























OCTOBER MENU

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
 Chicken Nuggets, Angel Hair Rice, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Pasta Alfredo Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Picadillo, Mashed Potato, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Pizza__
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
 Mac & Cheese, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Fish Sticks, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Meat loaf, Mashed Potato, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 BBQ Chicken, Rice, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Pizza__
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
 Hamburgers, Tatter Tot, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Pasta Marinara, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Turkey Meat Balls, Rice, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken Rice, Plantain, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Pizza__
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
 Chicken Sandwich, Tater Tot, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Creamy Marinara Pasta, Vegetables, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Roasted Turkey, Mashed Potato, Vegetables, Dessert Milk__ Choc__ Juice__ Subst. Lunch__	 Chicken, Rice, Black Beans, Fruit Milk__ Choc__ Juice__ Subst. Lunch__	 Pizza__

THE MENU CAN CHANGE, WITHOUT PRIOR NOTICE, BECAUSE OUR PROVIDERS DO NOT GUARANTEE THE AVAILABILITY OF THE PRODUCTS

Substitute Lunch,
Select One:

- A) Ham & Cheese Sandwich
- B) Turkey & Cheese Sandwich
- C) American Cheese Sandwich
- D) Tuna Sandwich
- E) Chicken Sandwich
- F) Bagel with C/Cheese or Jelly
- G) Chicken Nuggets
- H) Mac & Cheese
- I) Pasta Alfredo
- J) Fish Stick
- K) Fried Chicken Tenders

Student Name _____

Teacher Name _____