

Coaching with *heart* needs structure

Virtually Debbie



You lead with care

Here's what that often looks like:

- You make quiet exceptions
- You adjust your pricing on the fly
- You give more than the offer includes

These choices come from values,
Structure makes them sustainable.

Without structure, everything blurs.

- Time gets stretched
- Energy gets depleted
- Guilt drives your decisions

Your values stay steady but
your systems can't keep up

This may look like:

- **Discounting before you're asked**
- **Offering extras you didn't plan**
- **Saying "yes" when your gut says "not this time"**

These are signs that your structure hasn't caught up with your values.

Structure isn't restriction. It's protection.

- **Scope keeps sessions contained**
- **Policies clarify expectations**
- **Boundaries protect your time and energy**

Structure is what makes your values sustainable

As a clarity coach, I work with you to:

- **Build sustainable boundaries**
- **Design offers that reflect your values**
- **Structure a business that supports your capacity**

**You've done the
work to care deeply.**

**Now build the structure
to match it.**

**Book a 90-minute Clarity
& Strategy Session.**

**Let's make your
business sustainable.**

