



Syllabus

This course has been designed by both parents and ASD experts to provide you with advice to overcome the most common day-to-day challenges associated with child safety, play, and nutrition for ASD children.

Topics covered will include:

- ASD Sensory Toys
- Assistive Technology
- Community Resources
- Fatherhood & Autism
- Feeding/Eating Issues
- Hair Cuts
- Home Safety
- Military Families
- Potty Training
- Risk Reduction Strategies for Physical and Sexual Abuse
- Service Dogs
- Trouble Sleeping
- TV & Video Games
- Wandering Prevention

Required Texts & Materials:

All material is included within the online course(s).

Support:

Available through email: Support@NationalASDCenter.org

Course Navigation:

My Course – This is the course home page. This section includes a welcome message, the course syllabus and a short introduction video.

Lessons – This section is where you will find the course content. Start with the welcome lesson, then continue to lesson one, two and so on.

Discussion – This section allows you and your classmates to post and respond to post as it relates to the subject matter. You are encouraged (not required) to engage with other students. You will find many useful questions, comments and support in the course discussion post.

Wiki – This section list various resources and definitions.

Resources – This section is designed for you to have access to valuable assessments, external links, support programs, financial aid and much, much more.

Lesson Outline

Topics	Activities
Welcome	<ul style="list-style-type: none"> • Watch Video: Course Introduction • Post: Introduce yourself in the general classroom discussion board
ASD Sensory Toys	<ul style="list-style-type: none"> • Watch and Read: Recommended Toys for ASD Children (Introduction) • Read and Watch Video: Start Here! • Read and Watch Video: ‘Should You Use Chew Toys Autism Chew Toys for Chewing & Biting Problems’ • Read and Watch Video: ‘Weighted Blankets’ • Read and Watch Video: ‘Reflective Balls’ • Read and Watch Video: ‘Body Sox’ • Read and Watch Video: ‘Sand, Slime, or Putty’ • Read and Watch Video: ‘Rainmaker Toys’ • Read and Watch Video: ‘Autism Stim from Fidget Spinner’ • Read and Watch Video: ‘Mats’ • Read and Watch Video: ‘Kinetic Sand’
Assistive Technology	<ul style="list-style-type: none"> • Watch Video: ‘Assistive Technology for Kids with Autism’ • Read: ‘Autism and Assistive Technology’ • Watch Video: ‘Introduction to PECS (Picture Exchange Communication System)’ • Watch Video: ‘Visual Aids’
Community Resources	<ul style="list-style-type: none"> • Explore the Autism Speaks Community Directory https://www.autismspeaks.org/directory

Fatherhood & Autism	<ul style="list-style-type: none"> • Watch Video: ‘Autism and Fatherhood’ • Read: ‘Dads Can Make a Difference’
Feeding/Eating Issues	<ul style="list-style-type: none"> • Watch Video: ‘Tips for Picky Eating and Children with ASD’ • Watch Video: ‘Expanding Food Options’ • Watch Video: ‘Feeding Therapy’ • Read: ‘Dining Out’ • Watch Video: ‘Going to a Restaurant’
Hair Cuts	<ul style="list-style-type: none"> • Read and Watch Video: ‘5 Tips for Autism Haircuts’ • Read: ‘5 Tips for Effective Haircut Goals’
Home Safety	<ul style="list-style-type: none"> • Read: ‘Safety at Home Introduction’ • Watch Video: ‘Tips to Increase Home Safety - Real Life Tips for Kids with Autism’ • Read: Autism Speaks “Safe Signals” Article.
Military Families	<ul style="list-style-type: none"> • If applicable, Read: ‘Life Journey Through Autism: A Guide for Military Families’
Potty Training	<ul style="list-style-type: none"> • Watch Video: ‘Potty Training Tips for ASD Children’
Risk Reduction Strategies for Physical and Sexual Abuse	<ul style="list-style-type: none"> • Read: ‘Risk Reduction Strategies for Physical Sexual Abuse’ • Read: ‘Risk Reduction Through Education’ • Read: ‘Risk Reduction Through Increased Awareness’
Service Dogs	<ul style="list-style-type: none"> • Read: ‘Service Dogs Overview’ • Watch Video: ‘What does a Service Dog Do?’ • Watch Video: ‘How a Service Dog Transformed Daily Life for a Boy with Autism’ • Watch Video: ‘The Life-Changing Impact of Autism Service Dogs’
Swimming	<ul style="list-style-type: none"> • Read and Watch Video: ‘Autism Safety Prevent Your Child From DROWNING’ • Read and Watch Video: ‘Getting Swim Lessons for ASD Children’ • Read and Watch Video: ‘How to Find ASD Swim Lessons’
Trouble Sleeping	<ul style="list-style-type: none"> • Read: ‘Introduction to ASD Sleep Disorders’ • Read: ‘What Causes Sleep Disorders in Children with ASD?’ • Read: ‘How Much Sleep do Children Need?’ • Watch Video: ‘Helping Your Child with Autism Get a Good Night's Sleep’
Traveling	<ul style="list-style-type: none"> • Read: ‘10 Tips for Traveling with an ASD Child’

	<ul style="list-style-type: none">• Watch Video: '10 Tips for Traveling with an ASD Child'
TV and Video Games	<ul style="list-style-type: none">• Watch Video: 'Why I Wouldn't Stop Screen Time for Children with Autism'• Read: 'Managing your child's screen time - 7 steps that can help'
Wandering	<ul style="list-style-type: none">• Watch Video: 'Autism and Wandering'• Read: '6 Tips to Help Prevent Wandering'• Read: GPS Trackers