

RECIPE

Sweet and Savory Salad



Ready in **20 minutes**

Serves **6 people**

192 calories

Ingredients

FOR THE SALAD

- 5 oz of romaine lettuce
- ¼ c cranberries
- ¼ c crumbled feta cheese
- ¼ c seeds

FOR THE DRESSING

- 2 TBS red wine vinegar
- 1 tsp maple syrup
- 1 tsp dijon mustard
- 4 TBS olive oil
- Pinch of salt and black pepper

Preparation

1. **Make salad** put lettuce, cranberries, and feta cheese in a large bowl.
2. **Make dressing**, put all the dressing ingredients in a large bowl and whisk vigorously until combined.
3. **Add to salad.**
4. **enjoy!!**