

TO BE IN COVENANT WITH ABBA YAHUAH

What Must Be Let Go • What Must Be Picked Up

These are non-negotiables if someone is serious about covenant.

SYSTEMS & PRACTICES TO LET GO OF

These represent structures, habits, or beliefs that conflict with covenant obedience.

Institutional & Religious Systems

- Man-made church systems
- 501(c)(3) institutions
- Pastor-centered authority
- Sunday worship
- Tithing money instead of obedience

Pagan & Cultural Observances

- Pagan holidays
- Christmas
- Easter
- Halloween
- Valentine's Day
- Mother's/Father's Day (as worship days)
- New Year (Gregorian)

Man-Made Doctrines

- "Once saved always saved"
- "The law is done away with"
- "Grace means no obedience"
- Trinity doctrine (not in Torah)

False Names & Titles

- "Lord"
- "God"
- "Jesus"
- Any replacement of ABBA YAHUAH's Name

Unclean Consumption

- Unclean foods
- Pork
- Shellfish

- Catfish
- Shrimp, crab, lobster
- Blood
- Foods mixed with unclean ingredients

Worldly Identity & Lifestyle

- Worldly identity
- Greek/Roman religious thinking
- Cultural Christianity
- Pagan symbolism
- Babylonian lifestyle
- Lust-driven living
- Materialism
- Pride
- Self-worship
- Entertainment that glorifies sin

Lawlessness & Conduct

- Ignoring commandments
- Redefining sin
- Living by feelings instead of Torah

Speech & Behavior

- Profanity
- Gossip
- Slander
- Sexual immorality

Dependency on Human Authority

- Dependency on man
- Looking to pastors instead of Scripture
- Looking to systems instead of ABBA YAHUAH

WHAT MUST BE ACCEPTED & PICKED UP

These are covenant foundations and practices that shape daily living.

FOUNDATIONS TO ACCEPT

- Torah as instruction
- Not “law for salvation”
- But covenant instruction for life
- Obedience as love
- “If you love Me, keep My commandments”

- Discipline over comfort
- Truth over tradition
- Correction over convenience

PRACTICES TO PICK UP

Learning & Instruction

- Learning the Torah
- Genesis through Deuteronomy
- Instructions for daily living

Restoring the Names

- Learning the true Names
- ABBA YAHUAH: The Father
- Yahusha: The Son
- Ruach Ha Qodesh: The Set-Apart Spirit

Sabbath & Appointed Times

- Keeping the Sabbaths
- 7th-day Sabbath (Friday sunset to Saturday sunset)
- Rest, worship, study
- Keeping the Appointed Times (Moedim)
- Passover
- Unleavened Bread
- Shavuot
- Yom Teruah
- Yom Kippur
- Sukkot

Dietary Alignment

- Clean eating according to Torah
- Clean meats only (if eaten)
- Whole foods
- No blood

Set-Apart Living

- Modesty
- Sexual purity
- Integrity

Daily Spiritual Rhythm

- Daily prayer
- Morning and night
- Directed to ABBA YAHUAH

- Study & meditation
- Scripture
- Hebrew understanding

Repentance & Character

- Repentance
- Turning away from sin
- Not just saying sorry
- Humility
- Being teachable
- Being corrected

Community

- Community (not church)
- Fellow covenant walkers
- Iron sharpening iron

Separation from Babylon

- Mentally
- Spiritually
- Lifestyle-wise

THE HEART POSTURE REQUIRED

Without this, none of the above matters:

- A circumcised heart
- A willing spirit
- A repentant mindset
- A desire to obey, not debate

Covenant is not about adding religion.

It is about returning.

Returning to:

- The instructions
- The identity
- The obedience
- The relationship

Belief without obedience is not covenant.

Knowledge without action is not covenant.

Calling His name while ignoring His instructions is not covenant.