



Child centred - Blame free - Future focused

## Family Group Decision Making for Babies

### What is a Family Meeting?

A family meeting is for you, your baby, your family and other people you are close to. The meeting helps you and your family come together to make a plan to support you and your baby.



**I am your Social Worker** - I will make the referral to FGDM. I will work with your Coordinator to help you get your Family Meeting started, then we will leave you and your family to have some private family time to develop your Family Plan. Afterwards I will help you to follow your plan.



**I am your Coordinator.** I will help you to prepare for your meeting. We will talk about:

- What works well?
- What would you like to change?
- Who could support you and your baby?

I will work with your Social Worker and be nearby when you have your Family Meeting if you need us. After your meeting I will type up your Family Plan and give it back to you.

You and your family decide if you want to review your Family Plan in a few weeks to see how it's working or if anything needs changed or added.

**Barnardo's Coordinator's name:**

**Mobile:**

### What other families have said about FGDM

*"The family plan really helped"*

*"Gran was able to support the new baby coming home from hospital and her support helped the baby to stay with mum"*

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