

Week 37

1 Timothy

_____ 1

_____ 2

_____ 3

_____ 4

_____ 5

Week 38

2 Timothy

_____ 1

_____ 2

_____ 3

_____ 4

Week 39

Titus

_____ 1

_____ 2

_____ 3

1 John

_____ 1

_____ 2

Week 40

_____ 3

_____ 4

_____ 5

2 John

_____ 1

3 John

_____ 1

Week 41

1 Peter

_____ 1

_____ 2

_____ 3

_____ 4

_____ 5

Week 42

John

_____ 1

_____ 2

_____ 3

_____ 4

_____ 5

Week 43

_____ 6

_____ 7

_____ 8

_____ 9

_____ 10

Week 44

_____ 11

_____ 12

_____ 13

_____ 14

_____ 15

Week 45

_____ 16

_____ 17

_____ 18

_____ 19

_____ 20

Week 46

_____ 21

1 Thessalonians

_____ 1

_____ 2

_____ 3

_____ 4

Week 47

_____ 5

2 Thessalonians

_____ 1

_____ 2

_____ 3

2 Peter

_____ 1

Week 48

_____ 2

_____ 3

Jude

_____ 1

Revelation

_____ 1

_____ 2

Week 49

_____ 3

_____ 4

_____ 5

_____ 6

_____ 7

Week 50

_____ 8

_____ 9

_____ 10

_____ 11

_____ 12

Week 51

_____ 13

_____ 14

_____ 15

_____ 16

_____ 17

Week 52

_____ 18

_____ 19

_____ 20

_____ 21

_____ 22

©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan.

Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for non-commercial use. All copyright information must be retained.

New Testament Bible Reading Plan

Read through the New Testament in 5 days a week, 5 minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ④ Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

New Testament Reading Plan

DATE	CHAPTER	✓
Week 1		
_____	Mark 1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
Week 2		
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
Week 3		
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
Week 4		
_____	16	<input type="checkbox"/>
Acts		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
Week 5		
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
Week 6		
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 7		
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
Week 8		
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>
_____	24	<input type="checkbox"/>
Week 9		
_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>
_____	28	<input type="checkbox"/>
Hebrews		
_____	1	<input type="checkbox"/>
Week 10		
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
Week 11		
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
Week 12		
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
Galatians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 13		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
James		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
Week 14		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
Matthew		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
Week 15		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
Week 16		
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
Week 17		
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
Week 18		
_____	18	<input type="checkbox"/>
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>

(Fold Here)

DATE	CHAPTER	✓
Week 19		
_____	23	<input type="checkbox"/>
_____	24	<input type="checkbox"/>
_____	25	<input type="checkbox"/>
_____	26	<input type="checkbox"/>
_____	27	<input type="checkbox"/>
Week 20		
_____	28	<input type="checkbox"/>
Romans		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
Week 21		
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
Week 22		
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
Week 23		
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
Ephesians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
Week 24		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
Philippians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 25		
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
Colossians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
Week 26		
_____	4	<input type="checkbox"/>
Philemon		
_____	1	<input type="checkbox"/>
Luke		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
Week 27		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
Week 28		
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
Week 29		
_____	14	<input type="checkbox"/>
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
_____	17	<input type="checkbox"/>
_____	18	<input type="checkbox"/>
Week 30		
_____	19	<input type="checkbox"/>
_____	20	<input type="checkbox"/>
_____	21	<input type="checkbox"/>
_____	22	<input type="checkbox"/>
_____	23	<input type="checkbox"/>

DATE	CHAPTER	✓
Week 31		
_____	24	<input type="checkbox"/>
1 Corinthians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
_____	4	<input type="checkbox"/>
Week 32		
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
_____	9	<input type="checkbox"/>
Week 33		
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>
_____	14	<input type="checkbox"/>
Week 34		
_____	15	<input type="checkbox"/>
_____	16	<input type="checkbox"/>
2 Corinthians		
_____	1	<input type="checkbox"/>
_____	2	<input type="checkbox"/>
_____	3	<input type="checkbox"/>
Week 35		
_____	4	<input type="checkbox"/>
_____	5	<input type="checkbox"/>
_____	6	<input type="checkbox"/>
_____	7	<input type="checkbox"/>
_____	8	<input type="checkbox"/>
Week 36		
_____	9	<input type="checkbox"/>
_____	10	<input type="checkbox"/>
_____	11	<input type="checkbox"/>
_____	12	<input type="checkbox"/>
_____	13	<input type="checkbox"/>