

Family and Domestic Violence Support Perth Counselling Contract

I believe that my clients have the desire and the capacity to grow towards fulfilling their true potential, and that they are the experts in their own lives. Therefore, I will not give you advice or offer solutions, but will work with you to help you understand yourself more fully and to find your own inner resources. With greater self-awareness and trust in yourself, I hope that you will be able to make constructive changes, leading to a more satisfying and meaningful life.

Confidentiality

The content of the sessions will be treated as highly confidential. I will need to discuss my work with my supervisor, and I will only use your first name but not any other identifying details of yours. However, there are a few circumstances in which I may be required to break confidentiality:

- If I consider you to be at risk of seriously harming yourself or someone else
- If your counselling records have been requested by a court of law
- If another party or agency has requested your information, and you have agreed and provided your written consent to this.

Sessions

Our initial contract will run for 6 sessions, after which we will review the counselling process and negotiate further sessions as appropriate. Normally, we will meet weekly at a regular time. The duration of the counselling session is 1 hour.

Payments/cancellations

Editor

Editor Score **94%**

Formal writing

Corrections

Spelling

Grammar

Refinements

Acronyms

Clarity

Conciseness **1**

Formality **2**

Inclusiveness

Perspectives **1**

Punctuation Conventions

Sensitive Geopolitical References

Vocabulary