























OCTOBER MENU

Oct. Monday 4	Oct. Tuesday 5	Oct. Wednesday 6	Oct. Thursday 7	Oct. Friday 8
 Chicken Sandwich, Tater Tot, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Ground Turkey, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Pasta Alfredo Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken Angel Hair Rice, Vegetables, Fruit Milk__ or Juice__ Subst. Lunch__	
Oct. Monday 11	Oct. Tuesday 12	Oct. Wednesday 13	Oct. Thursday 14	Oct. Friday 15
 Mac & Cheese, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Fish Sticks, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Meat loaf, Mashed Potato, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 BBQ Chicken, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	
Oct. Monday 18	Oct. Tuesday 19	Oct. Wednesday 20	Oct. Wednesday 21	Oct. Friday 22
 Hamburgers, Tatter Tot, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Turkey Meat Balls, Rice, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Pasta with Meat Sauce, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken Rice, Plantain, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	
Oct. Monday 25	Oct. Tuesday 26	Oct. Wednesday 27	Oct. Thursday 28	Oct. Friday 29
 Chicken Nuggets, Rice, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Picadillo, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Creamy Marinara Pasta, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken, Rice, Black Beans, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	

INSTRUCTIONS:

- 1) PLEASE SELECT THE TYPE OF BEVERAGE YOU WOULD LIKE FOR YOUR CHILD EACH DAY.
 - 2) IF YOU PREFER A SUBSTITUTE LUNCH, PLEASE INDICATE THE LETTER ON THE PROVIDED LINE.
- PLEASE NOTE THAT ON FRIDAY'S PIZZA COMES WITH JUICE OR WATER.

THE MENU CAN CHANGE, WITHOUT PRIOR NOTICE, BECAUSE OUR PROVIDERS DO NOT GUARANTEE THE AVAILABILITY OF THE PRODUCTS.

Substitute Lunch,
Select One:

- A) Ham & Cheese Sandwich
- B) Turkey & Cheese Sandwich
- C) American Cheese Sandwich
- D) Tuna Sandwich
- E) Chicken Sandwich
- F) Bagel with C/Cheese or Jelly
- G) Chicken Nuggets
- H) Mac & Cheese
- I) Pasta Alfredo
- J) Fish Stick
- K) Fried Chicken Tenders

Student Name_____

Teacher Name_____