

- [Center for Victims of Torture](#) (CVT.org)
- [Neighborhood House](#) - offers a range of services: two food shelves, family service centers, housing stability, and more.
- [Park Avenue Legal Clinic](#) (Minneapolis)
- [Community Action Center \(Faribault\)](#)
- [Pillsbury United Community Legal Services \(Minneapolis\)](#)
- [Volunteer Lawyers Network Clinics](#)
- [International Institute of Minnesota](#) - delivers critical services and resources to help New Americans transition to their new lives in Minnesota and citizen advancement support

#### **DETAINEE RESOURCES + SUPPORT**

- [Online Detainee Locator System](#): find someone who has been detained by ICE
- [Detainee Resource Guide](#)
- [Midwest Immigration Bond Fund](#)
- [US Citizenship and Immigration Services](#) Case Status (Application Receipt # needed)
- [Parental Delegation of Power Document](#)
- [Immigration Layers List](#) (MN)

#### **PROTEST/ACTIVIST/RAPID RESPONSE SUPPORT**

- [Minnesota Activities Legal Defense](#)
- [Minneapolis Rapid Response Emergency Defense Fund](#)
- [Help equip Twin Cities Legal Observers with PPE](#)
- [MN Uprising Arrestee Support \(MUAS\)](#)
- [Minnesota Freedom Fund \(bail\)](#)

#### **FOOD DELIVERY**

- [Colonial Market](#)—in Minneapolis, North Minneapolis, and Bloomington—are offering home delivery. Call 651-508-0256.
- [Valerie's Carniceria](#)- home delivery is back up and running; 613-823-4400.
- [Bymore Mercado](#) in St. Paul continues to offer free food delivery.
- [Alborada Market](#) is once again offering grocery delivery; schedule at 612-276-9552 ext 1.
- [Community Aid Network](#) offers home delivery; request via the link.
- [Dios Habla Hoy](#) church in south Minneapolis offers food delivery; you can request a [delivery via this link](#). If you need help quickly, you can text via 612-703-2992, 612-432-7786, 952-917-9520, or 952-200-0889.
- [Calvary Food Shelf](#) does home deliveries, if you're not able to pick up food on-location call 612-285-3876.
- [La Viña Church](#) in Burnsville has free groceries, you can [sign up here](#).
- [New Generation Church](#) is also doing food delivery and rent support.

#### **VOLUNTEER PACKAGE/FOOD DELIVERY/DONATIONS**

- [Sanneh Foundation](#)
- [Dios Habla Hoy](#)

- [Calvary Food Shelf](#)
- [La Viña Church](#)
- [Twin Cities Food Justice](#) (*volunteer intake is paused at the moment but check back soon*).
- [Minnesota Immigrant Rights Action Committee](#) has continued its food card fundraiser to help get groceries and necessities to families forced into hiding, parents kept away from work and kids from school. [You can donate here.](#) .
- [VEAP](#)
- [South Mpls Restaurant Workers](#)
- [Immigrant-Owned Restaurants](#)
- [Second Harvest Heartland](#)
- [Every Meal](#)
- [The Food Group](#)
- [Meals on Wheels MN](#)
- [Find a local food shelf](#)
- [Karol Coffee](#)
- [Lynette](#)
- [Pow Wow Grounds](#)
- [Picnic Linden Hills](#)
- [Little Bird Delicatessen](#)
- [Bad Weather Brewing Co.](#)
- [Bang Brewing](#) is collecting new or gently used art supplies for families sheltering at home.
- [Workhorse Coffee Bar](#)
- [Wandering Leaf Brewing Co.](#)
- [Bad Rooster](#)
- [Easy Day Cafe and North Star Deli](#)
- [Hold the Wheat](#) and [Sift Gluten-Free](#)
- [Seward Cafe](#)

## **RESTAURANT SUPPORT**

Restaurants and businesses with a large immigrant customer base are the ones that have been the most affected by ICE's presence. They are often owned by immigrants themselves who are still coming into work every day, risking their personal safety.

- [Mercado Central](#)
- [Rincón Salvadoreño](#)
- [Panaderia El Mexicana](#)
- [Pressure cooker](#)
- [Panaderia San Miguel;](#)
- [Papá Chuy's](#)
- [Albi Kitchen](#)
- [Karmel Mall](#)
- [Mama Safia's](#)
- [Habanero Tacos Street](#)
- [Homi Restaurant's](#)

- [Taco Libre](#);
- [El Taco Torro](#)
- [Taco Taxi](#)
- [Las Charolas](#)
- [El Chivo Crazy](#)
- [Taqueria La Hacienda](#)
- [Tacos El Primo](#)
- [Lito's Burritos](#)
- [Beyond Beurre Blanc's link to Eat Street Restaurant Gift Cards](#) - support Eat Street businesses affected last Saturday.
- [Tracy of Huong Kitchan](#)

## RENT SUPPORT

- [Stand With Minnesota](#) rent support fundraisers and campaigns listed!
- [Powderhorn Park Neighborhood Rent Relief Fund](#)
- [CANDO Rent Relief Fund](#)
- [Collective Care Fund](#)
- [Cempazúchitl Collective](#)
- [Sky Without Limits/Cielo San Limites](#)
- [Colectiva Bilingüe's shared rent relief fund](#)
- [Rent Relief for MPS Families](#)
- [Rent Support for Bancroft Families](#)
- [West Side Rent Assistance](#)
- [Search for a GoFundMe that is supporting people in your neighborhood](#)

## NEIGHBORHOOD ORGANIZATION + SCHOOL SUPPORT

- [Support Whittier Wolfpack Families](#)
- [Neighbors Helping Neighbors](#)
- [Support South High Families](#)
- [Lyndale Community School Mutual Aid](#)
- [West Side Community Organization](#) - Rapid response + neighborhood for the West Side in St. Paul
- [Longfellow Neighborhood School Fund](#) - parents distributing funds for groceries, rent/utilities for school.
- [Phillips Neighbors Rent Relief for Families](#) + residents
- [Powderhorn Families Rent Relief](#)
- [Central Neighborhood Families Critical Rent Assistance](#)
- [Northern Coffeeworks mutual aid request](#) from a neighbor supporting 10 immigrant families with weekly food deliveries and basic essentials.
- [Smitten Kitten](#) - mutual aid fundraiser and donation drive in Uptown, Mpls

- [Isuroon](#) - supporting Somali families with essential goods
- [North Minneapolis Family Support](#)
- [Anderson Middle School Family Support](#)
- [Groceries for Eastside Families in Need](#)
- [Support Bryant Families in Urgent Need](#)
- [Minneapolis Rental Assistance for Immigrant Families](#)
- [Spanish Immersion Daycare Community](#)
- [CTUL Rent Relief Fund](#)
- [Twin Cities Trans Mutual Aid](#)
- [Women's Foundation Immigrant Rapid Response Fund](#)
- [Immigrant Law Center MN Donation](#)
- [Language Sprout Mpls](#)
- [BrynMawr PTA School](#)
- [Lucy Laney School Community in North](#)
- [Search GoFundMe for neighborhood near you](#)

#### **MUTUAL AID LINK TREE**

- [MN50501 Mutual Aid Linktree](#) – well-organized list of various Twin Cities groups.
- [Mplsmutualaid Linktree](#) – many neighborhood and individual GoFundMes listed here.

#### **MUTUAL AID**

- [Alex Pretti GoFundme](#) ♥
- [Renee Good GoFundme](#) ♥

#### **HELP A STRUGGLING FAMILY RIGHT NOW (GOFUNDME)**

- [Ponce Family](#)
- [Sing and Family](#)
- [Saeng and family](#)
- [Lopez Family](#)
- [Josefina and Gabriel](#)
- [Family of four unable to work](#)
- Support [Student Jairo Pitalasig](#) and father safely return to Ecuador
- Support [family whose young cousin was detained](#)
- Support [seven local affected families](#)
- Support [ChongLy Scott Thao's Family After ICE Raid Trauma](#)
- [Nouland](#)
- [United Renters for Justice](#)
- [Sky without Limits](#)
- [Mplsmutualaid Linktree](#) – many neighborhood and individual GoFundMes listed here.
- [Search GoFundMe Near You to see the many families not listed here who need additional support](#)

## MENTAL HEALTH AND WELLBEING

- [NAMI \(National Alliance of Mental Illness\) support and helpline](#)
  - [American Foundation for Suicide Prevention](#)
  - [211 United Way](#) - helpline to access health and human services
  - [Mental Health Minnesota](#) - mental health advocacy, education, resources and support
  - [Adult Crisis Response](#)
  - [Everytown for Gun Safety](#) - signs and symptoms of emotional trauma and resources (talking to children about gun violence,
  - [SAMHSA](#) - coping tips for traumatic events and disasters
  - [Therapy for Our Community in Crisis](#)
  - [Root to Crown Abundance Therapy Fund](#)
  - [You Do Matter Minnesota - Living Through Crisis](#)
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## DONATE BLOOD

- [Memorial Blood Center](#) declared a blood emergency on Tuesday, Jan 13. MBC is the blood supplier for both tier 1 trauma hospitals in the metro area (Hennepin County Medical Center and North Memorial Health).
  - [American Red Cross](#)
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## ANIMAL CARE

- [Community Vet](#)

## TOWING

- [Leo's Tow](#), which (as mentioned above) is helping to return the abandoned vehicles of people who have been taken by ICE to their families, you can Venmo them at @leostowingmn
- [Galeana's Towing](#) - towing a detained family member's vehicle (612-434-7655)

## VOLUNTEER + CONNECTION IN YOUR COMMUNITY

- Reach out to your neighbors, get to know them, and ask if they need support
- Connect with organizations above to see if they need volunteer support
- Connect with churches, mosques, community centers who may be looking for volunteers
- Connect with local school admin office and PTA to support them
- DONATE MONEY to organizations, families, businesses who are doing work to support

## SHOW UP

- Protest organizations and events: [Indivisible](#), [50501](#), [FREE AMERICA](#), or [MIRAC](#)
- Sign up for Legal Observer Training: [Monarca](#), [Defend 612](#), [Immigrant Defense Network](#), [Brave of US](#), [COPAL Handbook](#), [The DFL](#)

- Find people in your area who are actively monitoring ICE and/or stationing themselves in high-traffic areas and ask how you can help. Look into neighborhood associations and community groups to familiarize yourself with direct actions you can take and get to know your neighbors.

## CONTACT YOUR REPRESENTATIVES

### City level

- Find out if your local city council has discussed their federal immigration enforcement policy. Agendas should be publicly available on the council's website. If they have not held a meeting yet, write to your council members and ask them to add it to their agenda or schedule an emergency meeting. Emphasize that this is an URGENT issue.
  - This works: Roseville residents recently got ICE on their council's agenda, leading to [four hours of public comments](#) from 70+ individuals directly to their elected leaders.
- Other questions to research: does your city have a [separation ordinance](#)? Are ICE agents allowed to use city property (parks, etc.) for staging? Does your city police department prioritize protecting ICE agents over residents? These are all things you can discuss with your city council.

State level - [Find your Minnesota representative here.](#)

National level - [Find your US representative here.](#)

- Optional talking points:
  - ⚠️ Congress must [vote to fund](#) the Department of Homeland Security by Jan 30. Tell your representatives that they should put restrictions on ICE and not increase the DHS budget.
  - Tell them to co-sign the impeachment of Kristi Noem as Secretary of Homeland Security, or if they have already, thank them for doing so. [See who has co-signed the articles of impeachment](#) (updated Jan 13)
  - Tell them to support the Protecting Sensitive Locations Act (S. 455/H.R. 1061), which would prohibit immigration enforcement actions within 1,000 feet of sensitive locations such as schools. [More info from the National PTA.](#)
- Script examples:
  - [Script](#) from Indivisible
  - [Script](#) from 5calls

## BOYCOTT BUSINESSES SUPPORTING ICE

### Retail & grocery

- Amazon
- Whole Foods (owned by Amazon)

- Menards
- Lowe's
- Home Depot
- Target Corporation
- Walmart
- Sam's Club

#### Restaurants

- Dino's Gyros – owners and leadership reportedly support ICE.

#### Hotels & lodging

- Hilton
- Radisson Blu
- Baymont by Wyndham
- Best Western
- Target Hospitality

#### Car rentals & transportation

- Avis
- Budget
- Enterprise Rent-A-Car
- CSI Aviation
- GlobalX

#### Other

- UPS
- FedEx
- Dell
- AT&T
- Thomson Reuters
- Ecolab
- U.S. Bancorp (U.S. Bank)

## REPORT

- S.A.L.U.T.E.: S - Size: How many people and/or vehicles are present? A - Activity: What specifically are they doing? L - Location: Address, nearby cross streets, or landmarks U - Uniform: What are they wearing or what identification do they have? T - Time: Date and time observed E - Equipment: What weapons or devices are they carrying?
- Monarca Rapid Response Line - 612-441-2881
- Immigrant Defense Network - 612-255-3112
- MIRAC (Minnesota Immigrant Rights Action Committee): miracmn@gmail.com
- [MN Attorney General Federal Action Reporting Form](#)
- [People over Papers](#) - map documenting ICE reports

## ORGANIZATIONS ON THE FRONT LINES

- [UNIDOS](#)
- [Immigrant Law Center of MN](#)
- [Women's Foundation Immigrant Rapid Response Fund](#)
- [Immigrant Movement MN](#)
- [Indigenous Roots](#)
- [West Side Community Organization](#)
- [Immigrant Defense Network](#)

## IMMIGRANT SUPPORT

- [Know Your Rights](#) - information in a variety of languages
- [State of Minnesota](#) various resources from know-your-rights information to legal aid and health care information.
- [National Lawyers Guild](#) - law for the people, uniting lawyers, law students, legal workers, and jailhouse lawyers to function as an effective force in the service of the people by valuing human rights and the rights of ecosystems over property interests.
- [Immigrant Defense Network](#) – coalition of 90+ groups organizing rapid response and collecting evidence.
- [Immigrant Law Center of MN](#) – free immigration legal representation to low-income immigrants and refugees.
- [COPAL](#) – advocacy, organizing, phone hotline. Focus on Latinx community.
- [Immigrant Movement MN](#)
- [Minnesota Immigrant Rights Action Committee \(MIRAC\)](#) – education and protest organizing.
- [CAIR \(Council on American-Islamic Relations\)](#)
- [Interfaith Coalition on Immigration](#) – advocacy, aid, events.
- [Monarca MN](#) – training and phone hotline.
- [Unidos MN](#) – education, protests, advocacy.
- [Center for Victims of Torture](#) – advocacy and mental health services for immigrants and refugees.
- [International Institute of Minnesota](#) – refugee resettlement group that provides support and legal help to vulnerable new-to-country families.
- [Lutheran Social Service of Minnesota](#) – offers services to refugees, including legal aid to non-citizens.