## Dream Beauty By Nida

## WHAT TO EXPECT DURING HEALING

After the initial procedure, your lips will look bright in color and will feel swollen and tight, but this will change. Please be aware of the healing stages to avoid stressing about your lips. Your lips will go through several stages where they will become noticeably darker, then will become scabbed and itchy, and finally will almost disappear (ghosting stage), before finally healing to between 50% and 70% of their original depth. The stages depicted here are what should be expected.

Once you have gone through a full cycle of skin regeneration (4-6 weeks) most, but not all, of the pigment will remain.. It is necessary to schedule a perfecting session (touch-up) to complete the process.

## TRUST THE PROCESS



(After the My lips look bright and feel swollen and tight



My lips appear noticeably darker Ointment will help



My lips have started scabbing and peeling and feel dry and tight. Continue using ointment



The scabs are almost gone and the color is getting lighter



My lips are completely healed. Color looks light but it reappears within 8 weeks



My lips are perfect after they heal from the touch-up appointment

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## LIP BLUSH AFTERCARE INSTRUCTIONS



After the procedure, gently blot the area with a clean tissue every 5 minutes until the lymph has stopped



Keep the area dry for 24 hours



Gently wash with aftercare soap twice/day



Apply thin layer of ointment 3 times/day



Do not use washcloth, pick or scratch tattooed area



Do not use steam, sauna, swim for 10 days



Do not put make up on tattoo area for 10 days



No heavy sweaty exercise for 1 week



Avoid the sun for 1 week



PRO TIPS

After procedure use ice packs 3-4 times for 15 minutes spurts in first day to reduce swollen

Drink from a straw the first few days and avoid salty, spicy food

For the best result we recommend a touch up session be done between 30 and 60 days after the first procedure and a color boost annually.