

	MILITARY LEAGUE (SOUTH)				
	SUMMEER SERIES				
	HOSTED MLS				
	FRITH HILL				
	WEDNESDAY 29 JULY 2026				
Travel Directions:	Entry point is at SU9064857976 Post code GU16 6GB what3words afternoon.harsh.start. Parking, different from normal, is in the middle of the area on a wide ride.				
Terrain:	Military training area, undulating terrain with a mix of vegetation, good network of tracks and areas have good contour detail. Using a very small area in the middle.				
Mapping:	Scale 1:10,000 5m contours, Map revised for this event. All courses printed on waterproof paper as sizes below. Loose control descriptions for Courses D, Sh Green and Score only. Control Descriptions on all map.				
Pre-entry:	Open at 20:00 22 July 2026 at racesignup.co.uk				
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
Hydrate well before event, water will be available on each loop. Courses may be reduced weather depending					
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Brown	8.3km	160m	4 x Loops A-D in that order - A6	
	Blue	6.2km	130m	3 x Loops B-D in that order - A6	
	Green	4.2km	100m	2 x Loops C & D in that order - A5	
	V Sh Green	2.2km	50m	Loop D 1: 5,000 - A4	
	Sh Green	3.4km	90m	Stand along course 1:7,500 - A5	
	Score	1 hour	20 Controls	Good for all levels _ 1:7,500 - A5	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.25.				
EOD £1.50	Military Vets - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £2.00				
SRO:	WO1 Des Dickinson – Artillery Centre				
Organiser/Planner	Maj (Retd) Colin Dickson BAOC				
Controller:	Elisabeth Dickson BAOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, Food provided by Tracy				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2025 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)