

DBBN

Dream Beauty By Nida

EYELINER TATTOO AFTERCARE INSTRUCTIONS

Before



DAYS 1 – 3: Don't get the area wet, clean lymph from it with a damp cotton pad from time to time.

DAYS 4 – 10: Clean the area with lukewarm water (and cleanser given to you) and apply a thin layer of the aftercare cream. Apply the cream if and when you feel like the area is getting tight and itchy.

After



Do not touch, rub or scratch the treated area. It is very sensitive and you can peel the pigment off if you treat it inappropriately. Use a q-tip dipped into sterile water and gently clean the area.



Do not wear eye makeup, especially mascara, for 15 days.



Avoid sun exposure.



Avoid sweating, saunas, gyms and working out as well as swimming pools.



No facials, botox or any other cosmetic treatments for at least 4 weeks.



Do not sleep on your face and use a clean pillowcase.



Do not wear contact lenses during the permanent eyeliner aftercare period. Wear glasses instead and when it's finished, get a new pair of contacts if possible.

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WHAT TO EXPECT DURING HEALING

- ◆ **DAY 1** You can expect some soreness, swelling and irritation on the first day, or even longer. You can relieve the discomfort with a cold compress.

Lymph buildup will occur, which you need to clean according to the aftercare plan listed here.

Your freshly done eyeliner looks very dark, don't panic! The pigment will fade up to 50% until the healing process is complete. The true color will only emerge after about 3 weeks.

- ◆ **DAY 2** The swelling on your eyelids should be better by now; it may even subside completely. Your eyelids feel tight and the lash area is sensitive. Don't touch it, just clean the area gently and apply cream as needed

- ◆ **DAY 3-4** The scabbing and flaking stage starts, it is a perfectly normal part of the healing process – it means your skin is closing up the wounds.

Never pick at the scabs no matter how itchy they get! A certain amount of pigment gets caught in the scabs and if you rip them off before the pigments settle, you'll create non-pigmented patches. Let the flaking and peeling stage proceed at its own pace.

- ◆ **DAY 5-10** Flaking continues and at the end of it, the eyeliner looks faded. Don't panic! The color will return. Proceed with your aftercare routine.

- ◆ **DAY 11-15** At this point, you probably won't have to follow the strict aftercare routine anymore. You should still refrain from wearing eye makeup, though.

- ◆ **DAY 15-30** The healing process will continue for a few more weeks, but you won't see the unattractive symptoms anymore. The color may gradually soften a bit further.

You can now start wearing eye makeup again, but make sure to get fresh products – old mascara tubes, pencils, eyeshadow containers and brushes inevitably have germs in them which your freshly tattooed skin can't handle. You risk developing an infection.

- ◆ **DAY 45** The healing process is now officially over. Congrats, you've made it! You can now schedule an optional touch up appointment if you would like to add more color or go thicker with your eyeliner or any other adjustments.

For the best results, we recommend a touch up session be done between 4-6 wks after your first appointment and touch up every 2-3 years

Touch up date :

_____/_____/_____