

Results MLS Ash South 28.01.2026

Long Orange

1	LCPL Megan Griffiths, HQ 101 OSB					1:07:26	+00:00													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	02:21-3	05:22-3	07:25-3	10:09-3	13:04-3	16:21-2	18:43-2	24:56-1	29:37-1	37:15-2	41:08-3	45:48-2	51:03-2	52:19-3	56:36-1	60:36-1	64:33-1	66:32-1	67:26-1	
Split time	02:21	03:01-4	02:03-6	02:44-4	02:55-4	03:17-2	02:22-2	06:13-5	04:41-4	07:38-6	03:53-3	04:40-4	05:15-1	01:16-4	04:17-4	04:00-2	03:57-3	01:59-1	00:54-6	
Time behind	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	
2	LCpl Donal Ellison, HQ 101 OSB					1:07:32	+00:06													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	02:23-4	05:29-4	07:26-4	10:09-3	13:06-4	16:24-3	18:45-3	25:04-2	29:49-2	37:17-3	41:09-4	45:49-3	51:12-3	52:18-2	56:38-2	60:44-2	64:34-2	66:42-2	67:32-2	
Split time	02:23	03:06-5	01:57-5	02:43-3	02:57-5	03:18-3	02:21-1	06:19-6	04:45-5	07:28-5	03:52-2	04:40-4	05:23-3	01:06-1	04:20-5	04:06-4	03:50-2	02:08-3	00:50-4	
Time behind	+00:02	+00:05	-00:06	-00:01	+00:02	+00:01	-00:01	+00:06	+00:04	-00:10	-00:01	+00:00	+00:08	-00:10	+00:03	+00:06	-00:07	+00:09	-00:04	
3	Sgt Julian Fissasegola, AVSR CW					1:12:07	+04:41													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	02:16-2	04:43-2	06:06-2	08:12-1	10:43-1	15:10-1	18:18-1	26:58-5	32:14-6	37:23-4	41:05-2	46:40-5	52:21-4	53:32-4	57:28-3	65:56-6	69:24-3	71:25-3	72:07-3	
Split time	02:16	02:27-1	01:23-1	02:06-1	02:31-2	04:27-5	03:08-7	08:40-7	05:16-7	05:09-2	03:42-1	05:35-6	05:41-4	01:11-2	03:56-3	08:28-7	03:28-1	02:01-2	00:42-2	
Time behind	-00:05	-00:34	-00:40	-00:38	-00:24	+01:10&	+00:46&	+02:27&	+00:35#	-02:29	-00:11	+00:55#	+00:26	-00:05	-00:21	+04:28@	-00:29	+00:02	-00:12	
4	Heidi Dunster, 103 Bn REME(V)					1:14:05	+06:39													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	03:22-6	06:38-6	10:10-6	12:51-6	16:17-6	20:01-5	22:49-5	26:08-4	30:59-4	35:55-1	40:47-1	45:02-1	50:24-1	52:09-1	59:46-5	65:17-5	69:35-4	73:02-4	74:05-4	
Split time	03:22	03:16-7	03:32-7	02:41-2	03:26-7	03:44-4	02:48-4	03:19-1	04:51-6	04:56-1	04:52-7	04:15-2	05:22-2	01:45-7	07:37-7	05:31-5	04:18-4	03:27-7	01:03-7	
Time behind	+01:01&	+00:15	+01:29&	-00:03	+00:31#	+00:27#	+00:26#	-02:54	+00:10	-02:42	+00:59&	-00:25	+00:07	+00:29&	+03:20&	+01:31&	+00:21	+01:28&	+00:09#	
5	Gnr Lucas Bratt, 1 RHA					1:15:44	+08:18													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	01:33-1	04:04-1	05:29-1	09:17-2	11:42-2	21:02-6	23:30-6	27:47-6	32:05-5	38:00-5	42:45-5	46:19-4	53:52-5	55:08-5	58:51-4	62:44-3	72:28-5	75:18-5	75:44-5	
Split time	01:33	02:31-2	01:25-2	03:48-6	02:25-1	09:20-7	02:28-3	04:17-4	04:18-1	05:55-4	04:45-6	03:34-1	07:33-6	01:16-4	03:43-2	03:53-1	09:44-6	02:50-6	00:26-1	
Time behind	-00:48	-00:30	-00:38	+01:04&	-00:30	+06:03@	+00:06	-01:56	-00:23	-01:43	+00:52#	-01:06	+02:18&	+00:00	-00:34	-00:07	+05:47@	+00:51&	-00:28	
6	Gnr Louise Patten, 1 RHA					1:17:40	+10:14													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	02:45-5	05:57-5	07:27-5	11:24-5	14:02-5	22:49-7	25:46-7	29:35-7	33:55-7	39:45-6	43:54-6	48:10-6	55:29-6	56:56-6	60:30-6	64:35-4	74:21-6	76:58-6	77:40-6	
Split time	02:45	03:12-6	01:30-3	03:57-7	02:38-3	08:47-6	02:57-5	03:49-3	04:20-2	05:50-3	04:09-5	04:16-3	07:19-5	01:27-6	03:34-1	04:05-3	09:46-7	02:37-5	00:42-2	
Time behind	+00:24#	+00:11	-00:33	+01:13&	-00:17	+05:30@	+00:35#	-02:24	-00:21	-01:48	+00:16	-00:24	+02:04&	+00:11#	-00:43	+00:05	+05:49@	+00:38&	-00:12	
7	Liz Flavell, IND					1:36:39	+29:13													
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	06:03-7	08:44-7	10:32-7	13:29-7	16:36-7	19:23-4	22:23-4	25:52-3	30:31-3	47:53-7	52:01-7	64:14-7	75:51-7	77:06-7	82:55-7	88:27-7	93:17-7	95:49-7	96:39-7	
Split time	06:03	02:41-3	01:48-4	02:57-5	03:07-6	02:47-1	03:00-6	03:29-2	04:39-3	17:22-7	04:08-4	12:13-7	11:37-7	01:15-3	05:49-6	05:32-6	04:50-5	02:32-4	00:50-4	
Time behind	+03:42@	-00:20	-00:15	+00:13	+00:12	-00:30	+00:38&	-02:44	-00:02	+09:44@	+00:15	+07:33@	+06:22@	-00:01	+01:32&	+01:32&	+00:53#	+00:33&	-00:04	
DNF	Gnr Logan Murphy, 1 RHA																			
Control 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19		
Total time	03:44-0	07:12-0	09:33-0	13:07-0	17:17-0	22:01-0	24:48-0	28:14-0	33:39-0	72:21-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	103:37-0	
Split time	03:44	03:28-0	02:21-0	03:34-0	04:10-0	04:44-0	02:47-0	03:26-0	05:25-0	38:42-0	-	-	-	-	-	-	-	-	-	
Time behind	+01:23&	+00:27#	+00:18#	+00:50&	+01:15&	+01:27&	+00:25#	-02:47	+00:44#	+31:04@	-	-	-	-	-	-	-	-	-	