

# Prayer in the Torah

*(Before Kings & Prophets)*

Before there were churches.  
Before there were religious systems.  
Before there were formal prayer books.

Prayer already existed.

And it looked different than most people expect.

## **Abraham Interceding for Sodom (Genesis 18)**

Abraham didn't beg randomly.

He reasoned based on righteousness.

He said (paraphrased):

“Will You destroy the righteous with the wicked?”

Notice:

- He appealed to justice.
- He appealed to YAHUAH's character.
- He stood in the gap for others.

That's covenant thinking.

He wasn't emotional.  
He was aligned with righteousness.

## **Moses After the Golden Calf (Exodus 32)**

Israel broke covenant.

YAHUAH said judgment was coming.

Moses stepped in and said:

- Remember Your covenant.
- Remember Your promises.
- Remember Your Name.

He wasn't arguing emotionally.  
He was appealing to covenant agreement.

That's *Palal* in action.

## **Hannah Pouring Out Her Soul (1 Samuel 1)**

Hannah was deeply distressed.

But what did she do?

She made a vow.  
She aligned her request with YAHUAH's purpose.

She wasn't just crying.  
She was positioning her heart.

Prayer included humility and surrender.

## **Daniel Confessing National Sin (Daniel 9)**

Daniel didn't say:  
"They sinned."

He said:  
"We have sinned."

He:

- Confessed disobedience.
- Acknowledged covenant curses.
- Appealed to mercy based on YAHUAH's righteousness.

That is covenant-based prayer.

## **What This Shows Beginners**

Prayer in Scripture was:

- Covenant-Based

It was grounded in promises and instructions.

- Tied to Obedience

Blessings and consequences were understood.

- Full of Repentance

They admitted where they went wrong.

- Standing in the Gap

They interceded for others.

## **Simple Way to Understand**

Prayer wasn't:

“Make my life easier.”

It was:

“Align me with Your covenant and have mercy.”

That's mature prayer.

That's Torah prayer.