



# JANUARY MENU

Monday 3	Tuesday 4	Wednesday 5	Wednesday 6	Friday 7
Chicken Sandwiches, Broccolis, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Pasta Alfredo, Carrots, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Picadillo, Mashed Potato, Green Beans, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Chicken, Black Beans, Rice, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Pizza__
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Chicken Nuggets, Rice, Corn, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Pasta with Creamy Marinara, Green Beans, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Meat Loaf, Mashed Potatoes, Carrots, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Chicken Stew, Rice, Broccolis, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Pizza__
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Pasta Marinara, Broccolis, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Fish Sticks, Rice, Corn, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Ground Turkey Mashed Potato, Carrots, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Chicken Rice, Plantain, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Pizza__
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Hamburger, Broccolis, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Mac & Cheese, Carrots, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	Turkey Meat balls, Mashed Potato, Green Beans, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Chicken Angel Hair Rice, Corn, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	Pizza__

**Substitute**

Select One:

- A) Ham & Cheese Sandwich
- B) Turkey & Cheese Sandwich
- C) American Cheese Sandwich
- D) Tuna Sandwich
- E) Chicken Sandwich
- F) Bagel with C/Cheese or Jelly
- G) Chicken Nuggets
- H) Mac & Cheese
- I) Pasta Alfredo
- J) Fish Stick
- K) Fried Chicken Fingers

Student Name \_\_\_\_\_

Teacher Name \_\_\_\_\_