























OCTOBER MENU

Oct. Monday 5	Oct. Tuesday 6	Oct. Wednesday 7	Oct. Thursday 8	Oct. Friday 9
 Chicken Sandwich, Tater Tot, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Ground Turkey, Rice, Vegetables , Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Pasta Alfredo Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Chicken Angel Hair Rice, Vegetables, Fruit Regular ___ Milk___ or Juice___ Subst. Lunch___	 Pizza ___
Oct. Monday 12	Oct. Tuesday 13	Oct. Wednesday 14	Oct. Thursday 15	Oct. Friday 16
 Chicken Nuggets, Rice, Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Mac & Cheese, Vegetables, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Meat loaf, Mashed Potato, Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 BBQ Chicken, Rice, Vegetables, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Pizza ___
Oct. Monday 19	Oct. Tuesday 20	Oct. Wednesday 21	Oct. Wednesday 22	Oct. Friday 23
 Hamburgers, Tatter Tot, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Fish Sticks, Rice, Vegetables, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Pasta with Meat Sauce, Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Chicken Rice, Plantain, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Pizza ___
Oct. Monday 26	Oct. Tuesday 27	Oct. Wednesday 28	Oct. Thursday 29	Oct. Friday 30
 Turkey Meat Balls, Mashed Potato, Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Picadillo, Rice, Vegetables, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Creamy Marinara Pasta, Vegetables, Dessert Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Chicken, Rice, Black Beans, Fruit Regular ___ Milk___ Choc___ Juice___ Subst. Lunch___	 Pizza ___

Substitute Lunch,
Select One:

- A) Ham & Cheese Sandwich
- B) Turkey & Cheese Sandwich
- C) American Cheese Sandwich
- D) Tuna Sandwich
- E) Chicken Sandwich
- F) Bagel with C/Cheese or Jelly
- G) Chicken Nuggets
- H) Mac & Cheese
- I) Pasta Alfredo
- J) Fish Stick
- K) Fried Chicken Fingers

Student Name _____

Teacher Name _____