Wallace-Stock	M80	SN		00:47:01	00:16:06	14.69	37
27	Maj Abi Pack	W50	RMAS		00:47:02	00:16:07	14.70	37
28	Tom Edelsten	M80	GO		00:47:19	00:16:24	14.79	37
29	Norman Wilson	M75	SOC		00:47:34	00:16:39	14.86	36
30	Neil Mitchell	M65	SLOW		00:49:36	00:18:41	15.50	34
31	Kate Shaw	W65	SOC		00:50:48	00:19:53	15.88	33
32	Gill Wilson	W60	SLOW		00:51:27	00:20:32	16.08	33
33	David Hanstock	M70	BOK		00:52:29	00:21:34	16.40	32
34	Steve Taverner	M70	WIGHTO		00:52:38	00:21:43	16.45	31
35	Fiona Clough	W60	BKO		00:53:02	00:22:07	16.57	31
36	FS Andy Barker-Pilsworth	M55	RAFO		00:53:23	00:22:28	16.68	31
37	Tony Ludford	M80	BADO		00:54:53	00:23:58	17.15	29
38	Deborah Sullivan	W65	MV		00:55:06	00:24:11	17.22	29
39	Denise Mullins	W75	SARUM		00:55:59	00:25:04	17.49	28
40	Lt Col Damien Pealin	M55	HQ RC		01:00:01	00:29:06	18.76	24
41	Ldg Wren (Retd) Helen Wise	W70	SO		01:00:19	00:29:24	18.85	24
42	Polly Jacobs	W45	SARUM		01:02:30	00:31:35	19.53	21
43	Marissa Hughes	W55	TVOC		01:04:36	00:33:41	20.19	19
44	Keith Henderson	M80	WIM		01:05:05	00:34:10	20.34	19
45	Jerry Newcombe	M70	SARUM		01:05:30	00:34:35	20.47	18
46	Clare Fletcher	W80	BOK		01:05:34	00:34:39	20.49	18
47	Helen Wheelwright	W65	SOC		01:07:10	00:36:15	20.99	17
48	WO1(Retd) Stuart Ferguson	M70	NOTEAM		01:24:01	00:53:06	26.26	0

Long Orange

Course: Long Orange, 5 km, 95 m

1	Sig William Richard Brinkley	M20	11 Sig Regt		00:51:43		10.34	40
2	WO2 Ramesh Pun	M40	15 Sig Regt		00:54:04	00:02:21	10.81	40
3	LCpl Charles St.marcus	M21	13 Sigs Regt		01:29:40	00:37:57	17.93	15
4	TPR Tim Haskins	M21	QRH		01:44:50	00:53:07	20.97	10

VS Green

Course: VS Green, 2.1 km, 30 m



MLS Perham

22 April 2026



Results by class with League Points

Posn	Name	Age Group	Club / Team	Corps	Time	Behind	Pace min/km	Points
------	------	-----------	-------------	-------	------	--------	-------------	--------

VS Green

Course: VS Green, 2.1 km, 30 m

1	Mick Hunter	M70	NWO		00:19:42		9.38	40
2	Maj(Retd) Michael James	M65	BAOC		00:26:12	00:06:30	12.48	40
3	Allan Darwell	M75	BOK		00:41:41	00:21:59	19.85	28
4	WO2(SQMS)Rtd James (Jim) Munday	M80	BKO		00:44:57	00:25:15	21.40	24
5	Major Tom Martin	M50	Army HQ		00:45:36	00:25:54	21.71	24
6	Joan Hambleton	W80	SARUM		00:48:04	00:28:22	22.89	21
7	Flt Lt (Retd) Liz Yeadon	W80	SARUM		00:50:00	00:30:18	23.81	19
8	Charlotte Thornton	W80	SARUM		00:53:18	00:33:36	25.38	16
9	Yvonne Hodson	W75	TVOC		01:01:20	00:41:38	29.21	8
10	Roger Baker	M90	TVOC		01:06:25	00:46:43	31.63	3
11	S/Sgt(Ret) John Thompson	M90	TVOC		01:08:10	00:48:28	32.46	1
12	Ken Stimson	M80	NWO		01:09:30	00:49:48	33.10	0