



# THE ROC POOL SCHEDULE

JUNE 2 - JULY 31 , 2024  
 1105 Pearl St. S Crestview, FL 32536

Click link on QR code to create account and register with our online system



	Mon	Tue	Wed	Thur	Fri	Sat	Sun		
6:00-6:30 AM	CRUSADERS 6-9	LAP SWIM 6-9	CRUSADERS 6-9	LAP SWIM 6-9	CRUSADERS 6-9	CLOSED			
6:30-7:00 AM									
7:00-7:30 AM									
7:30-8:00 AM						TIGERSHARKS 8-9			
8:00-8:30 AM									
8:30-9:00 AM									
9:00-9:30 AM	SUMMER CAMP 9:15-10	SUMMER CAMP 9:15-10	PARENT & TOT 9:15-10	SUMMER CAMP 9:15-10	SUMMER CAMP 9:15-10	ADULT LESSON 9:15-10	P & T 9:15-10		
9:30-10:00 AM	POOL RENTAL 10-11	CLOSED	POOL RENTAL 10-12	CLOSED	POOL RENTAL 10-11	YOUTH LESSON 10:15-11	P & T 10:15-11		
10:00-10:30 AM		AQUACIZE 10:30-11:30		AQUACIZE 10:30-11:30					
10:30-11:00 AM	FAMILY SWIM 11-1:30	FAMILY SWIM 11:30-1:30	LAP SWIM 12-3	FAMILY SWIM 11:30-1:30	FAMILY SWIM 11-1:30	ADULT & YOUTH LESSON 11:15-12			
11:00-11:30 AM									
11:30-12:00 AM						FAMILY SWIM 12-2	LAP SWIM 2 LANES 12-2		
12:00-12:30 PM									
12:30-1:00 PM									
1:00-1:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
1:30-2:00 PM	LAP SWIM 2-4:30	LAP SWIM 2-4:30	POOL RENTAL 3-5	LAP SWIM 2-4:30	LAP SWIM 2-4:30			POOL RENTAL 2-5	
2:00-2:30 PM									
2:30-3:00 PM									
3:00-3:30 PM									
3:30-4:00 PM									
4:00-4:30 PM									
4:30-5:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
5:00-5:30 PM	TIGERSHARKS 5-7:30	TIGERSHARKS 5-7:30	CLOSED	TIGERSHARKS 5-7:30	POOL RENTAL 5-6				
5:30-6:00 PM									
6:00-6:30 PM					GROUP LESSON 6-6:45				
6:30-7:00 PM									
7:00-7:30 PM									

This **schedule is subject to change** due to weather conditions, mechanical issues, or any problem that affects the safety of our patrons. Additionally, infrequent special events, such as Swim Meets, may cause temporary closure of the facility. Every attempt will be made to minimize the inconvenience to our patrons and notify them in advance of schedule changes.

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Website: [www.ecfitnessfoundation.org](http://www.ecfitnessfoundation.org)

850-634-6350

on Facebook: The ROC Pool