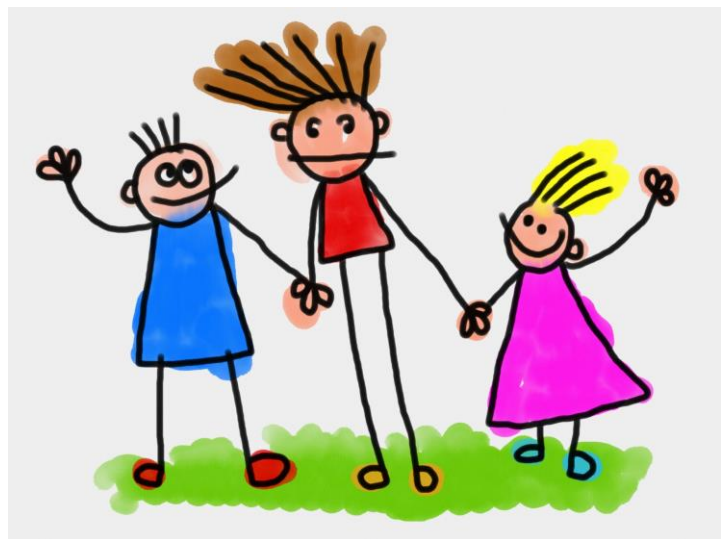
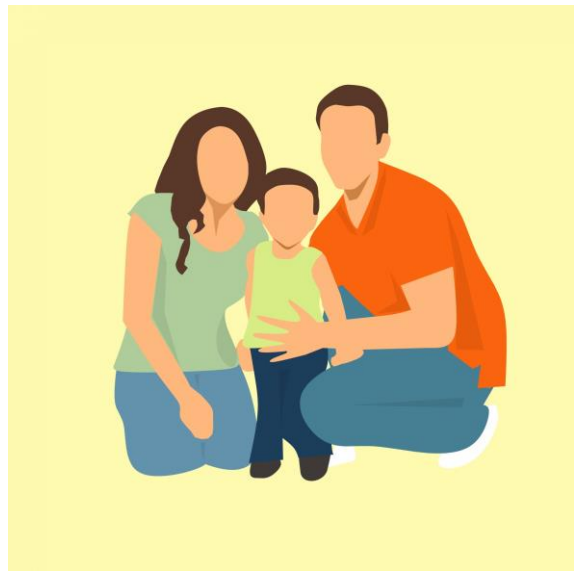


# Family and Domestic Violence



Contacts List and Support

**Be Strong. Be Brave. Be Fearless. You are never alone.**

It is my pleasure to introduce myself as Chloe, a final year human services university student who is a survivor of domestic violence. I originally had difficulty finding services and did not know where to begin or how to improve my situation. To assist with this issue, I developed this document as an all-in-one resource. I hope that this document will assist vulnerable women, men, and children within the community to overcome the effects of family and domestic violence, as well as provide resources for the community and health professionals in one location to improve service delivery. All the best, Chloe Osborn.

# Recognising the Forms of Abuse

## Family and domestic violence may include:

- **Emotional/psychological abuse:** mind games, manipulation, insults, threats, verbal putdowns used to humiliate, degrade or embarrass and make the person feel worthless or no good.
- **Physical violence:** pushing, slapping, punching, choking, kicking, harming or threatening to harm pets or possessions, physical threats, using weapons and any other behaviour that is intended to cause harm.
- **Sexual violence:** forced sexual contact/activity. 'Forced' in this context refers to individuals who are physically coerced to participate or who are not in a position to say no as a result of fear, threats or intimidation.
- **Social isolation:** keeping the victim away from friends, family, work and/or other social opportunities.
- **Financial abuse:** controlling the money and decisions around its use, taking or limiting money, stealing.
- **Technology-facilitated abuse:** use of technology (such as mobile devices) to monitor and stalk, send abusive text messages/emails or make harassing phone calls or share or threaten to share intimate images without consent.
- **Spiritual abuse:** keeping someone away from places of worship or forcing them to participate in spiritual or religious practice that they do not want to be involved with.

# How to Safely Plan to Leave Domestic Violence

**This is for anyone currently questioning if they should leave their abusive partner.**

## **Banking**

- Open a new bank account with a new bank, ensure that statements are online only and to a new email address that isn't linked to your phone.
- Pick up the card from the bank and hide it well. Amongst the abusers things is usually safe, as they won't go looking there. Otherwise under the sole insert in a shoe, unused board game, at work, there are many places. But if you live with an abuser, I am sure you have a good hiding spot already.
- Do not download the banking app to your phone!

Start putting what you can in that account. Any birthday money from friends or family, an unnoticeable amount from your wage (talk to work/centrelink), don't transfer to this account yourself. And any change you find around the house - a 600ml bottle of coke full of 2 dollar coins will save \$1000

- Commonwealth bank will give you 1k to escape dv, but only if you are a customer. If you are not already, set up your account there.
- If you have debit/credit cards, report them stolen so the abuser can't access them once new numbers are provided.
- Finances to rely on are a must to ensure you don't break and run back to fake promises.

## **Phone**

Buy a cheap phone for under \$50 and a spare sim, set that up and hide it, fully charged. You will need this when you turn your main one off to ensure he can't contact or track you.

## **Possessions**

- Start sending important things that won't be noticed missing to loved ones, work or storage. Things like photos, jewellery, ID, passport etc and not all at once, this is over time.
- If you can, start selling things worth value that you don't need and will not be noticed as missing, put that money in your new account.

## **Work**

- If you work, tell your boss what is happening so that they can be understanding for when the time comes, and also so the abuser can't sweet talk information out of your colleagues.
- Some workplaces provide DV leave, or you could take it under compassionate leave. - If you work for a corporation, ask for a transfer.
- If not, have your working hours randomized for a while to ensure you don't have a continuous or steady work schedule.

## **Centrelink**

Let centrelink know of your plans and fill out any necessary paperwork required for your future change of circumstances. If you are moving to single parent payments, get the ball rolling as it can take a few weeks to finalise on their end. And make sure all correspondence is sent to your new secret email address.

## **Family and friends**

You may have lost some by this point, but that doesn't mean that they won't try and help you. Reach out, help is necessary, especially if kids are involved.

## **Housing**

- If you are currently on a lease, talk to the agent privately as they can help you getting off it.
- Start looking for somewhere once you know you are almost ready, the first agent may be able to help with this.
- Find donation groups to help you set up. If you put it out to Facebook, have someone else act for you, otherwise it will be an easy way for the abuser to track you.

- Talk to churches, salvos, anyone that helps in this instance. If you have children, you will be fast tracked.
- Move in with family or friends
- Talk to a refuge if the above options won't work

## **Police**

Let the police know of your plan in case something goes wrong. They can also help you get the remainder of your things at a later date.

Also file for a dvo but don't have it put in place until you are out and safe!

## **Kids**

- If you have kids, you either take them with you at the time, or have someone you trust to do it.
- If they are at school, you need to let the school know in advance so that the abuser can't collect them from there, ever.
- You also need to get them out of that school early and not keep to your normal routine. - Change schools if you need to.
- This advice includes preschool

## **Animals**

If you have pets talk to your local RSPCA or Re homing group as they will find a free foster carer to care for you animals until you are settled.

## **Planning your escape date**

Find a day that the abuser will be away for a few hours. Be nice leading up to the event, plan the weekend, dinner etc. This will keep the abusers paranoia low, they will think they have you right where they want you.

## **Packing**

Don't pack unnecessary belongings, pack the essentials such as identification and birth certificates. Essential clothing and valuables, the rest is replaceable.

## **Leaving**

By now you should have money in your accounts and a new phone. Your kids and pets organised, your irreplaceable belongings should be safe elsewhere, and you should know exactly where you are headed once you close the door on this chapter of your life.

## **Once you are out**

- Change all internet banking passwords - Change all social passwords
- Change all the email addresses linked to your social accounts to the secret one you set up
- Change PayPal passwords etc
- Block on all social media
- Block the abusers number
- Turn that phone off and turn on the spare phone
- Contact anyone you need to from the new phone and keep your number on private
- Change your name on social media along with your profile picture (something generic) - Block anyone who is friends with both of you
- Get a PO Box and get your mail redirected

# Family and Domestic Violence Contacts

## Helplines

- 1800RESPECT National Sexual Assault, Domestic Family Violence Counselling Service: a national telephone and online counselling and referral service. Phone: 1800 737 732.
- Men's Domestic Violence Helpline: provides telephone information and referrals for men who are concerned about their violent and abusive behaviours, and for male victims of family and domestic violence in Western Australia. Phone: 1800 000 599.
- Women's Domestic Violence Helpline: provides support for women, with or without children, who are experiencing family and domestic violence in Western Australia (including referrals to women's refuges). Phone: 1800 007 339.
- Crisis Care: provides Western Australia's after-hours response to reported concerns for a child's safety and wellbeing and information and referrals for people experiencing crisis. Phone: 1800 199 008.
- MensLine Australia: 24/7 support for men and boys dealing with family and relationship difficulties. Support for men who are concerned that their behaviour is hurting the people they care about. Phone: 1300 78 99 78.
- Sexual Assault Resource Centre: provides a range of free services to people affected by sexual violence. Phone: (08) 6458 1828 or free call 1800 199 888.

## WA Police

- In an emergency dial 000
- Police Operations phone: 131 444

## Services for Aboriginal and Torres Strait Islander people

- Aboriginal Family Legal Services: a not-for-profit organisation that assists Aboriginal and Torres Strait Islander people to live free from family violence and sexual assault. Offers free legal services, community education and early intervention and prevention programs. Phone (08) 9355 1502; free call: 1800 469 246.
- Aboriginal Legal Service of Western Australia: provides legal representation and support services for Aboriginal and Torres Strait Islander people in Western Australia. Phone: (08) 9265 6666 (business hours) or (08) 9265 6644 (after hours); free call: 1800 019 900 from anywhere in Western Australia.

- Aboriginal Interpreting WA: Provides interpreters accredited by the National Accreditation Authority for Translators and Interpreters (NAATI) in more than 18 Kimberley and central desert Indigenous languages to clients anywhere in Australia. Phone (08) 9192 3981; free call: 1800 330 331.
- Djinda Service: Provides advocacy and support for Aboriginal and Torres Strait Islander women and children in the Perth metropolitan area who have experienced family violence or sexual assault. Phone: (08) 6164 0650.
- Marnin Family Support and Legal Unit: Delivers culturally appropriate legal representation and non-legal holistic support services for Aboriginal women and children in the Fitzroy Crossing area experiencing family and domestic violence. Phone: (08) 9191 5284.
- Albany Family Violence Prevention and Legal Service: Legal service in the Albany area for Aboriginal adults and children experiencing domestic and family violence. Phone: (08) 9842 7751; free call: 1800 557 187.
- Yorgum Healing Services: Culturally secure healing, counselling, therapy and support to help Aboriginal children, young people and adults recover from the harmful impacts of child sexual abuse and/or family and domestic violence. Phone: (08) 9218 9477; free call: 1800 469 371.

### **Services for children and young people**

- Kids Helpline is a free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25 in Australia. Free call 1800 551 800 (24 hours a day, 7 days a week). Visit the Kids Helpline website to access email or web counselling services.
- The Patricia Giles Centre for Non-Violence provides individual counselling, group programs, camps and family day outings for clients, mostly children aged 4 to 18, who have witnessed and/or experienced violence in the family. Phone: (08) 9300 0340.

### **Services for culturally and linguistically diverse people**

- Multicultural Women's Advocacy and Support: promotes the safety of women from migrant, refugee, or culturally and linguistically diverse backgrounds. Outreach services are in Rockingham/Fremantle, Gosnells, Mirrabooka and Northbridge. Phone: (08) 9328 1200.
- Multicultural Services Centre of WA: provides a range of programs and services to migrants and refugees. Phone: (08) 9328 2699.
- Centrelink – Multicultural and Multilingual Services: speak with a skilled bilingual service officer about Centrelink payments and services. Phone: 131 202 (Monday to Friday, 8am to 5pm).
- Ethnic Disability Advocacy Centre: aims to safeguard the rights of ethnic people with disabilities and their families. Phone: (08) 9388 7455; free call 1800 659 921.
- Family Safety Pack: this resource has been developed by the Australian Government Department of Social Services with information on Australia's laws regarding domestic and family violence, sexual assault and forced marriage. It aims to reduce violence against women from CALD backgrounds, by ensuring they understand



their rights and where to get support if needed. The pack includes factsheets on a range of topics, translated into over 40 languages.

### **Services for people of diverse sex, sexuality and gender**

- Living Proud LGBTI Community Services of WA aims to promote the wellbeing of lesbian, gay, bisexual, transgender, intersex, queer and other sexuality, sex and gender diverse people in Western Australia. Phone: (08) 9486 9855; QLife Counselling Line free call: 1800 184 527; Qlife webchat.

### **Legal advice and assistance**

- Legal Aid WA: the Domestic Violence Legal Unit provides legal advice and assistance regarding family violence issues including restraining orders and safety issues. Phone: (08) 9261 6804.
- Women's Legal Service WA: community legal centre that provides legal services to women across WA. Phone: (08) 9272 8800; Country free call: 1800 625 122.
- Northern Suburbs Community Legal Centre: provides legal and advocacy services to people (mostly those living in the northern suburbs of Perth). Phone: (08) 9440 1663 (Mirrabooka) or (08) 9301 4413 (Joondalup).
- Fremantle Community Legal Centre: legal and non-legal support services and referrals for those on low incomes in Fremantle and surrounding area. A Family Violence lawyer is available for victims of family violence in the Fremantle area. Phone: (08) 9432 9790.
- Gosnells Community Legal Centre: legal services for those on low income (mostly those living in Gosnells and surrounding area). Phone: (08) 9398 1455.
- SCALES Community Legal Centre: provides free legal advice, information and representation to low income people living in the Kwinana and Rockingham areas. Phone (08) 9550 0400.
- Circle Green Community Legal: community legal centre that provides state-wide specialist legal services in employment, residential tenancy law, family and domestic violence, and migration services. Phone (08) 6148 3636.
- Midlas Community Legal Centre: provides legal and non-legal support services to Perth's North Eastern suburbs (mostly those living in the City of Swan catchment area). Phone: (08) 9250 2123.

### **Financial abuse**

- Your Toolkit helps women and their children facing financial or other domestic abuse become empowered through increased skills and knowledge, supporting them on their journey to an independent, confident and safe life.
- Family and domestic violence and the workplace
- Gendered Violence Research Network, UNSW: provides information on addressing gendered violence in the workplace.
- Safe Work Australia: information on work-related violence.
- Public Sector Family and Domestic violence leave: information on workplace support for public sector employees experiencing family and domestic violence.

## **Family and domestic violence and technology**

- Technology can be an important way to connect with family, friends and community. Unfortunately, technology can also be used by perpetrators seeking to stalk and abuse, or restrict communication.
- Before installing any personal safety app, consider whether an abusive person monitors your device, has had physical access to your device in the past, or may have access to it in the future. It may not be safe to download a personal safety app in these circumstances.
- Before engaging with a personal safety app, survivors are encouraged to discuss the pros and cons with their support service and include it in their safety planning.

## **More information about technology-based abuse is available from:**

- eSafety Commissioner: about technology-facilitated abuse.
- Domestic Violence Resource Centre Victoria: about technology safety.
- 1800RESPECT: national sexual assault and family and domestic violence counselling service.
- Australian Cyber Security Centre: information on reporting cybercrime.

## **Personal safety apps**

- Daisy: Daisy is 1800RESPECT's app to connect people experiencing violence or abuse to services in their local area.
- Sunny: Sunny is 1800RESPECT's app for women with disability who have experienced violence and abuse. Sunny has been co-designed with women with disability.

## **Cover your tracks online**

For information about how to browse incognito and/or erase your history, see the eSafety Commissioner website.

## **Peak bodies in WA**

(Please note these organisations do not provide direct services.)

- The Centre for Women's Safety and Wellbeing is the peak body for domestic and family violence services, sexual assault services and community-based women's health services. Phone: (08) 9420 7264.
- Stopping Family Violence: Western Australia's peak body supporting all sectors and services involved in responding to perpetrators of Family and Domestic Violence. Phone: (08) 9430 8065.

# Refuges and Supported Accommodation

## Zonta House Transitional Supported Accommodation

Refuges

**Region: Metropolitan Perth**

**Organisation: Zonta House Refuge Association**

**Phone: 1800 870 149**

**Address: Undisclosed address**

**Opening Times: Monday – Friday 9:00am – 5:00pm**

**Referrals / Suitability: Please contact the Transitional Team Leader for more information.**

## Kalgoorlie Accommodation Support Service

Refuges

**Region: Goldfields-Esperance**

**Organisation: Anglicare WA**

**Phone: (08) 9068 1845**

**Referrals / Suitability: Please contact the service directly to learn more about suitability and referrals to this program.**

## **Zonta House Refuge Accommodation**

Refuges

**Region: Metropolitan Perth**

**Organisation: Zonta House Refuge Association**

**Phone: (08) 6556 2430**

**Email: [info@zontahouse.org.au](mailto:info@zontahouse.org.au)**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Single women over the age of 18 experiencing family and domestic violence. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

## **Wooree Miya Refuge**

Refuges

**Region: Perth Metropolitan South East, Metropolitan Perth**

**Organisation: Wungening Aboriginal Corporation**

**Phone: (08) 9221 1411**

**Email: [info@wungening.com.au](mailto:info@wungening.com.au)**

**Address: Undisclosed address**

**Opening Times: 24/7 crisis**

**Referrals / Suitability: Referral to a refuge is generally made via telephone crisis referral agencies like: Crisis Care (08) 9223 1111, Women's DV Helpline (08) 9223 1188, Police 131 444 or 000**

## Warrawee

Refuges

**Region:** Perth Metropolitan South West including Peel, Metropolitan Perth

**Organisation:** The Lucy Saw Centre Association

**Phone:** (08) 9527 6872

**Email:** [annemoore@thelucysawcentre.com.au](mailto:annemoore@thelucysawcentre.com.au)

**Address:** Undisclosed address

**Opening Times:** 24/7

**Referrals / Suitability:** Single women or women with children experiencing family and domestic violence. Please contact the service directly or the Women's DV Helpline: 1800 007 339, or Crisis care: 1800 199 008

## Warlang Bidi

Refuges

**Region:** Perth Metropolitan South West including Peel, Metropolitan Perth

**Organisation:** Ovis Community Services

**Phone:** (08 ) 9520 8672

**Email:** [wbrefuge@ovis.org.au](mailto:wbrefuge@ovis.org.au)

**Address:** Undisclosed address

**Opening Times:** 24/7

**Referrals / Suitability:** Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Tuart House women's services

Refuges

**Region: Great Southern**

**Organisation: Communicare**

**Phone: (08) 9752 2785 or 0458 260 052**

**Email: [tuarhouse@communicare.org.au](mailto:tuarhouse@communicare.org.au)**

**Address: N/A**

**Opening Times: N/A**

**Referrals / Suitability: Our program supports up to six women, with or without accompanying children, at any time. Please contact the service directly for more information.**

### The Lucy Saw Centre

Refuges

**Region: Perth Metropolitan South West including Peel, Metropolitan Perth**

**Organisation: The Lucy Saw Centre Association**

**Phone: (08) 9527 6872**

**Email: [annemoore@thelucysawcentre.com.au](mailto:annemoore@thelucysawcentre.com.au)**

**Address: Undisclosed address.**

**Opening Times: 24/7**

**Referrals / Suitability: Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008**

### Stirling Womens Refuge

Refuges

**Region: Perth Metropolitan North West, Metropolitan Perth**

**Phone: (08) 9205 7375**

**Email: [womensr@stirling.wa.gov.au](mailto:womensr@stirling.wa.gov.au)**

**Address: Undisclosed address.**

**Opening Times: Monday – Friday 7.30am – 9.00am**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women’s DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

### **Starick House**

Refuges

**Region: Perth Metropolitan South East, Metropolitan Perth**

**Organisation: Starick Services**

**Phone: (08) 9398 5080**

**Email: [info@starick.org.au](mailto:info@starick.org.au)**

**Address: Undisclosed address**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women’s DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

### **South West Refuge**

Refuges

**Region: South West**

**Phone: (08) 9791 2894**

**Email: [swr@swrefuge.com.au](mailto:swr@swrefuge.com.au)**

**Address: Undisclosed address**

**Referrals / Suitability: Women experiencing family and domestic violence, with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339, or Crisis care: 1800 199 008.**

**Rebecca West House**

Refuges

**Region: Perth Metropolitan North West, Metropolitan Perth**

**Organisation: Patricia Giles Centre for Non Violence**

**Phone: (08) 9300 0340**

**Email: [pgcnvadmin@pgcnv.org.au](mailto:pgcnvadmin@pgcnv.org.au)**

**Address: Undisclosed address.**

**Orana House**

Refuges

**Region: Perth Metropolitan North West, Metropolitan Perth**

**Organisation: Orana House**

**Phone: (08) 9370 4544**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**



**Nyarlu Duwa Women's Refuge (Meekatharra FDV service)**

Refuges

**Region: Mid West and Gascoyne**

**Organisation: Mission Australia**

**Phone: 0458 881 488**

**Address: Undisclosed address**

**Opening Times: Nyarlu Duwa is open M – F, 8 am – 4 pm, and provides an on-call response service from 4 pm to 8 am, 7 days a week.**

**Referrals / Suitability: Our service, funded by the Department of Communities, is a 24 hour crisis unit that provides crisis response for up to 72 hours; each case is assessed if more time is needed.**

**Nunyara Refuge**

Refuges

**Region: Perth Metropolitan North West, Metropolitan Perth**

**Organisation: Salvation Army**

**Phone: (08) 9328 7284**

**Email: [Centre.Graceville@aus.salvationarmy.org](mailto:Centre.Graceville@aus.salvationarmy.org)**

**Address: Undisclosed address.**

**Opening Times: 24/7**

**Referrals / Suitability: Single women who are experiencing family and domestic violence.**

**Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

### **Ngnowar Aerwah Safe House**

Refuges

**Region: Kimberley**

**Phone: (08) 9161 1496**

**Email: [safehouse@ngnowar.org.au](mailto:safehouse@ngnowar.org.au)**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Please call Police first in order to access this service. The safe house does not accommodate boys over 10 years of age due to cultural reasons.**

### **Ngaringga Nguraa Safe House**

Refuges

**Region: Kimberley**

**Phone: (08) 9168 6653**

**Email: [manager.safehouse@gmail.com](mailto:manager.safehouse@gmail.com)**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence, with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339, or Crisis care: 1800 199 008.**

### **Newman Women's Shelter**

Refuges

**Region: Pilbara**

**Phone: 0498 009 579**

Email: [manager@newmanws.org.au](mailto:manager@newmanws.org.au)

Address: Undisclosed address

Opening Times: 24/7 crisis response through Police

Referrals / Suitability: Female children of all ages. Males up to 12 accepted, however can negotiate with staff regarding 13-14 year olds according to family situation. Crisis Accommodation is provided for only 1-3 nights ...longer term stays to be negotiated with staff. 24-hour crisis response referrals accepted from the following agencies ONLY: • Police • Hospital • Department for Communities: CCU/CPFS. The service will not admit women that are intoxicated, alternative accommodation (hotel/other family members) will be sourced but after hours outreach support is provided regardless of day or time.

### Nardine Wimmin's Refuge

Refuges

Region: Perth Metropolitan South East, Metropolitan Perth

Phone: (08) 9470 3628

Email: [admin@nardine.org.au](mailto:admin@nardine.org.au)

Address: Undisclosed address

Opening Times: Mon-Fri 8am to 7pm and weekends 10am to 4pm

Referrals / Suitability: Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Moorditj Yarning

Counselling and Advocacy, Outreach Programs

Region: Perth Metropolitan South East, Metropolitan Perth, Perth Metropolitan North West

Organisation: Relationships Australia

**Phone: 1300 364 277**

**Address: N/A**

**Opening Times: Please contact the Program directly for more information.**

**Referrals / Suitability: Yarning about things worrying you is often healing, so please give the service a call on 1300 364 277 to find out more about referrals and suitability.**

### **Family and Domestic Violence Outreach**

**Outreach Programs**

**Region: Metropolitan Perth**

**Organisation: Zonta House Refuge Association**

**Phone: 1800 870 149**

**Email: [info@zontahouse.org.au](mailto:info@zontahouse.org.au)**

**Address: Undisclosed address**

**Referrals / Suitability: Please contact the service directly to learn more about referrals and suitability.**

### **Mobile Outreach Initiative**

**Outreach Programs**

**Region: Perth Metropolitan North East, Metropolitan Perth**

**Organisation: Patricia Giles Centre for Non Violence**

**Phone: (08) 9300 0340**

**Email: [pgcnvadmin@pgcnv.org.au](mailto:pgcnvadmin@pgcnv.org.au)**

**Address: Undisclosed address**

**Referrals / Suitability:** Please contact the service directly for more information on referrals and suitability.

**Mobile Outreach Initiative**

Outreach Programs

**Region:** Perth Metropolitan South West including Peel, Metropolitan Perth

**Organisation:** The Lucy Saw Centre Association

**Phone:** (08) 9527 6872

**Email:** [annemoore@thelucysawcentre.com.au](mailto:annemoore@thelucysawcentre.com.au)

**Address:** Undisclosed address

**Mary Smith Women's Refuge**

Refuges

**Region:** Perth Metropolitan South East, Metropolitan Perth

**Organisation:** Starick Services

**Phone:** (08) 9458 1107

**Email:** [info@starick.org.au](mailto:info@starick.org.au)

**Address:** Undisclosed address

**Opening Times:** 24/7

**Referrals / Suitability:** Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

**Marnja Jarndu Women's Refuge**

Refuges

**Region:** Kimberley

Phone: (08) 9193 6146

Email: [support@marnja.com.au](mailto:support@marnja.com.au)

Address: Undisclosed address

Opening Times: 24/7

Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Marninwarantikura Safe House

Refuges

Region: Kimberley

Phone: (08) 9191 5284

Email: [marninsupport@mwrc.com.au](mailto:marninsupport@mwrc.com.au)

Opening Times: 24/7

Referrals / Suitability: We take children and boys up to the age of 12. Within our community Aboriginal boys go through Lore at 13 and are then recognized as a man. As such we have a Male Exclusion Order from the Attorney Generals Department. We generally accept women and children for an initial period of 3 days and then depending on the level of support they require we can accommodate up to 14 days. We are staffed and open for referrals 27/7 We do not accept pets and are not staffed to provide transport.

### Marnin Bowa Dumbara Healing Centre

Refuges

Region: Kimberley

Phone: 0439 087 395

Email: [mbdsupport@westnet.com.au](mailto:mbdsupport@westnet.com.au)

Address: Undisclosed address

Opening Times: 24/7

Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Manga Tharndu Maya

Refuges

Region: Pilbara

Organisation: Mawarnkarra Health Service

Phone: (08) 9182 1800

Email: [safehouse@mhs.org.au](mailto:safehouse@mhs.org.au)

Address: Undisclosed address.

Opening Times: 24/7

Referrals / Suitability: Available to Women and children who are experiencing homelessness due to family and domestic violence Referrals can come from an agency or you can self-refer to the service Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Magnolia Women's Centre

Refuges

Region: Wheatbelt

Organisation: Share and Care

Phone: 1800 353 122

Email: [admin@shareandcare.com.au](mailto:admin@shareandcare.com.au)

Address: Undisclosed address

Opening Times: 24/7

Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Laverton Safe House

Refuges

Region: Goldfields-Esperance

Organisation: One Tree Community Services

Phone: (08) 9031 1899

Email: [lavertoncis@onetree.org.au](mailto:lavertoncis@onetree.org.au)

Address: Undisclosed address

Opening Times: 24/7

Referrals / Suitability: Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Kununurra Crisis Accommodation

Refuges

Region: Kimberley

Phone: (08) 9169 1049

Email: [gawooleng@westnet.com.au](mailto:gawooleng@westnet.com.au)

Address: Undisclosed address



**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

**Koolkunna Women's Refuge**

Refuges

**Region: Perth Metropolitan North East, Metropolitan Perth**

**Organisation: Koolkunna Supported Housing and Outreach**

**Phone: (08 ) 9255 2202**

**Email: [admin@koolkuna.org.au](mailto:admin@koolkuna.org.au)**

**Address: Undisclosed address**

**Opening Times: Monday to Friday: 8.00am – 8.30pm Saturday and Sunday: 10.00am – 4.30pm**

**Referrals / Suitability: Women experiencing family and domestic violence with children.**

**Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

**Kira House**

Refuges

**Region: Perth Metropolitan North East, Metropolitan Perth**

**Organisation: Rise- Your Community Support Network**

**Phone: 0408 895 613**

**Email: [KiraHouse@risenetwork.com](mailto:KiraHouse@risenetwork.com)**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability:** We are a Crisis Accommodation facility able to support young women between the ages of 14 and 21 – with or without children, escaping family and domestic violence.

### **Karratha Women's Refuge**

Refuges

**Region:** Mid West and Gascoyne

**Organisation:** Salvation Army

**Phone:** (08) 9185 2807

**Address:** Undisclosed address

**Opening Times:** This refuge is converting to a 24/7 staffed site. Providing 24 hr crisis service and takes referrals.

**Referrals / Suitability:** Children are able to attend up to the age of 17 of any gender unless there are conflicts of interests/concerns which will be discussed with management and client. Most women stay 3 months but we will not evict residents to homelessness.

### **Kambarang Place Aboriginal Women's Refuge**

Refuges

**Region:** Perth Metropolitan North West

**Organisation:** Ruah Community Services

**Phone:** 13 78 24

**Email:** [KambarangPlace@ruah.com.au](mailto:KambarangPlace@ruah.com.au)

**Address:** Undisclosed address

**Opening Times:** Monday – Friday 8.00am – 5pm

**Referrals / Suitability:** To be eligible to attend Kambaring Place you must be over the age of 18 years, with no accompanying children.

**Kalumburu Strong Women's Centre**

Refuges

**Region:** Kimberley

**Organisation:** Community Focus National Limited

**Phone:** (08) 9161 4687

**Email:** [womenscentre@communityfocus.net.au](mailto:womenscentre@communityfocus.net.au)

**Address:** Undisclosed address.

**Opening Times:** Monday – Friday: 8am – 4pm

**Referrals / Suitability:** Women with children experiencing family and domestic violence or single women. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

**Hedland Women's Shelter**

Refuges

**Region:** Pilbara

**Phone:** (08) 9173 1948

**Email:** [admin@hedlandwomensrefuge.com.au](mailto:admin@hedlandwomensrefuge.com.au)

**Address:** Undisclosed address

**Opening Times:** 24/7

**Referrals / Suitability:** Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

## **Harmony Place**

Refuges

**Region: Perth Metropolitan North West, Metropolitan Perth**

**Organisation: Ruah Community Services**

**Phone: 13 78 24**

**Email: [connecting@ruah.org.au](mailto:connecting@ruah.org.au)**

**Address: Undisclosed address**

**Opening Times: Monday – Friday 8.00am 5.00pm**

**Referrals / Suitability: We are funded for 12 weeks of crisis accommodation, however our women can stay longer should accessing housing be a barrier We are only open for referrals Monday – Friday 8am – 5pm To be eligible for services at Harmony Place, you must be over 18 years of age and have accompanying children. Please call Crisis Care on 9223 1111 to begin the referral process, this is a 24/7 number.**

## **Gascoyne Women's Refuge**

Refuges

**Region: Mid West and Gascoyne**

**Phone: (08) 9941 3358**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008. Can also be referred through the Police.**

### **Finlayson house**

Refuges

**Region: Goldfields-Esperance**

**Organisation: Goldfield's Women's Refuge Association Inc**

**Phone: (08) 9021 2836**

**Email: [sw@gwrefuge.com.au](mailto:sw@gwrefuge.com.au)**

**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**

### **Family and Domestic Violence Outreach Service**

Outreach Programs

**Region: South West**

**Organisation: South West Refuge**

**Phone: 0488 095 065**

**Email: [dvoutreach@swrefuge.com.au](mailto:dvoutreach@swrefuge.com.au)**

**Address: Undisclosed address**

**Referrals / Suitability: Please contact the service directly to learn more about referrals and suitability to the program.**

### **Esperance Crisis Centre**

Refuges

**Region: Goldfields-Esperance**

Phone: (08) 9071 4395

Email: [ecass@wn.com.au](mailto:ecass@wn.com.au)

Address: Undisclosed address

Opening Times: Monday – Friday 8.30am – 4.30pm

Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### **Byanda Refuge**

Refuges

Region: Perth Metropolitan North West, Metropolitan Perth

Organisation: Salvation Army

Phone: (08) 9328 7284

Email: [Centre.Graceville@aus.salvationarmy.org](mailto:Centre.Graceville@aus.salvationarmy.org)

Address: Undisclosed address

Opening Times: 24/7 staffed site. Referrals accepted.

Referrals / Suitability: Children are able to attend up to the age of 17 of any gender unless there are conflicts of interests/concerns which will be discussed with management and client. Women can stay up to 3 months and will not be evicted into homelessness. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### **Cluster Refuge**

Refuges

Region: Perth Metropolitan North West, Metropolitan Perth

Organisation: Patricia Giles Centre for Non Violence

Phone: (08) 9300 0340

Email: [pgcnvadmin@pgcnv.org.au](mailto:pgcnvadmin@pgcnv.org.au)

### Djarindin Safe House

Refuges

Region: Kimberley

Organisation: Djarindin Aboriginal Corpotaion

Phone: (08) 9192 4940

Email: [hr@djardindjin.org.au](mailto:hr@djardindjin.org.au)

Address: Undisclosed address

Opening Times: 24/7

Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

### Chrysalis House

Refuges

Region: Mid West and Gascoyne

Organisation: Desert Blue Connect

Phone: (08) 9964 2173

Email: [info@desertblueconnect.org.au](mailto:info@desertblueconnect.org.au)

Address: Undisclosed adress

Opening Times: 24/7 Crisis Response

**Referrals / Suitability:** Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008

**Andrea Mia**

Refuges

**Region:** Perth Metropolitan South West including Peel, Metropolitan Perth

**Organisation:** The Lucy Saw Centre Association

**Phone:** (08) 9527 6872

**Email:** [annemoore@thelucysawcentre.com.au](mailto:annemoore@thelucysawcentre.com.au)

**Address:** Undisclosed address.

**Opening Times:** 24/7.

**Referrals / Suitability:** Women and their children experiencing family and domestic violence or single women. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.

**Albany Womens Centre**

Refuges

**Region:** Great Southern

**Organisation:** Anglicare WA

**Phone:** 08 9845 6000

**Email:** [awc@anglicarewa.org.au](mailto:awc@anglicarewa.org.au)

**Opening Times:** On-call support, twenty-four hours, seven days a week.

**Referrals / Suitability:** The Centre is located in Albany and services a 50km radius from the city, covering the towns of Mt Barker and Denmark. Boys up to age 15 girls up to 18.



**Pat Thomas Refuge**

Refuges

**Region: Perth Metropolitan South West including Peel, Metropolitan Perth**

**Organisation: Ovis Community Services**

**Phone: (08) 9535 4775**

**Email: [refuge@ovis.org.au](mailto:refuge@ovis.org.au)**

**Address: Undisclosed address**

**Opening Times: 24/7**

**Referrals / Suitability: Women experiencing family and domestic violence with or without children. Please contact the service directly or the Women's DV Helpline: 1800 007 339 or Crisis care: 1800 199 008.**