

Contacts:

Player Phone: 828-979-6405

Player Email: trenadysprenger510@gmail.com

Parents: Chris & Kristen Sprenger

Parent Phone: 828-390-7681 (Kristen)

Parent Email: kristenfredell@gmail.com (Kristen)

Address: 4226 54th Ave NE

Hickory, NC 28601

Academic Information

GPA: 4.2

Honors & AP Classes

A Honor Roll

Potential Major: Nursing

Extra Curricular Achievements

Key Club

Art Honor's Society

Athletic Achievements

2025 Varsity Women's Golf

2025 Varsity Women's Wrestling

2025 Varsity Softball

Top (100) All-American Skills Prospect Combine

2024 Softball Conference Champions

High School Softball Team

Saint Stephens High School

Head Coach: Rick Dayton

Phone: 828-381-5909

Email: daytonrick@gmail.com

Travel Team

Venom Stars 18U Puett

Head Coach: Chad Puett

Phone: 828-244-7619

Email: chadpuett@gmail.com

Team Socials:



@Venom_Stars_Softball_HS



Venom Stars Softball-HS



@VenomStarsSB



Trenady Sprenger

Class Of 2028

DOB: May 10th, 2010

Player Social:



: Trenadyaxel

Player Position: OF/1st/UT

Bats/Throws: Right/Right