

How to Prepare Yourself for YAHUAH's Feast Days

The Feasts (מוֹעֲדִים - *moedim*, appointed times) are rehearsals of covenant.

Leviticus 23

“These are My appointed times.”

They are meetings set by YAHUAH not traditions invented by man.

Prepare Your Heart First

Before food.

Before decorations.

Before gathering.

Psalms 51:10

“Create in me a clean heart...”

Ask yourself:

- Am I walking in obedience?
- Is there sin I need to repent of?
- Am I holding bitterness?
- Am I honoring YAHUAH daily?

The Feasts are not events.

They are heart checkpoints.

Repent and Realign

Especially before:

- Passover
- Yom Teruah
- Yom Kippur

Examine:

- Your speech
- Your habits
- Your obedience to Torah
- Your consistency

Lamentations 3:40

“Let us search out and examine our ways.”

Preparation is spiritual inventory.

Learn the Meaning of Each Feast

Do not celebrate what you do not understand.

Study:

- The original command (Leviticus 23)
- The historical event
- The prophetic significance

The Feasts are rehearsals and rehearsals require understanding.

Prepare Your Home (Physical Reflection)

Before Passover and Unleavened Bread:

- Remove leaven from your house
- Clean intentionally
- Remove pride, chaos, disorder

Physical preparation mirrors spiritual cleansing.

Set Apart the Day

Most Feast days are:

“Shabbaton” solemn rest.

This means:

- No regular business
- No unnecessary labor
- No worldly distractions

Turn off what distracts you.

Turn toward what sanctifies you.

Gather If Possible

In Scripture they were:

“Holy convocations.”

This can look like:

- Family meal
- Small home fellowship
- Reading Torah together
- Worship and prayer

No building required.

The gathering is about unity in covenant.

Prepare a Meal With Intention

Each Feast has symbolic foods.

Passover is for Unleavened bread
Sukkot is Booth dwelling & rejoicing

The meal is not entertainment.
It is remembrance.

Ask at the table:
“What does this teach us?”

Dress With Respect

You do not need special garments.

But:

- Dress modestly
- Dress intentionally
- Treat the day as set-apart

External honor reflects internal reverence.

Teach the Children

Exodus 12:26–27
“When your children ask...”

Preparation includes:

- Explaining meaning
- Passing down covenant
- Rehearsing history

The Feasts are generational.

Remove Legalism

Important balance:

You are not trying to:

- Impress others
- Perform ritual perfectly
- Compete spiritually

YAHUAH examines the heart.

Deuteronomy 10:12

“What does YAHUAH require of you...”

He requires reverence, love, and obedience.

Simple Preparation Formula

Heart must Repent

Mind should Study

Home needs to be Clean

Day is Rest

Family must Gather

Life should Obey

That is preparation.

Final Teaching Line

The Feast Days are not holidays they are appointments.

You do not prepare to host them.

You prepare to meet YAHUAH.

When the heart is aligned, the Feast has meaning.

Without obedience, it becomes ritual.