# Twelve Steps of Narcotics Anonymous

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

"This program offers hope. All you have to bring with you is the desire to stop using and the willingness to try this new way of life."

"Come to meetings, listen with an open mind, ask questions, get phone numbers and use them. Stay clean just for today."

"We suggest that you look for a sponsor as soon as you become acquainted with the members in your area.'

## **Phone Numbers**


### **Serenity Prayer**

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

## **MEETING LIST**

Central Saskatchewan Area of Narcotics Anonymous

PO BOX 9718 SASKATOON, SK S7K 7G5

306-652-5216

1-877-463-3537



"An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom." - Narcotics Anonymous Basic Text, p. 95

Visit our website at

CSANA.CA

Updated March 2024

MEETING DESCRIPTION			
С	Closed (for addicts only)		
0	Open (for addicts and supports)		
CFO	Closed but open on the first meeting of the month		
CLO	Closed but open on the last meeting of the month		
CN	Candlelight meeting		
WC	Wheelchair accessible		
LIT	Literature study		
V	Virtual		
PRINCE ALBERT			
SUNDAY			
7:30 PM	SWAT (O)		
	500 24th St. E		
MONDAY			
7:30 PM	Freedom (O,WC)		
	2200 15th Ave, E (Back Door)		
TUESDAY			
7:30 PM	SWAT (O)		
	500 24th St. E		
THURSDAY			
7:30 PM	Never Alone (C)		
	1410 Bishop McLean Cres.		
FRIDAY			
8:00 PM	SWAT (C)		
	500 24th St. E		
SATURDAY			
7:30 PM	Freedom (O,CN,WC)		
	2200 15th Ave, E (Back Door)		
NORTH BATTLEFORD			
	1		
THURSDAY			
7:00 pm	Sharing Recovery (C,CN,WC)		
	1301 - 102 Street		
LA RONGE			
FRIDAY			
8:00 pm	Easy Does It (V)		
	Meeting ID: 999 070 0707		
	Password: xF2NSu		
MEADOW LAKE	Steps to Freedom (O,CN)		
FRIDAY	Corner of HWY 4 and 9th Ave West		
7:30 PM			

SUNDAY		
1:00 PM	The Ties That Bind Us (O,WC,LIT)	
	527 20th St. W	
8:00 PM	Eagles Nest	
	2216 Preston Ave. S	
MONDAY		
7:30 PM	The Journey Continues (O,WC)	
	315 Lenore Drive	
TUESDAY		
7:30 PM	A New Hope (C,WC)	
	3035 Preston Ave. S (Entrance B) Doo Code 4295#	
8:00 PM	Easy Does It (V)	
	Meeting ID 999 070 0707	
	Password: xF2NSu	
WEDNESDAY		
7:00 PM	Living Room (CFO)	
	1201 Broadway Ave.	
8:00 PM	Alone No More (O,CN,WC)	
	436 Spadina Cres. E (Back Door)	
THURSDAY		
8:00 PM	Forward Bound (CLO,CN,V)	
	515 28th st. W	
	Meeting ID 98569332849	
	Password: 999999	
FRIDAY		
7:30 PM	The Journey Continues (O,WC)	
	315 Lenore Drive	
SATURDAY		
10:00 AM	On The Mend (O,WC)	
	603 115th St. E	
8:00 PM- 9:30 PM	Safe Passage to Recovery (O,WC	
	505 10th St. E	

### "WE CAN ONLY KEEP WHAT WE HAVE BY GIVING IT AWAY" GET INVOLVED!

# ASC (AREA SERVICE COMMITTEE)

ASC meets the 2nd Saturday of every month at 12:00 PM (if that falls on a long weekend it is moved to the following Saturday.) Please visit csana.ca for more information

#### **H&I (HOSPITALS & INSTITUTIONS)**

MONTHY COMMITTEE MEETING AT 315 LENORE DRIVE ON THE 1ST MONDAY OF EVERY MONTH @ 6:00 PM

#### PI (PUBLIC INFORMATION)

MONTHY COMMITTEE MEETING AT 205 19th St. W ON THE LAST SUNDAY OF EVERY MONTH @ 2:15 PM

