

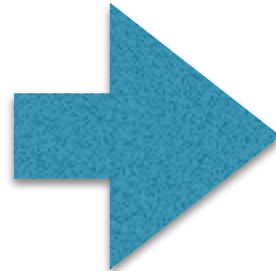
ROMANS 8 AND 7

THE CONSTANT TENSION BETWEEN FLESH AND SPIRIT MAKE IT IMPOSSIBLE FOR US TO CONSISTENTLY LIVE IN THE FRUIT OF THE SPIRIT. INSTEAD WE OPERATE OUT OF ENEMY SOLUTIONS FOR SAFETY KNOWN AS STRONGHOLDS. (MIND STRONGHOLDS AND HEART GUARDS).

WOUNDS



LIES



UNIQUELY HELD BELIEFS

“THIS” is who I am.

“I’m not safe.” “I’m on my own.”

SAFETY ?

EXODUS 17:7 IS THE LORD AMONG US...OR WHAT???

ENEMY “OFFERS” US WHAT WE NEED TO BE SAFE: (COPING MECHANISM)

MIND STRONGHOLD:

HEART STRONGHOLD:

(HEART GUARD)
CONTROL/PARANOIA
POWERLESSNESS/
NO AUTHORITY
GIVE UP GIFT & CALLING

SELF PROTECTION
limits ability to give or
receive love

