



# THE ROC POOL SCHEDULE

OCTOBER 1 -31, 2024

1105 Pearl St. S Crestview, FL 32536

Click link on QR code to create account and register with our online system



	Mon	Tue	Wed	Thur	Fri	Sat	Sun		
6:00-6:30 AM									
6:30-7:00 AM	LAP SWIM 6:30-8:30am	LAP SWIM 6:30-8:30am	CLOSED	LAP SWIM 6:30-8:30am	LAP SWIM 6:30-8:30am	CLOSED	CLOSED		
7:00-7:30 AM									
7:30-8:00 AM									
8:00-8:30 AM									
8:30-9:00 AM	CLOSED	CLOSED		CLOSED	CLOSED			CLOSED	CLOSED
9:00-9:30 AM									
9:30-10:00 AM									
10:00-10:30 AM									
10:30-11:00 AM									
11:00-11:30 AM									
11:30-12:00 AM	LAP SWIM 1:00-2:00PM	LAP SWIM 1:00-2:00PM		LAP SWIM 1:00-2:00PM	LAP SWIM 1:00-2:00PM			CLOSED	CLOSED
12:00-12:30 PM									
12:30-1:00 PM									
1:00-1:30 PM									
1:30-2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
2:00-2:30 PM	Crestview HS Practice 2:30-4pm	Crestview HS Practice 2:30-4pm	Crestview HS Practice 2:30-5pm	Crestview HS Practice 2:30-4pm	Crestview HS Practice 2:30-4pm	CLOSED	CLOSED		
2:30-3:00 PM	RBCS 4:15-5:45pm	RBCS 4:15-5:45pm		RBCS 4:15-5:45pm	RBCS 4:15-5:45pm				
3:00-3:30 PM	TIGERSHARKS 5:15-7:15pm	TIGERSHARKS 5:15-7:15pm		TIGERSHARKS 5:15-7:15pm					
3:30-4:00 PM	CHS 6:45-7:45pm	CHS 6:45-7:45pm		CHS 6:45-7:45pm					
4:00-4:30 PM									
4:30-5:00 PM									
5:00-5:30 PM									
5:30-6:00 PM									
6:00-6:30 PM									
6:30-7:00 PM									
7:00-7:30 PM									
7:30-8:00 PM									
8:00-8:30 PM				TRI-TIME 8-9PM					
8:30-9:00 PM									

This **schedule is subject to change** due to weather conditions, mechanical issues, or any problem that affects the safety of our patrons. Additionally, infrequent special events, such as Swim Meets, may cause temporary closure of the facility. Every attempt will be made to minimize the inconvenience to our patrons and notify them in advance of schedule changes.

Email : [therocswim@gmail.com](mailto:therocswim@gmail.com)

Website: [www.ecfitnessfoundation.org](http://www.ecfitnessfoundation.org)

850-634-6350

on Facebook: The ROC Pool