

RECIPE

Granola



Ready in **1hr 25 minutes**

Serves **8 people**

280 calories

Ingredients

- 3 c rolled oats
- 1 c slivered almonds
- $\frac{3}{4}$ unsweetened coconut
- $\frac{1}{4}$ c dark brown sugar
- $\frac{1}{4}$ c maple syrup
- $\frac{1}{4}$ c light olive oil (don't use extra virgin)
- $\frac{1}{2}$ tsp salt
- 1 tsp cinnamon

Preparation

1. **Preheat oven** to 250 degrees F
2. In a bowl, combine oats, nuts, coconut, brown sugar, and cinnamon.
3. In a separate bowl, combine maple syrup, oil, and salt. Combine both mixtures and pour onto 2 sheet pans. Cook for 1 hr and switch the pans. Stir the oat mixture every 20 minutes to get even baking.
4. Remove from the oven and transfer to a bowl and let cool completely. ENJOY!