

Equally Safe Falkirk

I want my children to feel safe when I'm around

Do your children seem anxious or scared when you raise your voice?
Do you want them to understand their feelings and help them feel safe?

Contact us.

We can Help.

Domestic abuse impacts on children in many ways. They might not tell you, but there will be many signs they are distressed.

They may be:

Become Withdrawn
Wet the bed
Cry a lot
Say they feel sick to avoid going to school
Struggle to make or keep friends
Behave violently or aggressively towards others
Struggle with schoolwork
Use alcohol or drugs
Be hyper vigilant or anxious
Be clingy with mum or other family members
Be wary of new people

It can be hard to acknowledge that your own behaviour is having a negative effect on your children.

You might think they haven't noticed, or are too young to understand.

Children understand more than you think.

Only you can make the change - Make the choice now.

Contact us for more information and help.