



ASD Medical Resources - Syllabus

Course Description:

The ASD Medical Resources course is designed for parents and caregivers of children diagnosed with an autism spectrum disorder (ASD). While there are no medication treatments that treat the core symptoms of autism, there are a wide range of physical and mental-health resources at your disposal. Knowing what is available and what to look for is vital to your child's well-being. This course specifically is for adult learners to be informative, practical and easy to navigate.

In this course, we will cover:

- Autism Diagnosis | Medical VS Educational | Special Education Decoded
- Visits to the Doctor and Dentist | Real Life Tips for Kids with Autism
- Choosing A Pediatrician
- Dental Guide for ASD
- Vaccinations & ASD
- Vision & ASD
- ASD - Probiotics & Gastrointestinal Disorders (GI)
- Epilepsy & ASD
- Nutrition & ASD
- Fitness & ASD
- Frequently Asked Questions

Required Texts & Materials:

All material is included within the online course(s).

Support:

Available through email: Support@NationalASDCenter.org

Course Navigation:

My Course – This is the course home page. This section includes a welcome message, the course syllabus and a short introduction video.

Lessons – This section is where you will find the course content. Start with the welcome lesson, then continue to lesson one, two and so on.

Discussion – This section allows you and your classmates to post and respond to post as it relates to the subject matter. You are encouraged (not required) to engage with other students. You will find many useful questions, comments and support in the course discussion post.

Wiki – This section list various resources and definitions.

Tests – Occasionally we will offer you the option to test what you have learned. As this course is not graded, you are not required to take the exams.

Resources – This section is designed for you to have access to valuable assessments, external links, support programs, financial aid and much, much more.

Lesson Outline

Topics	Activities
Welcome	<ul style="list-style-type: none"> • Read welcome message • Post: Introduce yourself in the general classroom discussion board
Autism Diagnosis: Medical VS Educational	<ul style="list-style-type: none"> • Watch Video: 'Autism Diagnosis Medical VS Educational' • Read: Video transcript
Visits to the Doctor and Dentist Real Life Tips for Kids with Autism	<ul style="list-style-type: none"> • Watch Video: 'Visits to the Doctor and Dentist – Real Life Tips for Kids With ASD'
Choosing A Pediatrician	<ul style="list-style-type: none"> • Read: 'Choosing A Pediatrician'
ASD Dental Toolkit	<ul style="list-style-type: none"> • Read and Watch Video: 'ASD Dental Toolkit'
Vaccinations	<ul style="list-style-type: none"> • Read: 'Is There a Connection Between Vaccines and Autism?' • Watch Video: 'Do Vaccines Cause Autism?'
Vision	<ul style="list-style-type: none"> • Watch Video: 'Eye exams for children of special needs' • Read: 'Signs that your child may need glasses, the nonverbal eye exam and here to get a nonverbal eye exam?'
ASD - Probiotics & Gastrointestinal Disorders (GI)	<ul style="list-style-type: none"> • Read: 'Guidance on Probiotics' • Watch Video: 'Prebiotics vs. Probiotics: What are the differences?' • Watch Video: 'Autism, Probiotics and Dietary Fiber' - Q&A with GI Specialist Tim Buie • Watch Video: 'Gastrointestinal Disorders (GI) and Sleep Disturbances'

Epilepsy & ASD	<ul style="list-style-type: none"> • Watch Video: ‘How Does Epilepsy Affect Autism?’ • Read: ‘The Link Between Epilepsy and Autism, Explained’
Nutrition & ASD	<ul style="list-style-type: none"> • Watch Video: ‘Nutritional Strategies for Regulating Mood in ASD’ • Read: ‘Limited food selection or strong food dislikes’ • Read: ‘Medication interactions’ • Read: ‘Be Prepared for Pickiness’ • Read: ‘Make Mealtimes Routine’ • Read: ‘Seek Guidance for Special Diets’ • Read: ‘Working with a Registered Dietitian Nutritionist’ • Read: Autism F&Q Nutrition Guild
Fitness & ASD	<ul style="list-style-type: none"> • Read: ‘Does Physical Activity Have Special Benefits for People with Autism?’ • Watch Video: ‘Autism in Children: Strategies to Begin an Exercise Routine’ • Read: ‘We have strategies to help. Practical tips for encouraging regular physical activity’ • Watch Video: ‘Surfing on the Spectrum’
Frequently Asked Questions	<ul style="list-style-type: none"> • Review