

# Syllabus

With an estimated 50,000 adolescents with autism becoming adults each year in the U.S., it is more important than ever that there are effective resources and support services to help you with the challenges you might face. This course is self-paced with instructor support.



## Topics covered will included:

- Adults with ASD
- Treating Conditions Related to Autism in Adults
- Medical and Financial Resources
- Assistive Technologies
- Transition from School to Adult Life
- Peer Network Development and Support
- Housing
- Employment and ASD: Preparing for the World of Work
- Career/Vocational Opportunities
- Employment Tool Kit
- Preparing for Postsecondary Education
- Frequently Asked Questions

## Required Texts & Materials:

All material is included within the online course(s).

## Course Navigation:

**My Course** – This is the course home page. This section includes a welcome message, the course syllabus and a short introduction video.

**Lessons** – This section is where you will find the course content. Start with the welcome lesson, then continue to lesson one, two and so on.

**Discussion** – This section allows you and your classmates to post and respond to post as it relates to the subject matter. You are encouraged (not required) to engage with other students. You will find many useful questions, comments and support in the course discussion post.

**Wiki** – This section list various resources and definitions.

**Tests** – Occasionally we will offer you the option to test what you have learned. As this course is not graded, you are not required to take the exams.

**Resources** – This section is designed for you to have access to valuable assessments, external links, support programs, financial aid and much, much more.

### Lesson Outline

Topics	Activities
Welcome	<ul style="list-style-type: none"> <li>• Watch: Introduction to ASD Lifetime Resources (Adults)</li> <li>• Introduce yourself in the Discussion Forum</li> </ul>
Adults with ASD	<ul style="list-style-type: none"> <li>• Read: History’s 30 Most Inspiring People on the Autism Spectrum</li> <li>• Read: What Does Autism Spectrum Disorder Look Like in Adults? BY JANICE RODDEN, 2020</li> <li>• Watch: How it Feels to be Diagnosed with Autism Later in Life</li> </ul>
Treating Conditions ASD & Adults	<ul style="list-style-type: none"> <li>• Watch: Treating Conditions Related to Autism in Adults</li> </ul>
Medical and Financial Resources	<ul style="list-style-type: none"> <li>• Read: Medically Qualifying for Benefits</li> <li>• Read: Applying for Social Security Disability Benefits with ASD</li> <li>• Read: Qualifying for Supplemental Security Income and an Adult with ASD</li> </ul>
Assistive Technologies	<ul style="list-style-type: none"> <li>• Read: Introduction to Assistive Technology</li> <li>• Read: Why Might I be Interested in Assistive Technology?</li> <li>• Read: Assistive Technology for Communication</li> <li>• Read: Additional Types of Assistive Technology</li> </ul>
Transition from School to Adult Life	<ul style="list-style-type: none"> <li>• Read: Current ASD Transitions Stats</li> <li>• Watch: Preparing for Adulthood: Autistic Teenagers</li> <li>• Watch: Tips for the Transition from School to Adult Life</li> </ul>
Peer Network Development and Support	<ul style="list-style-type: none"> <li>• Read: Making Friends - Getting Connected (open directory)</li> <li>• Read: Social Media and ASD</li> <li>• Watch: One Young Adults Experience with Social Media</li> </ul>
Housing	<ul style="list-style-type: none"> <li>• Read and Watch: Housing and Residential Support Options for Adults</li> <li>• Read: Housing and Community Living</li> </ul>
Employment and ASD	<ul style="list-style-type: none"> <li>• Watch: Employment and ASD: Preparing for the World of Work</li> </ul>
Career/Vocational Opportunities	<ul style="list-style-type: none"> <li>• Read: 5 Good Career Choices for People with Autism Spectrum Disorder</li> <li>• Read: 30 Best Employers for People With Autism 2020</li> <li>• Watch: How Triangle Companies Start Opening Doors and Opportunities for Autistic Workers</li> <li>• Read and explore: The Job Accommodation Network (JAN)</li> </ul>

Employment Tool Kit	<ul style="list-style-type: none"><li>• Download and Read: The ASD Employment Tool Kit, Created by Autism Speaks</li></ul>
Preparing for Postsecondary Education	<ul style="list-style-type: none"><li>• Download and Read: Preparing for Postsecondary Education Created, by Autism Speaks</li></ul>
Frequently Asked Questions	<ul style="list-style-type: none"><li>• Read FAQ's</li></ul>