

## Randy Brazie MD PLLC

### Introducing Dr. Brazie



Randy Brazie, MD, is a graduate of the University of Arizona College of Medicine (1994) and completed his Psychiatry Residency at the University of Arizona Affiliated Hospitals in June 1998. He has been Board Certified by the American Board of Psychiatry and Neurology in General Psychiatry since January 2000.

Dr. Brazie has extensive experience working across multiple sectors, including both clinic and hospital-based services, as well as in emergency and urgent care settings. He also has been active in leadership roles across multiple organizations, both in the United States and New Zealand. He currently serves as the Chief Medical Officer for Resilient Health, a local nonprofit healthcare provider providing innovative, multimodal services for both the public and private sectors.

After developing a specific interest in helping those who have experienced various forms of trauma, Dr. Brazie has completed a three-year training in a specialized technique called Somatic Experiencing, a cutting-edge approach developed by Peter Levine, PhD, and taught worldwide by highly experienced and respected faculty. Additionally, Dr. Brazie has worked with Deb Dana, a pioneer in translating and incorporating Polyvagal Theory, as developed by neuroscientist Stephen Porges, PhD. These techniques are extremely helpful, for those who may be interested in considering a novel approach to healing.

Dr. Brazie is known for bringing a warm, friendly, and compassionate approach with his clients, and ensures any care is safe and within evidence-based guidelines.