

#StopTheSpread

The Aladdin Meal Plan

This meal plan is designed to help during the present health crisis.
The timeframe of availability is subject to change. This plan starts April 6, 2020.

SPREAD
Kindness
INSTEAD



561-667-3216 3896 Northlake Blvd
 561-622-1660 Palm Beach Gardens FL 33410

LUNCH MENU – TAKE OUT OR CURBSIDE PICKUP						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Choose one meal each day for 5 days, for only \$40 + tax This cannot be combined with any other coupons!						
Value meal (Lamb or Chicken) with fries or salad.	Buffalo Wings with fries.	Healthy Trio (1 spinach pie, moujadara, and Middle Eastern salad.	Moussaka with Greek Salad.	Kafta Kabob over Salad.	Shawarma (Lamb or Chicken with rice and Tabbouleh.	Chef Special (Lamb or Chicken) served over rice and beans.
Falafel combo with fries or salad.	Phyllo Gyro (Lamb or Chicken) with Greek Salad.	Shawarma Sandwich (Lamb or Chicken) with fries.	Value Meal (Lamb or Chicken) with salad or fries.	Gyro Platter Lamb or Chicken) with fries and salad.	Value Meal (Lamb or Chicken) with salad or fries.	Stuffed Cabbage with salad.
Kafta Kabob served over rice and beans.	Chef Special (Lamb or Chicken) served over rice and beans.	Gluten- Free Plater (2 falafel or grape leaves, quinoa tabbouleh, and humus.	Chicken on a Bun with fries.	Pasticcio or Moussaka with salad.	Trio Kibbe (1 kibbe, humus, and tabbouleh).	Shawarma Sandwich (Lamb or Chicken) with salad or fries.

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DINNER MENU – TAKE OUT OR CURBSIDE PICKUP

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Choose one meal each day for 5 days, for only \$80+tax This cannot be combined with any other coupons!						
Gyro platter (Lamb or chicken) with Fries & salad	Mediterranean Chicken Over Rice and Lentils with Salad	Moussaka or Pasticcio Served with Greek Salad	Lebanese Gyro Platter (Lamb or Chicken) Served with Humus and Tabouli	Boss Special (Shawarma Lamb or Chicken) over Humus or Rice and Salad	Shrimp Kabob Served over Greek Salad	Grilled Tylapia Served over Greek Salad
Pepper Steak (Sautéed w/onions and peppers) Served Over Rice & Beans with Salad	Falafel Platter (5) Served with Humus and Tabouli	Kafta Platter (Ground sirloin) Served with Rice and Salad	Grilled Tylapia Over Greek Salad	Chicken or Beef Kabob Served over Greek salad	Lamb Kabob Served over Greek Salad	Kibbe Platter (2) Served With Humus And Tabouli
Grilled Fresh Salmon Over Greek Salad	Healthy Trio 1 Spinach Pie, Middle Eastern Salad, and Moujadara Lentils	Gyro Combo (Lamb or Chicken) On Pita Served with Fries and Salad	Emily Special (Lamb or Chicken) Served over Humus and Greek Salad	Stuff Cabbage or Zucchini Served with Salad	Gyro Platter (Lamb or Chicken) Served with Rice or Fries and Salad	Gyro Combo (Lamb or Chicken) On Pita Served with Fries and salad

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