



# Destin Pool Activity Schedule

Aug 10, 2021-Nov 1, 2021

4345 Commons Drive W, Destin, FL 325  
Pool Telephone Number: 850-837-SWIM (7946)

**\*SOCIAL DISTANCING PRACTICES AND LIMITED LOCKER ROOM USAGE WILL REMAIN IN EFFECT\***

*(subject to change)*

Note: Masters, Destin HS and Coast Aquatics are restricted to registered members of those teams. For more info, visit [www.coastaquatics.org](http://www.coastaquatics.org) or find Okaloosa Liquid Dragons (OLDs) on Facebook

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday													
	Comp Pool	Family Pool	Comp Pool	Family Pool	Comp Pool	Family Pool	Comp Pool	Family Pool	Comp Pool	Family Pool	Comp Pool	Family Pool	Comp Pool	Family Pool												
6:00-6:30	Coast Masters Team Practice 6:00-7:30am	Handicap Swim Therapy 6:00-8:00am	Lap Swim 6:00am 5 Lanes	Destin HS 6-7:30am 3 lanes	Handicap Swim Therapy 6:00-8:00am	Coast Masters Team Practice 6:00-7:30am	Handicap Swim Therapy 6:00-8:00am	Lap Swim 6:00am 5 Lanes	Destin HS 6-7:30am 3 lanes	Handicap Swim Therapy 6:00-8:00am	Coast Masters Team Practice 6:00-7:30am	Handicap Swim Therapy 6:00-8:00am														
6:30-7:00																										
7:00-7:30																										
7:30-8:00	Lap Swim 7:30am-4:30 pm	Aquacize 9:00-10:00am	Lap Swim 6:00am-4:00pm	Aquacize 9:00-10:00am	Lap Swim 7:30am-4:30 pm	Aquacize 9:00-10:00am	Lap Swim 6:00am-4:00pm	Aquacize 9:00-10:00am	Lap Swim 7:30am-3:30 pm	Aquacize 9:00-10:00am	Lap Swim 7:30am-3:30 pm	Aquacize 9:00-10:00am	Coast Aquatics Practice 7:00-10:30am													
8:00-8:30																										
8:30-9:00																										
9:00-9:30	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Deep Water Exercise 10-11	Lessons 10:00-11:30am	Swim Lessons 9:00 am													
9:30-10:00																										
10:00-10:30																										
10:30-11:00	Lap Swim 7:30am-4:00 pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-4:00 pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 9:30am-4 pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-3:30 pm	Family Swim 11:30am - 5:30pm	Lap Swim 10:30am-1:00pm	Swim Lessons 10:00 am												
11:00-11:30																										
11:30-12:00																										
12:00-12:30	Lap Swim 7:30am-4:00 pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-4:00 pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 9:30am-4 pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-3:30 pm	Family Swim 11:30am - 5:30pm	Lap Swim 10:30am-1:00pm	Aquacize 11:00am-12:00pm												
12:30-1:00																										
1:00-1:30																										
1:30-2:00	Destin HS 3-4:30pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Destin HS 3-4:30pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 9:30am-4 pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-3:30 pm	Family Swim 11:30am - 5:30pm	Lap Swim 10:30am-1:00pm	Pools Available to Rent for Meets, Parties & Special Events 1:00-4:00 pm												
2:00-2:30																										
2:30-3:00																										
3:00-3:30	Destin HS 3-4:30pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Destin HS 3-4:30pm	Family Swim 11:30am - 5:30pm	Lap Swim 6:00am-4:00pm	Family Swim 11:30am - 5:30pm	Lap Swim 9:30am-4 pm	Family Swim 11:30am - 5:30pm	Lap Swim 7:30am-3:30 pm	Family Swim 11:30am - 5:30pm	Lap Swim 10:30am-1:00pm	Pools Available to Rent for Meets, Parties & Special Events 1:00-4:00 pm												
3:30-4:00																										
4:00-4:30																										
4:30-5:00	Coast Aquatics Practice 4:30-6:00pm	Family Swim 11:30am - 5:30pm	Coast Aquatics Practice 4:00-5:30pm	Swim Lessons 5:30-6:10pm	Coast Aquatics Practice 4:30-6:00pm	Swim Lessons 5:30-6:10pm	Coast Aquatics Practice 4:00-5:30pm	Swim Lessons 5:30-6:10pm	Coast Aquatics Practice 3:30-5:30pm	Lap Swim 5:30-7:00pm	Coast Aquatics Practice 3:30-5:30pm	Lap Swim 5:30-7:00pm	Lap Swim 10:30am-1:00pm	Pools Available to Rent for Parties & Special Events 4:00-6:00 pm												
4:30-5:00																										
5:00-5:30																										
5:30-6:00	Lap Swim 6:00-7:00 pm	Lap Swim 5:30-7:00pm	Lap Swim 5:30-7:00pm	Swim Lessons 5:30-6:10pm	Lap Swim 6:00-7:00 pm	Swim Lessons 5:30-6:10pm	Lap Swim 5:30-7:00pm	Swim Lessons 5:30-6:10pm	Lap Swim 5:30-7:00pm	Swim Lessons 5:30-6:10pm	Lap Swim 5:30-7:00pm	Swim Lessons 5:30-6:10pm	Lap Swim 5:30-7:00pm	Pools Available to Rent for Parties & Special Events 4:00-6:00 pm												
6:00-6:30																										
6:30-7:00																										

This schedule is subject to change due to weather conditions, mechanical issues, or any problem that affects the safety of our patrons. Additionally, infrequent special events, such as swim meets, may cause temporary closure of the facility. Every attempt will be made to minimize the inconvenience to our patrons and notify them in advance of schedule changes whenever possible.

The Aquatic Center in Destin is a community pool open to all members of the public, managed by the Emerald Coast Fitness Foundation, Inc. a 501(c)3 non-profit corporation, located at 4345 Commons Dr. W, Destin, FL Telephone 850-837-SWIM(7946) email: [destinaquatic@gmail.com](mailto:destinaquatic@gmail.com) Patron registration and waiver required. Cash, Check, Credit/Debit Card and Paypal accepted.