

Unbridled Ways

at Heart and Heritage Stables

154 Baldwin Road

Charlotte, VT 05445

802.238.2062

Family Coaching Introduction

It is useful to reflect on what brings you to Unbridled ways at this time. This form is to start the internal reflection process. No need for exact answers or precise words. Write simply what comes to you first and trust, as we do, that what needs to be shared will be clear when the time is right. Please have each family member complete their own form if possible.

Name: _____ Preferred Pronouns : _____ Date of Birth:

Address:

Preferred Phone: Cell, work, or home? Circle one (_____) _____

May we leave a message here? Yes/No

Emergency Contact: _____ Phone: (_____) _____

What brought you here at this time and what do you hope to accomplish with your time at Unbridled Ways?

Is there any other information you want to share before our work together?

What, if any, experiences do you have with horses?_

We would like to remind you that email is not a confidential means of communication.