

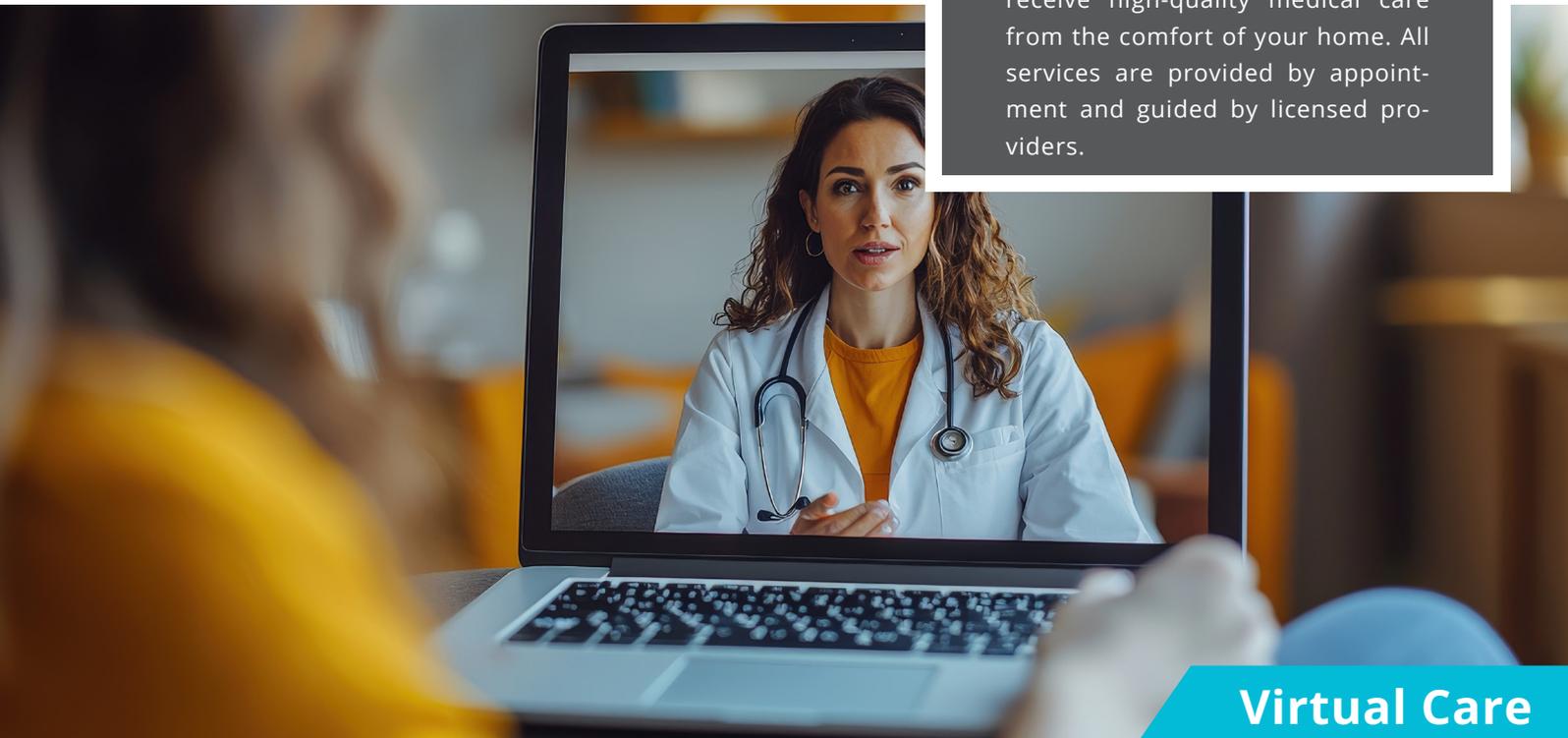
I AM WELLNESS MD

What to Expect With Virtual Care

I AM Wellness MD provides physician-guided weight loss through a fully virtual care model. This guide explains how the process works, what happens next, and how we support you every step of the way.

Virtual

Our virtual model allows you to receive high-quality medical care from the comfort of your home. All services are provided by appointment and guided by licensed providers.



Virtual Care

Your Journey Starts Here

Getting started is simple and designed to feel clear, supportive, and stress-free. Each step is guided so you always know what to expect.



Intake

Complete a short online intake so we can understand your goals and health history.



Review

A licensed provider reviews your information to determine eligibility and treatment options.



Delivery

If approved, your medication is shipped directly to your home with clear instructions.

Support

- Physician-guided care
- Secure patient portal,
- At-home convenience
- Ongoing team support

Need assistance?

- A** Virtual
- P** (947) 600-7727
- W** www.iamwellnessmd.com



Intake Forms

After getting started, you'll receive access to a secure patient portal where you'll complete your intake and consent forms. These forms collect important health information and confirm your understanding of the program. This information allows your provider to safely review your eligibility and determine appropriate next steps.



Medical Review

Your information is reviewed by a licensed provider through our secure telehealth process. This review includes your medical history, medications, and responses from your intake forms. Final eligibility and medication decisions are made based on this professional medical review.

What Happens After Approval

Once approved, your prescription is sent to a licensed pharmacy for fulfillment. Medication is shipped directly to your home with clear dosing instructions. Most patients receive their medication within several business days.



01

Receive Medication

Your medication is delivered directly to your home.

02

Review Instructions

Always follow the dosing instructions on your medication vial.

03

Begin Treatment

Administer your medication as prescribed and monitor how you feel.

04

Ongoing Care

Your provider guides dose adjustments and next steps as needed.



Education

You'll receive a care guide and access to injection training to help you feel confident and prepared.



Communication

Our team is available by call, text, or email if you have questions at any point.

Important Reminders

- Virtual care is by appointment only
- Always follow vial dosing instructions
- Contact us if you have questions before injecting
- Final medical decisions are made by licensed providers