

## MISSION

The **Gold Wellness Circle** is a non-profit 501(c)3 organization devoted to promoting the importance of physical and mental health amongst our communities and in our world today. By providing resources, classes, workshops, and collaborations with existing wellness companies, Gold Wellness Circle is here to help you and your loved ones live a happy and healthy lifestyle.



## CORE PROGRAMMING

- **Wellness Education:** Meditation, zumba, yoga, nutrition, and self-care workshops.
- **Community Support:** Wellness check-ins, peer groups, and safe spaces for healing.
- **Health Advocacy:** Programs for breast cancer survivors Alzheimer's caregivers and Maternal Health
- **Food Security Initiatives:** Connecting families to food resources.
- **Annual Awareness Events:** Campaigns promoting mental and physical wellness.

## COMMUNITY IMPACT

Gold Wellness Circle has guided hundreds of individuals through wellness programs, connected families to food and health resources, and raised awareness about Alzheimer's and Breast cancer & Cancer survivorship. By collaborating with wellness companies and community partners, we strengthen resilience, dignity, and hope for vulnerable populations.

## LEADERSHIP & GOVERNANCE

### Board of Directors

- **Debra Dixon-Anderson**, *President*
- **Richard Anderson**, *Treasurer*
- **Michelle Logan**, *Secretary*

### Advisory Board

- **Eula M. Guest** — *Branding, education, women's issues; featured on MSNBC/WABC; author and workshop host*
- **Tiffany Donaldson** — *Trademark and business attorney supporting entrepreneurs and nonprofits*
- **Lisa Watkins** — *Retired educator, community service leader, and international volunteer*
- **Dawn Johnson-Adams** — *Educator and advocate connecting families to health and education resources*
- **Robin Ross-Anderson** — *Financial services professional, fitness advocate, and community volunteer*

## ORGANIZATIONAL STRENGTHS

- IRS-recognized 501(c)(3) nonprofit
- Established in 2020 with proven track record
- Experienced leadership and diverse advisory board
- Strong collaborations with wellness companies and community partners

## CONTACT INFORMATION

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