

10 Things to Use In a Memory Blanket

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What should you do with the clothing of a loved one who has passed away? Everyone approaches this question differently. Some people choose to keep everything, while others prefer to donate items to Goodwill or other local charities.

Many of my customers share that they have kept the closet filled with their loved one's clothing for years. They often find themselves going to the closet, wrapping the clothes around their shoulders, and trying to breathe in the essence of the person they lost. Smell is a powerful trigger for memories, and it's completely natural to want to hold onto that.

Whether it's your mom's shirt with a permanent stain, the rip in your dad's jeans pocket, or the paint splatters from a big remodeling project, these items can evoke fond memories and should be treasured.

When you're finally ready to clear out the closet, you might be uncertain about what to do with those clothes. One wonderful option is to create a memory or bereavement quilt. With as few as five or six articles of clothing, we can make a beautiful remembrance quilt.

10 Things to Include in Your Memory Blanket

1. Shirts, Polos, blouses, t-shirts and other tops.
2. Slacks, blue jeans, plaid shorts
3. Sweatshirts
4. Bathrobes, towels (hand towels, golf, beach, school etc..)
5. Blankets (part of a baby blanket, or favorite quilt)
6. Boxers (Yes, we have made a quilt entirely of boxer shorts!!)
7. Neckties. MUST be laundered before we can use them, as most are made of silk and have probably only been dry cleaned)
8. Sweatpants, running shorts, hoodies.
9. Tech clothing- biking, running etc.
10. Sweaters, stocking caps

Our rule of thumb, is that "If it can be laundered, we can use it". If using an item such as silk and linen that might never have been laundered, it is a good idea to throw in the wash. When laundering your quilts in the future, fabrics might distort in shape, or the colors 'run'. By taking a little pre-emptive checking we can avoid that. We want to make a quilt that you and your loved ones who use and treasure for generations.

Whatever the reason you are considering a Memory quilt, whether it is for the loss of a loved one, or your child's baby clothes. Whether you are ready now, or think it is going to take just a bit more time. Just DON'T THROW AWAY THAT CLOTHING!